

KEYNOTE

# solve the self-doubt spiral.

how to do bigger, braver, and bolder things - FASTER  
(even when you're sure you can't).

## YOUR PLAYING SMALL DOES NOT SERVE THE WORLD.

what

Most people believe that only certain special (and elite!) people have what it takes to - launch that idea - lead that meeting - make that goal - write that book! - get on the big stage! - or [fill in the blank for whatever dream YOU have]!...

Nope! - It's not true. But it definitely feels that way.

After twenty years of walking side-by-side with hundreds of leaders and entrepreneurs of all stripes in the biggest 'leap' moments of their careers - there is no innate talent or "x factor" that determines someone's success.

The difference between those who DO - and those who "want to, BUT..." is one - simple - thing. Turns out - we don't need permission, or to have a huge following, or to research and learn until we feel totally, 100%, perfect-proof ready. But we DO need to practice the art of #showupanyway. Because on the other side of that leap are more opportunities - more impact - more growth - and more fulfillment. No more sitting on the sidelines!

In this interactive, dynamic and high-energy keynote, Sally will help you unlock what's holding you back so you can shift from self-doubt into confident action, and take intentional steps toward making your next dream come true.

Are you ready? (You are!)

### it's more than a keynote; it's an experience

*interactive; responsive; personalized*

#### TAKEAWAYS

- Unlock the key difference in thinking that can unleash even the most hesitant risk-taker (and turn them into a DO-er!)
- Identify the specific "delay" that's holding you back from your next big, transformative risk - and what to do instead.
- Learn a simple framework to #showupanyway - and move through the sometimes debilitating fear that's keeping you stuck -and keeping you small.

**KEY AUDIENCES:** leaders, entrepreneurs, sales & external leaders, thought leaders and subject matter experts... anyone who wants to stop waiting, and start doing.

**sallyz.**  
BE MOVED TO SPEAK YOUR STORY

AWARD-WINNING SPEAKER &  
SPEAKER COACH

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# sally zimney



"Sally Z" is an award-winning speaker & speaker coach whose mission is to create talks that move their audiences and the world.

After 20+ years of honing her craft (starting with speaking to teenagers!) - Sally coaches big-hearted entrepreneurs and change-makers of all stripes to step on "stage" and speak their story in a way that moves audiences - with authenticity, clarity and courage.

Sally has spoken in front of thousands of people - coached hundreds of speakers - and witnessed countless 'moving moments' in that powerful connection between speaker and audience. Sally is also the host of [This Moved Me](#), a top 2% podcast about the art of public speaking, sharing insight and inspiration so that our talks can move the world.

From the boardroom to the biggest of stages - Sally believes that when we share our authentic voice and story - big things can happen.

*Trusted by leaders at:*



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*"Working with Sally was transformational."*