

Marter Media Reach 8-23 to 8-24



Total Online + Print Audience

1,686,656,234

Total Online + Print Publicity

USD \$10,133,786



Total Social Followers

72,953

Total Number of Clips 356



Do you suffer from 'money dysmorphia'? Experts weigh in on the financial distortion



1

Date Collected Aug 8, 2024 12:24 PM EDT

Category Digital News

Source [NBC Bay Area](#)

Author Perri Ormont Blumberg

Est. Audience 81,515

Est. Publicity Value USD \$441

Market San Jose, CA

Language English

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2

Date Collected Aug 8, 2024 11:46 AM EDT

Category Digital News

Source [NBC Miami](#)

Author Perri Ormont Blumberg

Est. Audience 59,778

Est. Publicity Value USD \$339

Market Miami, FL

Language English

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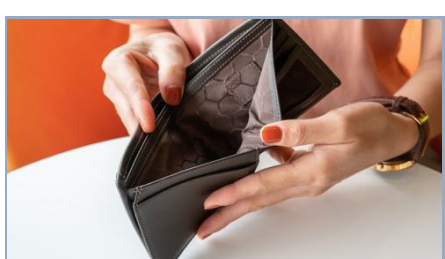
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3

Date Collected Aug 8, 2024 11:44 AM EDT

Category Digital News

Source [NBC Washington DC](#)

Author Perri Ormont Blumberg

Est. Audience 76,081

Est. Publicity Value USD \$402

Market Washington, DC

Language English

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4

Date Collected Aug 8, 2024 11:43 AM EDT

Category Digital News

Source [NBC Dallas-Fort Worth](#)

Author Perri Ormont Blumberg

Est. Audience 97,818

Est. Publicity Value USD \$529

Market Arlington, TX

Language English

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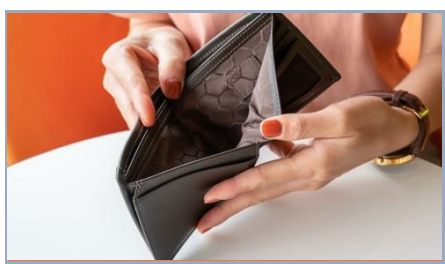
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5

Date Collected Aug 8, 2024 11:42 AM EDT

Category Digital News

Source [NBC San Diego](#)

Author Perri Ormont Blumberg

Est. Audience 65,212

Est. Publicity Value USD \$351

Market San Diego, CA

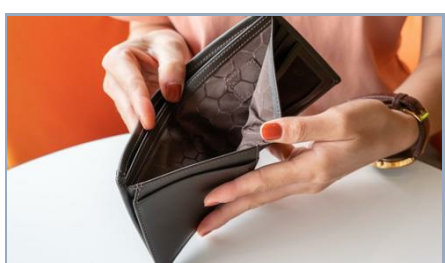
Language English

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6

Date Collected Aug 8, 2024 11:39 AM EDT

Category Digital News

Source [NBC New York](#)

Author Perri Ormont Blumberg

Est. Audience 157,596

Est. Publicity Value USD \$853

Market New York, NY

Language English

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7

Date Collected Aug 8, 2024 11:35 AM EDT
Category Digital News
Source [NewsExplorer.net](#)

Market United States
Language English

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8

Date Collected Aug 8, 2024 11:34 AM EDT
Category Digital News
Source [NBC Philadelphia](#)
Author Perri Ormont Blumberg

Est. Audience 54,343
Est. Publicity Value USD \$290
Market Philadelphia, PA
Language English

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9

Date Collected Aug 8, 2024 11:32 AM EDT
Category Digital News
Source [NBC Chicago](#)
Author Perri Ormont Blumberg

Est. Audience 190,202
Est. Publicity Value USD \$1,030
Market Chicago, IL
Language English

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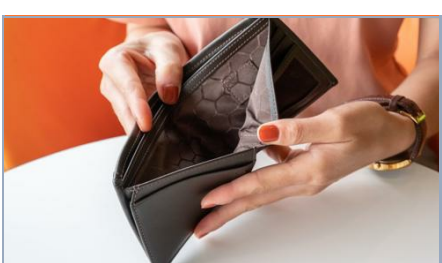
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10

Date Collected Aug 8, 2024 11:30 AM EDT
Category Digital News
Source [NBC Los Angeles](#)
Author Perri Ormont Blumberg

Est. Audience 103,252
Est. Publicity Value USD \$549
Market Los Angeles, CA
Language English

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 11

Date Collected Aug 8, 2024 8:59 AM EDT
Category Digital News
Source [Today.com](#)
Author Perri Ormont Blumberg

Est. Audience 842,322
Est. Publicity Value USD \$5,532
Market United States
Language English

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 12

Date Collected Aug 8, 2024 4:25 AM EDT
Category Digital News
Source [NBC Bay Area](#)
Author Perri Ormont Blumberg

Market United States
Language English

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As Dasha Kennedy, founder of the Broke ... of your personal finances.

329 medal events. 32 sports. Endless drama. Catch all the action at the Paris Olympics. Sign up for our free Olympics Headlines newsletter.

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"Loud Budgeting" Can Reduce Financial Stress and Anxiety

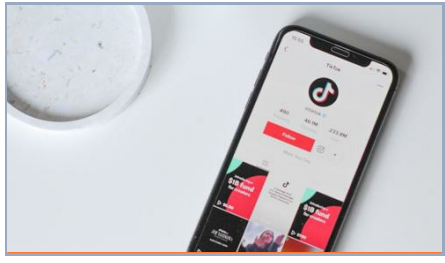
 13

Date Collected Aug 5, 2024 3:58 PM EDT
Category Digital News
Source [Qoshe](#)
Author Joyce Marter Lcpc

Est. Audience 9,782
Est. Publicity Value USD \$156
Market Turkey
Language English

"Hey guys, I'm not rich." This is what my 20-year-old daughter told me that she said to her college roommates when they started picking out expensive decor to purchase.

I didn't know it at the time, but Celeste was practicing "loud budgeting", a recent trend among Gen Z and Millennials in which people are encouraged to prioritize their own mental and financial health and firmly express their financial limitations and boundaries. (Good for her! And, boy, I was relieved as well!)



[Latest TikTok Trend Might Actually Be a Good Thing](#)

14

Date Collected Jul 30, 2024 12:30 PM EDT

Category Digital News

Source [Movie Guide](#)

Author India Mccarty

Market United States

Language English

... . Although it started as a joke, Battle — and others — now see it as a real financial plan.

"Having financial autonomy and being confident and kind of being transparent about your money situation can be just as cool as flexing it and trying to buy all these expensive items," Battle told CNN.

Joyce Marter, LCPC, financial therapist and author of "The Financial Mindset Fix: A Mental Fitness Program for an Abundant Life," explained that loud budgeting "separates worth from the ability to afford material possessions or costly experiences."

Marter added that by communicating your financial boundaries ...



[What is 'spaving'? Financial pros weigh in on the risky TikTok trend](#)

15

Date Collected Jul 29, 2024 10:45 PM EDT

Category Digital News

Source [Yahoo! Finance](#)

Author Perri Ormont Blumberg

Est. Audience 11,456,870

Est. Publicity Value USD \$83,550

Market United States

Language English

... of spending more in order to save more, pointing to TikTokers taking advantage of BOGO deals and various promotional offers, "with the mindset that they are getting a good deal."

Ahead, learn more about the buzzy money M.O. and if financial experts think you should try it.

What is "spaving?"

Joyce Marter, a licensed psychotherapist and author of "The Financial Mindset Fix: A Mental Fitness Program for an Abundant Life, similarly defines "spaving" as the combination of saving and spending money to leverage popular short-term deals that encourage spending more now to save money over time.

Walking us ...



[Here's why 'spaving' can wreak havoc on your finances](#)

16

Date Collected Jul 29, 2024 4:27 PM EDT

Category Digital News

Source [Today.com](#)

Author Perri Ormont Blumberg

Est. Audience 842,322

Est. Publicity Value USD \$6,182

Market United States

Language English

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Walking ...



[The Unique Mental Health Stressors of Women Entrepreneurs](#)

17

Date Collected Jul 19, 2024 12:59 PM EDT

Category Digital News

Source [Qoshe](#)

Author Joyce Marter Lcpc

Est. Audience 9,782

Est. Publicity Value USD \$200

Market Turkey

Language English

Personal and professional success are two sides of the same coin. After 25 years as a licensed psychotherapist and entrepreneur, I see, again and again, how unresolved mental health problems—such as trauma, low self-esteem, anxiety, and depression—sabotage professional and financial success.

During this time of unprecedented stress, chronic change and economic uncertainty, many are facing concerns about the future of their business as well as feelings of burnout. There is a powerful connection between mental and financial health: Financial stress contributes to mental distress: 16% of ...



