



KENSTON HENDERSON SR., CSP®

AWARD WINNING KEYNOTE SPEAKER



Looking for a keynote speaker that goes beyond motivation, inspiration and delivers real, practical strategies? **Kenston Henderson Sr., CSP®** equips conference attendees with the tools to navigate tough conversations, build trust, strengthen communication, and build thriving workplace cultures. As a TEDx Signature Speaker, Certified Speaking Professional, and founder of Live With Lyfe, LLC, Kenston’s mission is to ignite, inspire, and empower leaders and teams to lead, connect, and grow with purpose. Recognized globally with his electrifying presence and accolades like the KIA Influencer of the Year and Dr. Astell Collins Generation Leader Award, Kenston has impacted audiences across Europe, Asia, the Middle East, Africa, and South America—delivering high-energy, results-driven keynotes that leave lasting change. Ready to partner?

Signature Keynote Talks

- Leading Beyond Our Limits**
Audience Will:
Discover and apply the 7 keys to creating a Game Changer Culture by evaluating your organization’s current and future state, developing strategies to foster a healthy, thriving, and inclusive workplace, and implementing practices that ensure everyone belongs.
- Ignite Your Inner- Game Changer: Building Resilience, Community and Impact**
Audience Will:
Master and apply key self-leadership principles, adopt and embody the Game Changer Mindset to transform challenges into growth opportunities, and cultivate and strengthen the power of community to build uplifting relationships and inspire others.
- Winning Conversations: How to Communicate Successfully & Courageously in the Workplace**
Audience Will:
Develop and implement strategies to create environments where conversations are approachable and constructive, overcome and master the fear of discomfort with proven techniques, and apply and leverage the REM-C Framework to transform challenges into opportunities for growth and collaboration.

Testimonials

“ Kenston Henderson transformed a tough crowd into an engaged, motivated team, delivering relatable, impactful training that left our supervisors asking for more—a true game changer for leadership and communication development.

~M.R., HR Generalist, Inteplast-Pitt Plastics

“ Kenston inspired and energized the audience, leaving a lasting impact—his powerful message on being true game changers captivated over 250 HR professionals at our annual conference, making him a must-book speaker.

~L.B., President of GMA SHRM, Hausmann Group

“ Kenston Henderson Sr. is an exceptional speaker who tailored his message to resonate deeply with our audience, inspired leaders to rise with renewed purpose, and delivered lasting impact—making him a must-have for any HR or leadership event.

~T. Bethel, Event Program Manager, Bahamas Society of Human Resources

A Few Satisfied Partners

- | | |
|-----------------------------|------------------------------|
| SHRM National Conference | City of Columbus |
| GFOA National Conference | HRCI Alchemizing HR |
| FEW NTP National Conference | Atwell Group |
| SOA National Conference | Greater Topeka Partnership |
| City of Whitefish | Minnesota Public Association |



Audience Feedback



Find Valuable



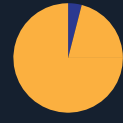
Reattend Rate

99%



Find sessions Valuable

96%



Want to hear Kenston again

Kenston's Top Attributes

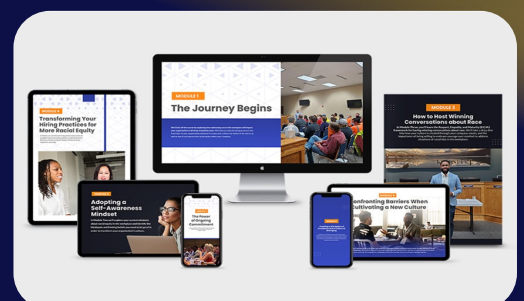


WATCH KENSTON IN ACTION



WORLDWIDE PROFESSIONAL SPEAKER
KENSTON HENDERSON, SR., CSP

WATCH NOW 2:44



KEYNOTE SPEAKING

Inspirational Speaking Programs

WORKSHOPS

Professional Development Programs

TRAINING

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BOOK NOW >>



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5 Ways to Refer Kenston:)

Ignite Your Team's Potential and Inspire a Culture of Growth Kenston Henderson delivers captivating speaking programs, and game-changing workshops to ignite, inspire, and equip teams with essential tools for a healthy, belonging, and thriving workplace. Here are five actionable steps you can take today to conquer any limiting thoughts about yourself and your business. It's time to thrive and not just survive.



KENSTON HENDERSON, SR.

1 Send a Quick Email (Copy & Paste) ✉

◆ Just send this message to your HR team, manager, or event organizer:
"Hey [Leader's Name], I wanted to introduce you to Kenston Henderson, an incredible speaker on leadership, communication, and workplace culture. His keynotes and workshops are engaging, impactful, and exactly what our team could benefit from. I've attached his speaker sheet—let me know if you'd like to connect him for an upcoming event!"

2 Mention Me in a Meeting 🗣

◆ Next time your team is discussing leadership training, DEI initiatives, or guest speakers, drop my name in!
◆ Example: "I know a dynamic speaker who would be perfect for this—Kenston Henderson! I can send you his info."

3 Share My Speaker Sheet 📄

◆ Simply forward my speaker sheet to anyone planning events, conferences, or professional development sessions.
◆ Need an easy way? Just say: "Check this out—I think Kenston would be a great fit for your next event!"

4 Introduce Me on LinkedIn 🍷

◆ Connect me directly with leaders, HR professionals, or event planners via a LinkedIn message:
◆ Example:
"Hey [Leader's Name], I wanted to introduce you to Kenston Henderson, an expert in leadership and workplace culture. He's an incredible speaker who helps teams thrive. Thought you two should connect!"

5 Tag Me on Social Media 📱

◆ Tag me in a post or comment when someone asks about speakers for events or leadership training.
◆ Example: "@Kenston Henderson would be a great fit for this!"

✅ **BONUS:** If your referral leads to a booking, I'll send you a special thank-you gift! 🎁
Which one of these feels easiest for you? Let me know—I'd love to support you in making the introduction! 🙌