12 Ways to Manage Election Stress and Anxiety

18

Date Collected Jul 17, 2024 1:19 PM EDT

Category Digital News

Source Qoshe

Author Joyce Marter Lcpc

Est. Audience 9,782

Est. Publicity Value USD \$1,504

Market Turkey

Language English

AeonAl JazeeraAmérica EconomíaBlitzBuenos Aires HeraldDeutsche WelleDnevnikE-InternationalHaaretzIl Manifesto GlobalJapan TodayKhaama PressMiddle East MonitorNew Eastern OutlookNikkei Asian ReviewOped ColumnPravda.skProject SyndicatePsychology TodayRT.comSME.skSouth China Morning PostThe Asahi ShimbunThe DiplomatThe Japan NewsThe Japan TimesThe Korea TimesThe Times of IsraelThe Times of Israel (Blogs)Večerالعبر اللإخباریه



Tyrimas atskleidė, kaip dažnai turite atostogauti, kad išvengtumėte ankstyvos mirties

19

Date Collected Jul 15, 2024 12:10 AM EDT

Category Digital News

Source 15min.LT

Est. Audience 614,080

Est. Publicity Value USD \$9,613

Market Lithuania

Language Lithuanian

"Neskirdami laiko atostogoms ar tiesiog poilsiui, galite susidurti su pervargimu ir perdegimu", – sako **Joyce Marter**, licencijuota psichoterapeutė ir knygos "The Financial Mindset Fix" autorė.

Ji atkreipia dėmesį į neseniai atliktą Pasaulio sveikatos organizacijos tyrimą, kuriame nustatyta, kad pervargimas ir perdegimas vos per vienerius metus lėmė daugiau nei 745 000 mirčių, rašoma The Healthy.

Štai kodėl ...



Will Deyamport, III, Ed.D. @iamDrWill

20

Time Jul 7, 2024 1:59 PM EDT

User Location Wakanda

Language English

Followers 15.1K

Joyce Marter, LCPC (@Joyce_Marter) - What's Your Money Story? | The Dr. Will Show Podcast #money <https://t.co/kn4DlkpAQ5>



How to Navigate Challenges as a Woman Entrepreneur

21

Date Collected Jul 5, 2024 6:00 PM EDT

Category Digital News

Source Qoshe

Author Joyce Marter Lcpc

Est. Audience 9,782

Est. Publicity Value USD \$64

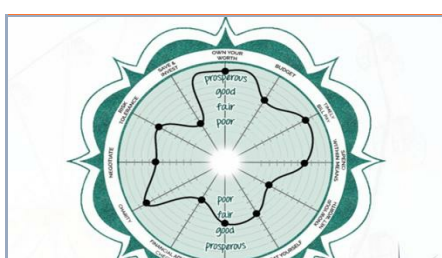
Market Turkey

Language English

Due to the challenges overwork and burnout, as well as an increased value of work-life harmony, recent years have seen a surge in the number of women starting their own businesses. There are currently about 13 million women-owned businesses in the U.S., representing 42% of all companies.

According to the National Institute of Mental Health (NIMH), 72% of entrepreneurs are affected by mental health issues, compared to 48% of non-entrepreneurs.

The entrepreneurial journey can be even more emotionally, relationally and financially challenging for female entrepreneurs, than for men, due to ...



Joyce Marter @Joyce_Marter

22

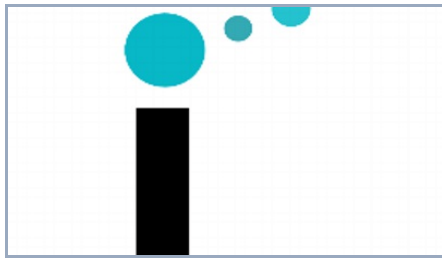
Time Jun 23, 2024 8:01 AM EDT

User Location Cape Coral, FL

Language English

Followers 2.5K

Discover your financial health with The Financial Health Wheel from "The Financial Mindset Fix" by **Joyce Marter**! Assess your progress in each area, connect the dots, pinpoint your three main challenges, and create a plan with accountability.



5 Ways To Be Productive and Avoid Procrastination

23

Date Collected Jun 19, 2024 10:54 PM EDT
Category Digital News
Source inspiyr.com

Est. Audience 3,249
Est. Publicity Value USD \$30
Market United States
Language English

... . To put it simply, a disorganized workspace leads to a disorganized life. Tolerating a cluttered desk (or mind for that matter) will soon lead to distraction as everything is in chaos. It's easy to lose your priorities that way. Declutter!

According to Licensed Clinical Professional Counselor **Joyce Marter**, "There is less stuff to manage, tasks take less time because you know where to find things, and this decreases stress and increases your effectiveness personally and professionally."

Let go of the chaos that has been storming your desk and mind for quite a while now and allow yourself to have a ...



221 Digital  [@221Digital](https://twitter.com/221Digital)

24

Time Jun 14, 2024 3:20 PM EDT
User Location Madison, Wisconsin
Language English

 **Followers** 667

Creating a Workplace Culture in Which People Want to Work | Psychology Today | **Joyce Marter** | <https://t.co/piBT4jMesE>



Earl Humphrey  [@EarlTHumphrey](https://twitter.com/EarlTHumphrey)

25

Time Jun 14, 2024 3:11 PM EDT
User Location Chicago, Madison and Milwaukee
Language English

 **Followers** 1.6K




Creating a Workplace Culture in Which People Want to Work | Psychology Today | **Joyce Marter** | <https://t.co/ePQXb7Kzh9>



Joyce Marter  [@Joyce_Marter](https://twitter.com/Joyce_Marter)

26

Time Jun 13, 2024 9:21 AM EDT
User Location Cape Coral, FL

 **Reposts** 1
 **Favorited** 1
 **Followers** 2.5K

Language English

Creating a Workplace Culture in Which People Want to Work | Psychology Today <https://t.co/P9bGFHH8cy> by **Joyce Marter** LCPC [#workplace](#) [#careers](#)



Penn Technical  [@PennTechnical](https://twitter.com/PennTechnical)

27



Time Jun 12, 2024 2:58 PM EDT

User Location United States

Language English

Followers 2.5K

Creating a Workplace Culture in Which People Want to Work | Psychology Today <https://t.co/P9bGFHH8cy> by **Joyce Marter** LCPC [#workplace](#) [#careers](#)



[Creating a Workplace Culture in Which People Want to Work](#)

28

Date Collected Jun 9, 2024 11:51 AM EDT

Category Digital News

Source [Qoshe](#)

Author Joyce Marter Lcpc

Est. Audience 9,782

Est. Publicity Value USD \$191

Market Turkey

Language English

Attracting and retaining top talent is crucial for any organization's success. However, it's not just about offering competitive salaries and benefits—you want to create a positive and inclusive work environment in which employees feel valued, respected, engaged, and empowered to contribute their unique perspectives.

A workplace that people genuinely want to work in can lead to increased productivity, lower turnover rates, and an overall happier and more committed workforce. A Gallup survey shows that satisfied employees produce a 23% higher profit than their counterparts.

When I was a CEO, ...



['I made over \\$800,000 last year. I still refuse to pay my daughter's university education.'](#)

29

Date Collected Jun 5, 2024 1:24 AM EDT

Category Digital News

Source [MSN Australia](#)

Est. Audience 39,235,913

Est. Publicity Value USD \$499,820

Market Australia

Language English

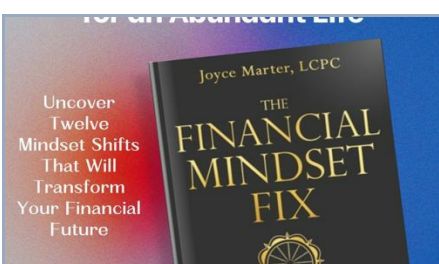
... prudent financial decisions,

" she wrote.

One study previously showed that the more money parents pay for their kids' college educations, the worse their kids tend to perform. And according to the experts, they tend to agree with this study's findings.

As psychotherapist and parenting writer **Joyce Marter** wrote recently:

"When kids contribute to paying for their education, it's an opportunity to see how hard work leads to financial reward and possibilities. Not only will it improve their career and financial trajectory, but they also can develop the mindset of a hard worker, which is something that ...



[Joyce Marter](#) [@Joyce_Marter](#)

30

Time Jun 2, 2024 8:01 AM EDT

User Location Cape Coral, FL

Language English

Followers 2.5K

"The Financial Mindset Fix" by **Joyce Marter** is your roadmap to financial freedom! Overcome burnout, transform your relationship with money, and pave the way to prosperity. Get your copy and embrace abundance!

<https://t.co/6Xn5AHE3Tq?>

[#FinancialHealth](#) [#FinancialMindsetFix](#)



[How to Destigmatize Mental Health in the Workplace](#)

31

Date Collected May 28, 2024 10:58 AM EDT

Category Digital News

Source [Qoshe](#)

Author Joyce Marter Lcpc

Est. Audience 9,782

Est. Publicity Value USD \$73

Market Turkey

Language English

The mental health of employees is a core component of any business's success. While employers now recognize that they need to support employees' mental health and cultivate a culture of psychological safety, they struggle to do so most efficiently and effectively.

In a Gallup poll, U.S. workers with fair or poor mental health were "estimated to have nearly 12 days of unplanned absences annually compared with 2.5 days for all other workers." That missed work cost the economy \$47.6 billion annually in lost productivity.

Normalize the idea of therapy by taking a proactive approach to dealing ...



Dominique "Dom" Brightmon [@DomBrightmon](#)

32

Time May 24, 2024 10:35 AM EDT
User Location Baltimore, MD

Reposts 1
 Favorited 1
 Followers 1.6K

Language English

Unlock your financial potential with "The Financial Mindset Fix" Virtual Training Course! Let **Joyce Marter** guide you towards abundance with modules on removing barriers, rewiring thinking, and restoring balance. Use code "Prosperity" for 25% off!

Link: <https://t.co/ttqlrCxDtc> <https://t.co/SePfbjPQNz>



Joyce Marter [@Joyce_Marter](#)

33

Time May 23, 2024 8:00 AM EDT
User Location Cape Coral, FL
Language English

Followers 2.5K

Unlock your financial potential with "The Financial Mindset Fix" Virtual Training Course! Let **Joyce Marter** guide you towards abundance with modules on removing barriers, rewiring thinking, and restoring balance. Use code "Prosperity" for 25% off!

Link: <https://t.co/ttqlrCxDtc>



TRSA Annual HR, Health, and Safety Summit Empowers Professionals

34

Date Collected May 20, 2024 10:44 AM EDT
Category Digital News
Source [Facility Safety Management](#)

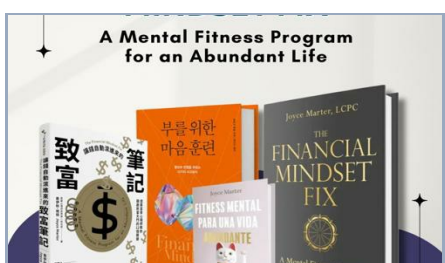
Est. Audience 217
Est. Publicity Value USD \$3
Market United States
Language English

... and health and safety fields gathered for a day of intensive professional development, aimed at enhancing their skills and knowledge.

The event featured educational sessions tailored to each field.

Mental Health and Workplace Well-Being

The summit kicked off with a welcome session led by **Joyce Marter**, mental health thought leader and author of The Financial Mindset Fix. Marter conducted a "mental triage" for the workplace, emphasizing the benefits of positive mental health practices. Attendees learned how fostering a supportive environment positively impacts retention, productivity and overall ...



Joyce Marter [@Joyce_Marter](#)

35

Time May 19, 2024 6:00 AM EDT
User Location Cape Coral, FL
Language English

Followers 2.5K

Dive into "The Financial Mindset Fix" by **Joyce Marter**! Winner of prestigious awards, this masterpiece unlocks prosperity with 12 mindset shifts. Embrace worth, set boundaries, and welcome prosperity!

Link: <https://t.co/irAvPN01Ou?>

[#FinancialFreedom](#) [#MindsetMatters](#)



TRSA HR, Health, and Safety Summit empowers professionals

36



Date Collected May 17, 2024 12:51 PM EDT
Category Digital News
Source [Laundry and Cleaning News](#)

Est. Audience 1,087
Est. Publicity Value USD \$17
Market United Kingdom
Language English

... . Professionals from both human resources and health and safety fields gathered for a day of intensive professional development, aimed at enhancing their skills and knowledge. The event featured educational sessions tailored to each field. The summit kicked off with a welcome session led by **Joyce Marter**, mental health thought leader and author of 'The Financial Mindset Fix'.

Marter conducted a 'mental triage' for the workplace, emphasizing the benefits of positive mental health practices. Attendees learned how fostering a supportive environment positively impacts retention, productivity and ...



TRSA Annual HR, Health, and Safety Summit Empowers Professionals

37

Date Collected May 15, 2024 7:18 PM EDT
Category Digital News
Source [Global Hospital & Healthcare Management](#)
Author Content Team HHMGlobal

Est. Audience 4,891
Est. Publicity Value USD \$83
Market India
Language English

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Mental Health and Workplace Well-Being
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How AI Affects Mental Health in the Workplace

38

Date Collected May 13, 2024 4:22 PM EDT
Category Digital News
Source [Qoshe](#)
Author Joyce Marter Lcpc

Est. Audience 9,782
Est. Publicity Value USD \$1,504
Market Turkey
Language English

AeonAl JazeeraAmérica EconomíaBlitzBuenos Aires HeraldDeutsche WelleDnevnikE-InternationalHaaretzIl Manifesto GlobalJapan TodayKhaama PressMiddle East MonitorNew Eastern OutlookNikkei Asian ReviewOped ColumnPravda.skProject SyndicatePsychology TodayRT.comSME.skSouth China Morning PostThe Asahi ShimbunThe DiplomatThe Japan NewsThe Japan TimesThe Korea TimesThe Times of IsraelThe Times of Israel (Blogs)Večerní list



Joyce Marter @Joyce_Marter

39

Time May 9, 2024 8:01 AM EDT
User Location Cape Coral, FL
Language English

Followers 2.5K

Dive into "The Financial Mindset Fix" On-Demand Course by **Joyce Marter**! Transform your mindset, unlock prosperity, and restore balance in your life! Use code "Prosperity" for 25% off.

Link: <https://t.co/ttqlrCxDTc>

[#FinancialFreedom](#) [#JoyceMarter](#) [#FinancialMindsetFix](#)



TRSA Hosts HR, Health and Safety Summit

40

Date Collected May 3, 2024 5:31 PM EDT
Category Blog
Source [TRSA](#)
Author trsa_jason

Market United States
Language English

... in Milwaukee. TRSA members in both the human resources and health and safety fields gathered to attend a day of professional development designed to enhance their skills. They also participated in education sessions catering to their individual fields.

The day began with a welcome session from **Joyce Marter**, mental health thought leader at **Joyce Marter** Enterprises and author of The Financial Mindset Fix , where she performed a "mental triage" for the workplace. Attendees learned the various benefits of providing a space for positive mental health including increased retention, ...



TRSA Hosts HR, Health and Safety Summit

41

Date Collected May 3, 2024 4:13 PM EDT
Category Digital News
Source [Textile Services Magazine](#)

Market United States
Language English

... and Safety Summit in Milwaukee. TRSA members in both the human resources and health and safety fields gathered to attend a day of professional development designed to enhance their skills, as well as education sessions catered to their individual fields.

The day began with a welcome session from **Joyce Marter**, mental health thought leader at **Joyce Marter Enterprises** and author of *The Financial Mindset Fix*, where she performed a "mental triage" for the workplace. Attendees learned the various benefits of providing a space for positive mental health including increased retention, ...



They're DINKs — and they're taking over your social media feed

42

Date Collected Apr 23, 2024 4:43 PM EDT
Category Digital News
Source [Yahoo Lifestyle](#)
Author Perri Ormont Blumberg

Est. Audience 258,620,099
Est. Publicity Value USD \$2,134,835
Market United States
Language English

... in a relationship are working without the fiscal responsibilities of children," says Aja Evans, LMHC, financial therapist, and author of the upcoming book, *Feel Good Finance*.

DINKs often use that time and money to enjoy their free time with each other, friends, family and their hobbies. Per **Joyce Marter**, LCPC, financial therapist and author of *The Financial Mindset Fix: A Mental Fitness Program for an Abundant Life*, the DINK lifestyle "highlights the financial and lifestyle perks of being in a partnership where both people work and have no dependents."

Marter finds it both shocking and ...



They're DINKs — and they're taking over your social media feed

43

Date Collected Apr 23, 2024 10:26 AM EDT
Category Digital News
Source [Today.com](#)
Author Perri Ormont Blumberg

Est. Audience 842,322
Est. Publicity Value USD \$7,405
Market United States
Language English

... in a relationship are working without the fiscal responsibilities of children," says Aja Evans, LMHC, financial therapist, and author of the upcoming book, *Feel Good Finance*.

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Marter finds it both shocking and ...



8 Ways to Deal with Overwork and Burnout at Work

44

Date Collected Apr 21, 2024 10:15 PM EDT
Category Digital News
Source [Qoshe](#)
Author Joyce Marter Lcpc

Est. Audience 9,782
Est. Publicity Value USD \$1,586
Market Turkey
Language English

AeonAl JazeeraAmérica EconomíaBlitzBuenos Aires HeraldDeutsche WelleDnevnikE-InternationalHaaretzIl Manifesto GlobalJapan TodayKhaama PressMiddle East MonitorNikkei Asian ReviewOped ColumnPravda.skProject SyndicatePsychology TodayRT.comSME.skSouth China Morning PostThe Asahi ShimbunThe DiplomatThe Japan NewsThe Japan TimesThe Korea TimesThe Times of IsraelThe Times of Israel (Blogs)Večerní list



Tax Day is Stressful. Here Are Some Tips for Not Freaking Out

45

Date Collected Apr 15, 2024 11:57 AM EDT
Category Digital News
Source [Inc.com](#)

Est. Audience 804,282
Est. Publicity Value USD \$4,848
Market United States
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

"Many Americans experience high stress during tax times, and many Americans are dealing with financial stress," financial wellness expert **Joyce Marter** said.

You might think emotions and money don't go together, but they often affect each other, said Lindsay Bryan-Podvin, financial therapist and founder of Mind Money Balance.

"Our money and mental health intersect because they're two parts of our overall wellness," said Bryan-Podvin.

Here are ...



It's almost Tax Day: Here's how to reduce stress and get your taxes done

46

Date Collected Apr 15, 2024 9:43 AM EDT

Category Digital News

Source [Jefferson City News Tribune](#)

Est. Audience 11,956

Est. Publicity Value USD \$105

Market Jefferson City, MO

Language English

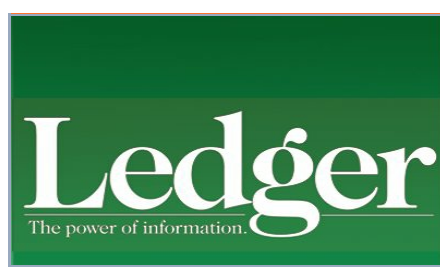
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Here are ...



Here's how to reduce stress and get your taxes done

47

Date Collected Apr 15, 2024 9:21 AM EDT

Category Digital News

Source [The Nashville Ledger](#)

Est. Audience 3,604

Est. Publicity Value USD \$30

Market Nashville, TN

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Here are ...



Here's how to reduce stress and get your taxes done

48

Date Collected Apr 15, 2024 8:38 AM EDT

Category Digital News

Source [WOKV.com](#)

Author ADRIANA MORGA

Est. Audience 3,804

Est. Publicity Value USD \$31

Market Atlanta, GA

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Here are ...



2024 tax day: Here's how to reduce stress and get your taxes done

49



Date Collected Apr 15, 2024 8:35 AM EDT

Language English

Category Digital News

Source [News One Top](#)

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Here are ...



Here's How to Reduce Stress and Get Your Taxes Done



50

Date Collected Apr 15, 2024 8:32 AM EDT

Est. Audience 2,174

Category Digital News

Est. Publicity Value USD \$20

Source [Biz New Orleans](#)

Market United States

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

"Many Americans experience high stress during tax times, and many Americans are dealing with financial stress," financial wellness expert **Joyce Marter** said.

- Sponsors -

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2024 tax day: Here's how to reduce stress and get your taxes done



51

Date Collected Apr 15, 2024 7:28 AM EDT

Est. Audience 7,551

Category Digital News

Est. Publicity Value USD \$70

Source [TheTimes.com.ng](#)

Market Nigeria

Author Uwakwe Benson

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Here ...



Here's how to reduce stress and get your taxes done



52

Date Collected Apr 15, 2024 7:14 AM EDT

Est. Audience 114,121

Category Digital News

Est. Publicity Value USD \$1,001

Source [WPVI Philadelphia](#)

Market Philadelphia, PA

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Here are ...



Here's how to reduce stress and get your taxes done

 53

Date Collected Apr 15, 2024 7:12 AM EDT
Category Digital News
Source [ABC11 WTVD](#)

Est. Audience 86,949
Est. Publicity Value USD \$775
Market Raleigh, NC
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Here are ...



Tax Day reminder: Deadline and penalties for not filing income taxes on time

 54

Date Collected Apr 15, 2024 7:11 AM EDT
Category Digital News
Source [ABC7 Chicago](#)

Est. Audience 146,727
Est. Publicity Value USD \$1,287
Market North Chicago, IL
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Here are ...



Tax Day reminder: Deadline and penalties for not filing income taxes on time

 55

Date Collected Apr 15, 2024 7:09 AM EDT
Category Digital News
Source [ABC11 WTVD](#)

Est. Audience 86,949
Est. Publicity Value USD \$775
Market Raleigh, NC
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Tax Day reminder: Deadline and penalties for not filing income taxes on time

 56

Date Collected Apr 15, 2024 7:08 AM EDT
Category Digital News
Source [WPVI Philadelphia](#)

Est. Audience 114,121
Est. Publicity Value USD \$1,001
Market Philadelphia, PA
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Here are ...



Tax Day reminder: Deadline and penalties for not filing income taxes on time

 57

Date Collected Apr 15, 2024 7:07 AM EDT
Category Digital News
Source [ABC 7 News TV](#)

Est. Audience 124,990
Est. Publicity Value USD \$1,096
Market Glendale, CA
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Here are ...



Tax Day reminder: Deadline and penalties for not filing income taxes on time

 58

Date Collected Apr 15, 2024 7:06 AM EDT
Category Digital News
Source [ABC7.com](#)

Est. Audience 217,373
Est. Publicity Value USD \$1,906
Market Glendale, CA
Language English

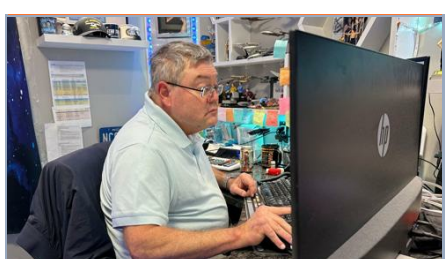
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Tax Day reminder: Deadline and penalties for not filing income taxes on time

 59

Date Collected Apr 15, 2024 7:04 AM EDT
Category Digital News
Source [ABC30 News](#)

Est. Audience 53,257
Est. Publicity Value USD \$467
Market Fresno, CA
Language English

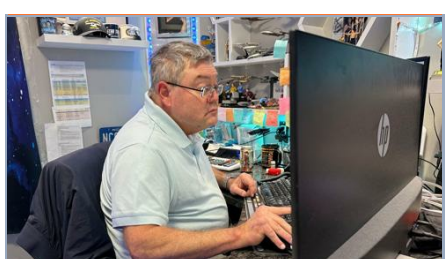
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Here are ...



Tax Day reminder: Deadline and penalties for not filing income taxes on time

 60

Date Collected Apr 15, 2024 7:04 AM EDT
Category Digital News
Source [KTRK TV](#)

Est. Audience 141,293
Est. Publicity Value USD \$1,239
Market Houston, TX
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Here are ...



Here's how to reduce stress and get your taxes done

 61

Date Collected Apr 15, 2024 7:02 AM EDT
Category Digital News
Source [ABC7NY](#)

Est. Audience 152,161
Est. Publicity Value USD \$1,525
Market United States
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Here are ...



Here's how to reduce stress and get your taxes done

 62

Date Collected Apr 15, 2024 6:18 AM EDT
Category Digital News
Source [KDWN 101.5FM](#)

Est. Audience 4,549,220
Est. Publicity Value USD \$42,080
Market Las Vegas, NV
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Here are ...



Here's how to reduce stress and get your taxes done

 63

Date Collected Apr 15, 2024 5:06 AM EDT
Category Digital News
Source [WCCO News Talk 830](#)

Est. Audience 416,814
Est. Publicity Value USD \$3,515
Market Minneapolis, MN
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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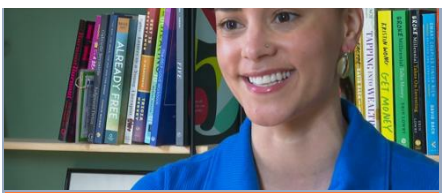
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Here are ...



 64



Here's how to reduce stress and get your taxes done

Date Collected Apr 15, 2024 4:47 AM EDT
Category Digital News
Source [FOX 31 News KDVR](#)
Author ADRIANA MORGA

Est. Audience 124,990
Est. Publicity Value USD \$1,037
Market Denver, CO
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Here's how to reduce stress and get your taxes done

65

Date Collected Apr 15, 2024 4:44 AM EDT
Category Digital News
Source [AccessWDUN](#)

Est. Audience 13,586
Est. Publicity Value USD \$114
Market Atlanta, GA
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Here's how to reduce stress and get your taxes done

66

Date Collected Apr 15, 2024 4:36 AM EDT
Category Digital News
Source [KTBS.com](#)
Author ADRIANA MORGA

Est. Audience 14,673
Est. Publicity Value USD \$123
Market Shreveport, LA
Language English

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Here's how to reduce stress and get your taxes done

67

Date Collected Apr 15, 2024 4:35 AM EDT
Category Digital News
Source [Chicago Tribune](#)

Est. Audience 523,870
Est. Publicity Value USD \$5,953
Market Chicago, IL
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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68

Date Collected Apr 15, 2024 4:24 AM EDT

Language English

Category Digital News

Source [World News Era](#)

Author Julie McMahon

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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69

Date Collected Apr 15, 2024 4:10 AM EDT

Est. Audience 11,317

Category Digital News

Est. Publicity Value USD \$95

Source [Sun Chronicle](#)

Market Foxboro, MA

Language English

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70

Date Collected Apr 15, 2024 3:57 AM EDT

Est. Audience 4,945

Category Digital News

Est. Publicity Value USD \$41

Source [Rutland Herald](#)

Market Rutland, VT

Author ADRIANA MORGA

Language English

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Date Collected Apr 15, 2024 3:54 AM EDT
Category Digital News
Source [Associated Press Financial Wire](#)
Author ADRIANA MORGA, Associated Press

Est. Audience 456,484
Est. Publicity Value USD \$3,768
Market United States
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Date Collected Apr 15, 2024 3:50 AM EDT
Category Digital News
Source [The Associated Press](#)
Author ADRIANA MORGA, Associated Press

Est. Audience 456,484
Est. Publicity Value USD \$3,768
Market United States
Language English

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 73

Date Collected Apr 15, 2024 3:44 AM EDT
Category Digital News
Source [WFMZ-TV Online](#)
Author ADRIANA MORGA

Est. Audience 86,949
Est. Publicity Value USD \$720
Market Allentown, PA
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 74

Date Collected Apr 15, 2024 3:44 AM EDT
Category Digital News
Source [KSTP](#)
Author ADRIANA MORGA

Est. Audience 59,778
Est. Publicity Value USD \$504
Market Saint Paul, MN
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Date Collected Apr 15, 2024 3:43 AM EDT

Category Digital News

Source [KAALtv.com](https://kaaltv.com)

Author ADRIANA MORGA

Est. Audience 15,216

Est. Publicity Value USD \$119

Market Austin, MN

Language English

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76

Date Collected Apr 15, 2024 3:42 AM EDT

Category Digital News

Source [NewsRadio 1080 AM KRLD](https://newsradio1080amkrl.com)

Est. Audience 416,814

Est. Publicity Value USD \$3,515

Market Dallas, TX

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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77

Date Collected Apr 15, 2024 3:40 AM EDT

Category Digital News

Source [KNSS Radio](https://knssradio.com)

Est. Audience 416,814

Est. Publicity Value USD \$3,515

Market Wichita, KS

Language English

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78

Date Collected Apr 15, 2024 3:40 AM EDT

Category Digital News

Source [WNYT](#)

Author ADRIANA MORGA

Est. Audience 23,911

Est. Publicity Value USD \$188

Market Albany, NY

Language English

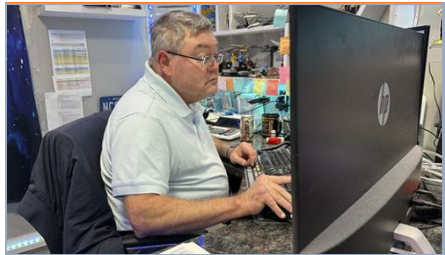
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 79

Date Collected Apr 15, 2024 3:39 AM EDT

Category Digital News

Source [AM 560 The ANSWER](#)

Author ADRIANA MORGA

Est. Audience 4,239

Est. Publicity Value USD \$35

Market Elk Grove Village, IL

Language English

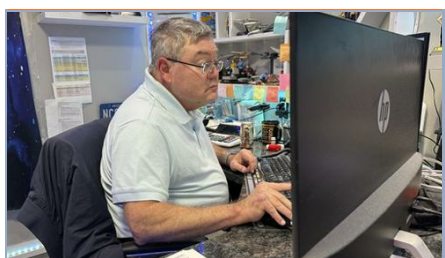
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 80

Date Collected Apr 15, 2024 3:36 AM EDT

Category Digital News

Source [Business Radio KDOW](#)

Author ADRIANA MORGA

Est. Audience 54

Market Fremont, CA

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 81

Date Collected Apr 15, 2024 3:34 AM EDT

Category Digital News

Source [KOBTV New Mexico's NBC News](#)

Author ADRIANA MORGA outputDateTimeDetails

Est. Audience 33,149

Est. Publicity Value USD \$279

Market Albuquerque, NM

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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82

Date Collected Apr 15, 2024 3:34 AM EDT
Category Digital News
Source [WPXI](#)
Author ADRIANA MORGA

Est. Audience 34,236
Est. Publicity Value USD \$293
Market Pittsburgh, PA
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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83

Date Collected Apr 15, 2024 3:32 AM EDT
Category Digital News
Source [News4jax.com](#)
Author Adriana Morga

Est. Audience 97,818
Est. Publicity Value USD \$827
Market Jacksonville, FL
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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84

Date Collected Apr 15, 2024 3:32 AM EDT
Category Digital News
Source [WSBTv](#)
Author ADRIANA MORGA

Est. Audience 124,990
Est. Publicity Value USD \$1,054
Market Atlanta, GA
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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85

Date Collected Apr 15, 2024 3:31 AM EDT
Category Digital News
Source [Boston 25 News](#)
Author ADRIANA MORGA

Est. Audience 109
Est. Publicity Value USD \$1
Market Boston, MA
Language English

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86

Date Collected Apr 15, 2024 3:31 AM EDT

Category Digital News

Source [WDBO](#)

Author ADRIANA MORGA

Est. Audience 2,717

Est. Publicity Value USD \$22

Market Orlando, FL

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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87

Date Collected Apr 15, 2024 3:29 AM EDT

Category Digital News

Source [Audacy.com](#)

Est. Audience 416,814

Est. Publicity Value USD \$4,017

Market United States

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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88

Date Collected Apr 15, 2024 3:29 AM EDT

Category Digital News

Source [WHIO.com](#)

Author ADRIANA MORGA

Est. Audience 50,539

Est. Publicity Value USD \$426

Market Dayton, OH

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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89

Date Collected Apr 15, 2024 3:29 AM EDT
Category Digital News
Source [Action News Jacksonville](#)
Author ADRIANA MORGA

Est. Audience 24,455
Est. Publicity Value USD \$206
Market Jacksonville, FL
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 90

Date Collected Apr 15, 2024 3:28 AM EDT
Category Digital News
Source [WWL - AM870](#)

Est. Audience 416,814
Est. Publicity Value USD \$3,515
Market Bala Cynwyd, PA
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 91

Date Collected Apr 15, 2024 3:28 AM EDT
Category Digital News
Source [WFTV](#)
Author ADRIANA MORGA

Est. Audience 49,452
Est. Publicity Value USD \$417
Market Orlando, FL
Language English

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 92

Date Collected Apr 15, 2024 3:27 AM EDT
Category Digital News
Source [KMBZ](#)

Est. Audience 10,325
Est. Publicity Value USD \$87
Market Bala Cynwyd, PA
Language English

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Date Collected Apr 15, 2024 3:27 AM EDT
Category Digital News
Source [WBEN 930AM](#)

Est. Audience 10,325
Est. Publicity Value USD \$87
Market Buffalo, NY
Language English

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Date Collected Apr 15, 2024 3:27 AM EDT
Category Digital News
Source [WBBM Newsradio 780AM - Audacy](#)

Est. Audience 416,814
Est. Publicity Value USD \$3,515
Market Chicago, IL
Language English

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 95

Date Collected Apr 15, 2024 3:25 AM EDT
Category Digital News
Source [WTIC - Audacy.com](#)

Est. Audience 4,549,220
Est. Publicity Value USD \$42,080
Market Farmington, CT
Language English

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Date Collected Apr 15, 2024 3:25 AM EDT
Category Digital News
Source [WGAURadio.com](#)
Author ADRIANA MORGA

Est. Audience 1,087
Est. Publicity Value USD \$9
Market Georgia
Language English

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Date Collected Apr 15, 2024 3:22 AM EDT

Language English

Category Digital News

Source [CompuServe](#)

Author Adriana Morga

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Date Collected Apr 14, 2024 11:43 PM EDT

Category Print

Source [The Post and Courier \(Charleston, SC\)](#)

Author ADRIANA MORGA Associated Press;

Est. Audience 83,483

Est. Publicity Value USD \$744

Market Charleston, SC

Language English

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Scripps News Tax day is Monday. Here's how to reduce stress and get your taxes done

99

Date Collected Apr 14, 2024 6:39 PM EDT

Category Digital News

Source [10News.com](#)

Est. Audience 59,778

Est. Publicity Value USD \$539

Market San Diego, CA

Language English

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100



Tax day is Monday. Here's how to reduce stress and get your taxes done



Date Collected Apr 14, 2024 6:17 PM EDT

Category Digital News

Source [KBZK](#)

Est. Audience 69,102

Est. Publicity Value USD \$639

Market Bozeman, MT

Language English

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101

Date Collected Apr 14, 2024 6:15 PM EDT

Category Digital News

Source [Atlanta Voice](#)

Est. Audience 2,989

Est. Publicity Value USD \$23

Market Atlanta, GA

Language English

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102

Date Collected Apr 14, 2024 5:20 PM EDT

Category Digital News

Source [ABC 27](#)

Author ADRIANA MORGA

Est. Audience 48,909

Est. Publicity Value USD \$412

Market Harrisburg, PA

Language English

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103

Date Collected Apr 14, 2024 2:56 PM EDT

Category Digital News

Source [LEX 18](#)

Est. Audience 23,368

Est. Publicity Value USD \$211

Market Lexington, KY

Language English

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 104

Date Collected Apr 14, 2024 2:48 PM EDT
Category Digital News
Source [KSBY - TV](#)

Est. Audience 33,149
Est. Publicity Value USD \$287
Market Santa Maria, CA
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

"Many Americans experience high stress during tax times, and many Americans are dealing with financial stress," financial wellness expert **Joyce Marter** said.

You might think emotions and money don't go together, but they often affect each other, said Lindsay Bryan-Podvin, financial therapist and founder of Mind Money Balance.

"Our money and mental health intersect because they're two parts of our overall wellness," said Bryan-Podvin.

Here ...



Tax day is Monday. Here's how to reduce stress and get your taxes done

 105

Date Collected Apr 14, 2024 2:47 PM EDT
Category Digital News
Source [KXLF.com](#)

Est. Audience 7,065
Est. Publicity Value USD \$61
Market Butte, MT
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 106

Date Collected Apr 14, 2024 2:44 PM EDT
Category Digital News
Source [KIVI-TV](#)

Est. Audience 3,315
Est. Publicity Value USD \$28
Market Nampa, ID
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 107

Date Collected Apr 14, 2024 2:44 PM EDT
Category Digital News
Source [WTXL-TV](#)

Est. Audience 4,456
Est. Publicity Value USD \$38
Market Midway, FL
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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108

Date Collected Apr 14, 2024 2:44 PM EDT

Category Digital News

Source [KRIS-TV](#)

Est. Audience 8,695

Est. Publicity Value USD \$75

Market Corpus Christi, TX

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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109

Date Collected Apr 14, 2024 2:44 PM EDT

Category Digital News

Source [Denver Channel](#)

Est. Audience 97,818

Est. Publicity Value USD \$849

Market Denver, CO

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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110

Date Collected Apr 14, 2024 2:43 PM EDT

Category Digital News

Source [ABC15.com](#)

Est. Audience 92,384

Est. Publicity Value USD \$802

Market Phoenix, AZ

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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111

Date Collected Apr 14, 2024 2:42 PM EDT
Category Digital News
Source [ABC2 News](#)

Est. Audience 15,216
Est. Publicity Value USD \$137
Market Baltimore, MD
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 112

Date Collected Apr 14, 2024 2:41 PM EDT
Category Digital News
Source [Fox 4 Now](#)

Est. Audience 9,238
Est. Publicity Value USD \$83
Market Fort Myers, FL
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 113

Date Collected Apr 14, 2024 2:40 PM EDT
Category Digital News
Source [FOX47News](#)

Est. Audience 6,521
Est. Publicity Value USD \$56
Market Lansing, MI
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 114

Date Collected Apr 14, 2024 2:40 PM EDT
Category Digital News
Source [KJRH-TV](#)

Est. Audience 20,650
Est. Publicity Value USD \$186
Market Tulsa, OK
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 115

Date Collected Apr 14, 2024 2:40 PM EDT
Category Digital News
Source [NBC26.com](https://www.nbc26.com)

Est. Audience 4,510
Est. Publicity Value USD \$39
Market Green Bay, WI
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 116

Date Collected Apr 14, 2024 2:39 PM EDT
Category Digital News
Source [10News.com](https://www.10news.com)

Est. Audience 59,778
Est. Publicity Value USD \$539
Market San Diego, CA
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 117

Date Collected Apr 14, 2024 2:39 PM EDT
Category Digital News
Source [Scripps News](https://www.scrippsnews.com)

Est. Audience 575,599
Est. Publicity Value USD \$5,324
Market United States
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 118

Date Collected Apr 14, 2024 2:39 PM EDT
Category Digital News
Source [KSHB](https://www.kshb.com)

Est. Audience 38,040
Est. Publicity Value USD \$330
Market Kansas City, MO
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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119

Date Collected Apr 14, 2024 2:39 PM EDT

Category Digital News

Source [KRTV](#)

Est. Audience 9,782

Est. Publicity Value USD \$88

Market Great Falls, MT

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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120

Date Collected Apr 14, 2024 2:38 PM EDT

Category Digital News

Source [Fox13now](#)

Est. Audience 59,778

Est. Publicity Value USD \$519

Market Salt Lake City, UT

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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121

Date Collected Apr 14, 2024 2:38 PM EDT

Category Digital News

Source [NewsChannel 5](#)

Est. Audience 40,758

Est. Publicity Value USD \$368

Market Nashville, TN

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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122

Date Collected Apr 14, 2024 2:38 PM EDT
Category Digital News
Source [WRTV](#)

Est. Audience 40,758
Est. Publicity Value USD \$368
Market Indianapolis, IN
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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123

Date Collected Apr 14, 2024 2:37 PM EDT
Category Digital News
Source [WTVR-TV](#)

Est. Audience 39,127
Est. Publicity Value USD \$353
Market Richmond, VA
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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124

Date Collected Apr 14, 2024 2:36 PM EDT
Category Digital News
Source [KZTV Action 10 News](#)

Est. Audience 1,087
Est. Publicity Value USD \$9
Market Corpus Christi, TX
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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125

Date Collected Apr 14, 2024 2:35 PM EDT
Category Digital News
Source [WTKR](#)

Est. Audience 29,889
Est. Publicity Value USD \$259
Market Norfolk, VA
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

"Many Americans experience high stress during tax times, and many Americans are dealing with financial stress," financial wellness expert **Joyce Marter** said.

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Here ...



It's almost April 15. Here's how to reduce stress and get your taxes done

 126

Date Collected Apr 14, 2024 2:35 PM EDT
Category Digital News
Source [Chicago Tribune](#)

Est. Audience 523,870
Est. Publicity Value USD \$5,953
Market Chicago, IL
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 127

Date Collected Apr 14, 2024 2:35 PM EDT
Category Digital News
Source [KTVH](#)

Est. Audience 42,116
Est. Publicity Value USD \$390
Market Great Falls, MT
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Tax day is Monday. Here's how to reduce stress and get your taxes done

 128

Date Collected Apr 14, 2024 2:34 PM EDT
Category Digital News
Source [WPTV TV Channel 5](#)

Est. Audience 45,105
Est. Publicity Value USD \$391
Market West Palm Beach, FL
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 129

Date Collected Apr 14, 2024 2:34 PM EDT
Category Digital News
Source [NEWS 5 Cleveland](#)

Est. Audience 54,343
Est. Publicity Value USD \$471
Market Cleveland, OH
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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130

Date Collected Apr 14, 2024 2:34 PM EDT

Category Digital News

Source [Fox17](#)

Est. Audience 24,998

Est. Publicity Value USD \$218

Market Grand Rapids, MI

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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131

Date Collected Apr 14, 2024 2:34 PM EDT

Category Digital News

Source [ABC Action News](#)

Est. Audience 48,909

Est. Publicity Value USD \$424

Market Tampa, FL

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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132

Date Collected Apr 14, 2024 2:34 PM EDT

Category Digital News

Source [3 News Now KMTV-TV](#)

Est. Audience 9,238

Est. Publicity Value USD \$80

Market Omaha, NE

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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133

Date Collected Apr 14, 2024 2:34 PM EDT
Category Digital News
Source [WCPO](#)

Est. Audience 59,778
Est. Publicity Value USD \$519
Market Cincinnati, OH
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Scripps News Tax day is Monday. Here's how to reduce stress and get your taxes done AP via Scripps News

134

Date Collected Apr 14, 2024 2:33 PM EDT
Category Digital News
Source [10News.com](#)

Est. Audience 59,778
Est. Publicity Value USD \$539
Market San Diego, CA
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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135

Date Collected Apr 14, 2024 2:33 PM EDT
Category Digital News
Source [KOAA.com](#)

Est. Audience 26,085
Est. Publicity Value USD \$226
Market Pueblo, CO
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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136

Date Collected Apr 14, 2024 2:33 PM EDT
Category Digital News
Source [TurnTo23.com](#)

Est. Audience 18,477
Est. Publicity Value USD \$160
Market Bakersfield, CA
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 137

Date Collected Apr 14, 2024 2:33 PM EDT
Category Digital News
Source [KATC 3](#)

Est. Audience 21,737
Est. Publicity Value USD \$188
Market Lafayette, LA
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 138

Date Collected Apr 14, 2024 2:32 PM EDT
Category Digital News
Source [WKBW News 7](#)

Est. Audience 15,760
Est. Publicity Value USD \$136
Market Buffalo, NY
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 139

Date Collected Apr 14, 2024 2:32 PM EDT
Category Digital News
Source [KGUN 9](#)

Est. Audience 23,368
Est. Publicity Value USD \$211
Market Tucson, AZ
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 140

Date Collected Apr 14, 2024 2:32 PM EDT
Category Digital News
Source [WSFL-TV](#)

Est. Audience 543
Est. Publicity Value USD \$4
Market Fort Lauderdale, FL
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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141

Date Collected Apr 14, 2024 2:32 PM EDT

Category Digital News

Source [KTVQ.com](https://www.ktvq.com)

Est. Audience 4,891

Est. Publicity Value USD \$42

Market Billings, MT

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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142

Date Collected Apr 14, 2024 2:31 PM EDT

Category Digital News

Source [Today's TMJ4](https://www.today.com)

Est. Audience 36,410

Est. Publicity Value USD \$316

Market Milwaukee, WI

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Here ...



Tax day is Monday. Here's how to reduce stress and get your taxes done



143

Date Collected Apr 14, 2024 2:31 PM EDT

Category Digital News

Source [KPAX](https://www.kpax.com)

Est. Audience 8,152

Est. Publicity Value USD \$70

Market Missoula, MT

Language English

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144

Date Collected Apr 14, 2024 2:30 PM EDT
Category Digital News
Source [KXXV-TV](#)

Est. Audience 21,194
Est. Publicity Value USD \$191
Market Waco, TX
Language English

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 145

Date Collected Apr 14, 2024 2:26 PM EDT
Category Digital News
Source [ABC 15 Arizona](#)
Author Ap Via Scripps News

Market United States
Language English

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 146

Date Collected Apr 14, 2024 2:26 PM EDT
Category Digital News
Source [Fox 17 Online](#)
Author Ap Via Scripps News

Market United States
Language English

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 147

Date Collected Apr 14, 2024 2:00 PM EDT
Category Digital News
Source [ABC 27](#)
Author Adriana Morga, Associated Press

Market United States
Language English

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 148

Date Collected Apr 14, 2024 6:00 AM EDT

Category Digital News

Source [Panorama Hispano news](#)

Author Panorama Hispano News

Market United States

Language English

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 149

Date Collected Apr 14, 2024 1:30 AM EDT

Category Digital News

Source [AccessWDUN](#)

Est. Audience 13,586

Est. Publicity Value USD \$114

Market Atlanta, GA

Language English

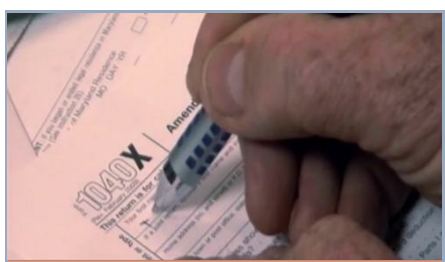
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 150

Date Collected Apr 14, 2024 1:15 AM EDT

Category Digital News

Source [7 News Online](#)

Author Rubén Rosario

Est. Audience 70,646

Est. Publicity Value USD \$603

Market Miami Beach, FL

Language English

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 151

Date Collected Apr 14, 2024 12:40 AM EDT

Category Digital News

Source [KDWN 101.5FM](#)

Est. Audience 4,549,220

Est. Publicity Value USD \$42,080

Market Las Vegas, NV

Language English

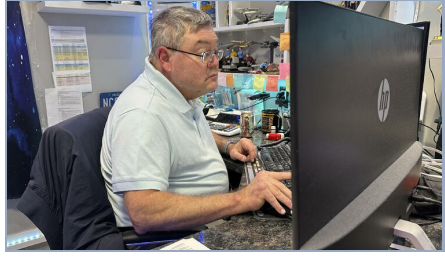
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How to reduce stress and get your taxes done by April 15



152

Date Collected Apr 13, 2024 10:52 PM EDT

Category Digital News

Source [Honolulu Star-Advertiser](#)

Author Adriana Morga

Est. Audience 119,555

Est. Publicity Value USD \$1,056

Market Honolulu, HI

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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153

Date Collected Apr 13, 2024 6:29 PM EDT

Category Digital News

Source [Dubai News TV](#)

Est. Audience 286

Est. Publicity Value USD \$3

Market United Arab Emirates

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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154

Date Collected Apr 13, 2024 5:40 PM EDT

Category Digital News

Source [ABC7.com](#)

Est. Audience 217,373

Est. Publicity Value USD \$1,906

Market Glendale, CA

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Here are ...



Here's to a (mostly) stress-free tax day



155

Date Collected Apr 13, 2024 5:12 PM EDT
Category Digital News
Source [Boston Herald](#)

Est. Audience 86,949
Est. Publicity Value USD \$789
Market Everett, MA
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 156

Date Collected Apr 13, 2024 4:03 PM EDT
Category Digital News
Source [Quartz](#)
Author Adriana Morga

Est. Audience 326,060
Est. Publicity Value USD \$3,169
Market United States
Language English

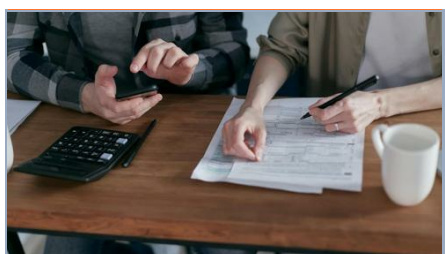
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 157

Date Collected Apr 13, 2024 2:42 PM EDT
Category Digital News
Source [WINK TV](#)
Author ADRIANA MORGA

Est. Audience 50,539
Est. Publicity Value USD \$442
Market Fort Myers, FL
Language English

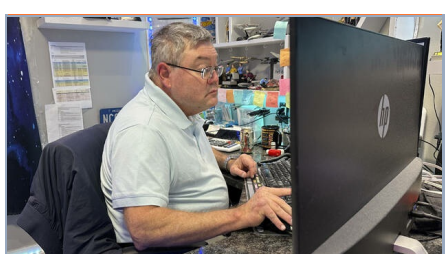
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 158

Date Collected Apr 13, 2024 2:14 PM EDT
Category Digital News
Source [Pittsburgh Tribune Review](#)

Est. Audience 108,687
Est. Publicity Value USD \$960
Market Pittsburgh, PA
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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[Get ahead of tax day stress by following these tips](#)

159

Date Collected Apr 13, 2024 1:21 PM EDT
Category Digital News
Source [West Observer](#)

Est. Audience 22,203
Est. Publicity Value USD \$205
Market United States
Language English

Tax season can bring on feelings of stress and anxiety for many people, as dealing with finances can be overwhelming. Financial wellness expert **Joyce Marter** acknowledges that many Americans face high levels of stress during tax times, and this can be exacerbated by existing financial stress. Lindsay Bryan-Podvin, a financial therapist, highlights the connection between money and mental health, emphasizing that they are both essential components of ...



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160

Date Collected Apr 13, 2024 1:00 PM EDT
Category Digital News
Source [WOKV.com](#)
Author ADRIANA MORGA

Est. Audience 3,804
Est. Publicity Value USD \$31
Market Atlanta, GA
Language English

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161

Date Collected Apr 13, 2024 12:54 PM EDT
Category Digital News
Source [WJTV.com](#)
Author ADRIANA MORGA

Est. Audience 17,933
Est. Publicity Value USD \$151
Market Jackson, MS
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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162

Date Collected Apr 13, 2024 12:48 PM EDT
Category Digital News
Source [KAKE TV](#)

Est. Audience 61,373
Est. Publicity Value USD \$541
Market Wichita, KS
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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163

Date Collected Apr 13, 2024 12:42 PM EDT
Category Blog
Source [myMotherLode.com](#)
Author AP News

Est. Audience 12,499
Est. Publicity Value USD \$116
Market United States
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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164

Date Collected Apr 13, 2024 11:48 AM EDT
Category Digital News
Source [KTBS.com](#)
Author ADRIANA MORGA

Est. Audience 14,673
Est. Publicity Value USD \$123
Market Shreveport, LA
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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165

Date Collected Apr 13, 2024 11:27 AM EDT
Category Digital News
Source [NewsNation](#)
Author ADRIANA MORGA

Est. Audience 97,818
Est. Publicity Value USD \$942
Market United States
Language English

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166

Date Collected Apr 13, 2024 11:20 AM EDT
Category Digital News
Source [ConchoValleyHomepage.com](#)
Author ADRIANA MORGA

Est. Audience 4,347
Est. Publicity Value USD \$36
Market San Angelo, TX
Language English

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 167

Date Collected Apr 13, 2024 11:09 AM EDT

Category Digital News

Source [Delco Times](#)

Est. Audience 11,956

Est. Publicity Value USD \$104

Market Easton, PA

Language English

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 168

Date Collected Apr 13, 2024 11:08 AM EDT

Category Digital News

Source [YOUR BASIN](#)

Author ADRIANA MORGA

Est. Audience 4,728

Est. Publicity Value USD \$39

Market Midland, TX

Language English

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 169

Date Collected Apr 13, 2024 11:06 AM EDT

Category Digital News

Source [WYSL 1040 AM](#)

Market Avon, NY

Language English

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 170

Date Collected Apr 13, 2024 11:03 AM EDT
Category Digital News
Source [Rutland Herald](#)
Author ADRIANA MORGA

Est. Audience 4,945
Est. Publicity Value USD \$41
Market Rutland, VT
Language English

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171

Date Collected Apr 13, 2024 10:59 AM EDT
Category Digital News
Source [CNYHomepage.com](#)
Author ADRIANA MORGA

Est. Audience 2,717
Est. Publicity Value USD \$22
Market Utica, NY
Language English

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172

Date Collected Apr 13, 2024 10:57 AM EDT
Category Digital News
Source [Sun Chronicle](#)

Est. Audience 11,317
Est. Publicity Value USD \$95
Market Foxboro, MA
Language English

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173

Date Collected Apr 13, 2024 10:51 AM EDT
Category Digital News
Source [WCCO News Talk 830](#)

Est. Audience 416,814
Est. Publicity Value USD \$3,515
Market Minneapolis, MN
Language English

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174

Date Collected Apr 13, 2024 10:50 AM EDT

Category Digital News

Source [Business Radio KDOW](#)

Author ADRIANA MORGA

Est. Audience 54

Market Fremont, CA

Language English

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175

Date Collected Apr 13, 2024 10:48 AM EDT

Category Digital News

Source [KROE](#)

Author ADRIANA MORGA

Est. Audience 44,018

Est. Publicity Value USD \$371

Market Albuquerque, NM

Language English

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176

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Date Collected Apr 13, 2024 10:43 AM EDT

Category Digital News

Source [The Associated Press](#)

Author ADRIANA MORGA, Associated Press

Est. Audience 456,484

Est. Publicity Value USD \$3,768

Market United States

Language English

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Date Collected Apr 13, 2024 10:42 AM EDT
Category Digital News
Source [Associated Press Financial Wire](#)
Author ADRIANA MORGA, Associated Press

Est. Audience 456,484
Est. Publicity Value USD \$3,768
Market United States
Language English

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 178

Date Collected Apr 13, 2024 10:39 AM EDT
Category Digital News
Source [US News & World Report](#)

Est. Audience 33,671,108
Est. Publicity Value USD \$359,478
Market United States
Language English

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 179

Date Collected Apr 13, 2024 10:38 AM EDT
Category Digital News
Source [Kark.com](#)
Author ADRIANA MORGA

Est. Audience 20,107
Est. Publicity Value USD \$169
Market Little Rock, AR
Language English

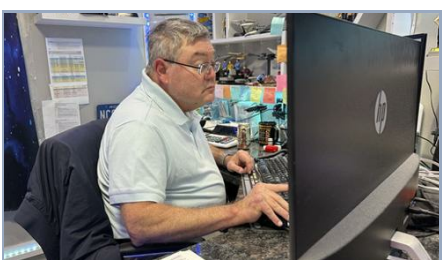
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 180

Date Collected Apr 13, 2024 10:36 AM EDT
Category Digital News
Source [AM 560 The ANSWER](#)
Author ADRIANA MORGA

Est. Audience 4,239
Est. Publicity Value USD \$35
Market Elk Grove Village, IL
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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181

Date Collected Apr 13, 2024 10:34 AM EDT

Category Digital News

Source [WFMZ-TV Online](#)

Author ADRIANA MORGA

Est. Audience 86,949

Est. Publicity Value USD \$716

Market Allentown, PA

Language English

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182

Date Collected Apr 13, 2024 10:33 AM EDT

Category Digital News

Source [WHEC TV-10](#)

Author ADRIANA MORGA

Est. Audience 47,822

Est. Publicity Value USD \$391

Market Rochester, NY

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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183

Date Collected Apr 13, 2024 10:32 AM EDT

Category Digital News

Source [NewsRadio 1080 AM KRLD](#)

Est. Audience 416,814

Est. Publicity Value USD \$3,515

Market Dallas, TX

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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184

Date Collected Apr 13, 2024 10:30 AM EDT
Category Digital News
Source [WFXRTV.com](https://wfxrtv.com)
Author ADRIANA MORGA

Est. Audience 136,819
Est. Publicity Value USD \$1,266
Market Roanoke, VA
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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185

Date Collected Apr 13, 2024 10:29 AM EDT
Category Digital News
Source [WGAURadio.com](https://wgaudio.com)
Author ADRIANA MORGA

Est. Audience 1,087
Est. Publicity Value USD \$9
Market Georgia
Language English

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186

Date Collected Apr 13, 2024 10:29 AM EDT
Category Digital News
Source [SRN News](https://srnnews.com)

Est. Audience 3,710
Est. Publicity Value USD \$36
Market United States
Language English

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187

Date Collected Apr 13, 2024 10:28 AM EDT
Category Digital News
Source [Bozeman Daily Chronicle](https://bozemandailychronicle.com)
Author ADRIANA MORGA

Est. Audience 27,715
Est. Publicity Value USD \$2,086
Market Bozeman, MT
Language English

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188

Date Collected Apr 13, 2024 10:24 AM EDT

Category Digital News

Source [KSTP](#)

Author ADRIANA MORGA

Est. Audience 59,778

Est. Publicity Value USD \$504

Market Saint Paul, MN

Language English

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189

Date Collected Apr 13, 2024 10:24 AM EDT

Category Digital News

Source [Times Argus](#)

Author ADRIANA MORGA

Est. Audience 3,261

Est. Publicity Value USD \$27

Market Barre, VT

Language English

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190

Date Collected Apr 13, 2024 10:23 AM EDT

Category Digital News

Source [ABC News](#)

Est. Audience 22,234

Est. Publicity Value USD \$214

Market United States

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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191

Date Collected Apr 13, 2024 10:22 AM EDT

Category Digital News

Source [KNSS Radio](#)

Est. Audience 416,814

Est. Publicity Value USD \$3,515

Market Wichita, KS

Language English

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 192

Date Collected Apr 13, 2024 10:22 AM EDT
Category Digital News
Source [Shelton Herald](#)
Author ADRIANA MORGA

Est. Audience 543
Est. Publicity Value USD \$4
Market Shelton, CT
Language English

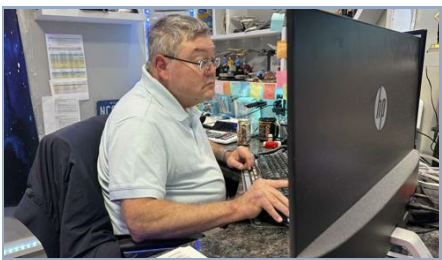
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 193

Date Collected Apr 13, 2024 10:21 AM EDT
Category Digital News
Source [NCAdvertiser.com](#)
Author ADRIANA MORGA

Est. Audience 217
Est. Publicity Value USD \$1
Market New Canaan, CT
Language English

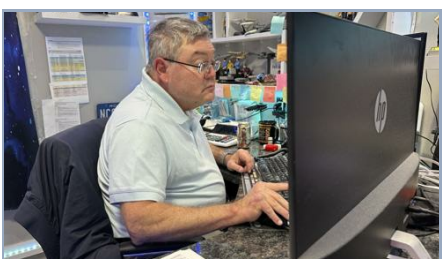
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 194

Date Collected Apr 13, 2024 10:20 AM EDT
Category Digital News
Source [WTOP](#)

Est. Audience 173,899
Est. Publicity Value USD \$1,466
Market Washington, DC
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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 195

Date Collected Apr 13, 2024 10:20 AM EDT
Category Digital News
Source [WNYT](#)
Author ADRIANA MORGA

Est. Audience 23,911
Est. Publicity Value USD \$201
Market Albany, NY
Language English

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196

Date Collected Apr 13, 2024 10:19 AM EDT

Category Digital News

Source [Action News Jacksonville](#)

Author ADRIANA MORGA

Est. Audience 24,455

Est. Publicity Value USD \$206

Market Jacksonville, FL

Language English

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197

Date Collected Apr 13, 2024 10:19 AM EDT

Category Digital News

Source [WPXI](#)

Author ADRIANA MORGA

Est. Audience 34,236

Est. Publicity Value USD \$293

Market Pittsburgh, PA

Language English

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198

Date Collected Apr 13, 2024 10:18 AM EDT

Category Digital News

Source [MarketBeat](#)

Est. Audience 222,808

Est. Publicity Value USD \$1,870

Market United States

Language English

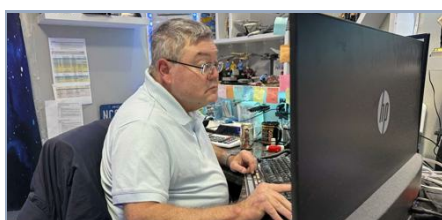
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199



Date Collected Apr 13, 2024 10:18 AM EDT
Category Digital News
Source [Conroe Courier](#)
Author ADRIANA MORGA

Est. Audience 11,956
Est. Publicity Value USD \$90
Market Conroe, TX
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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200

Date Collected Apr 13, 2024 10:18 AM EDT
Category Digital News
Source [KAALtv.com](#)
Author ADRIANA MORGA

Est. Audience 15,216
Est. Publicity Value USD \$128
Market Austin, MN
Language English

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201

Date Collected Apr 13, 2024 10:18 AM EDT
Category Digital News
Source [IfiberOne.com](#)
Author ADRIANA MORGA

Est. Audience 1,630
Est. Publicity Value USD \$13
Market Shelton, WA
Language English

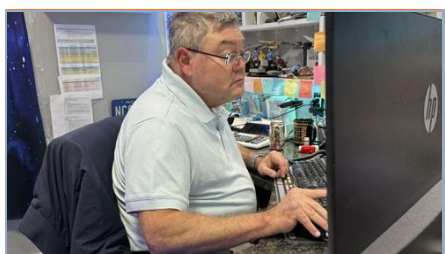
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202

Date Collected Apr 13, 2024 10:17 AM EDT
Category Digital News
Source [WRAL](#)
Author ADRIANA MORGA

Est. Audience 288,020
Est. Publicity Value USD \$2,467
Market Raleigh, NC
Language English

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203

Date Collected Apr 13, 2024 10:17 AM EDT

Category Digital News

Source [Everything Lubbock](#)

Author ADRIANA MORGA

Est. Audience 13,586

Est. Publicity Value USD \$114

Market Lubbock, TX

Language English

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204

Date Collected Apr 13, 2024 10:16 AM EDT

Category Digital News

Source [KOBTV New Mexico's NBC News](#)

Author ADRIANA MORGA outputDateTimeDetails

Est. Audience 33,149

Est. Publicity Value USD \$279

Market Albuquerque, NM

Language English

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205

Date Collected Apr 13, 2024 10:15 AM EDT

Category Digital News

Source [WGNO](#)

Author ADRIANA MORGA

Est. Audience 9,782

Est. Publicity Value USD \$82

Market Metairie, LA

Language English

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206

Date Collected Apr 13, 2024 10:14 AM EDT

Category Digital News

Source [Audacy.com](#)

Est. Audience 416,814

Est. Publicity Value USD \$4,017

Market United States

Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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207

Date Collected Apr 13, 2024 10:14 AM EDT

Category Digital News

Source WHIO.com

Author ADRIANA MORGA

Est. Audience 50,539

Est. Publicity Value USD \$426

Market Dayton, OH

Language English

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208

Date Collected Apr 13, 2024 10:13 AM EDT

Category Digital News

Source [WWL - AM870](http://WWL-AM870)

Est. Audience 416,814

Est. Publicity Value USD \$3,515

Market Bala Cynwyd, PA

Language English

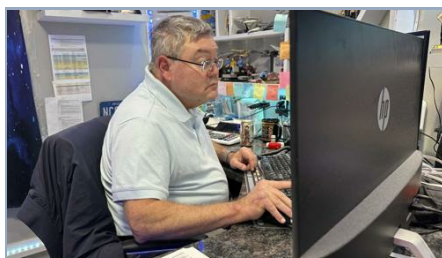
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209

Date Collected Apr 13, 2024 10:13 AM EDT

Category Digital News

Source [Big Rapids Pioneer](http://BigRapidsPioneer)

Author ADRIANA MORGA

Est. Audience 132,490

Est. Publicity Value USD \$1,226

Market Macomb, MI

Language English

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210

Date Collected Apr 13, 2024 10:13 AM EDT
Category Digital News
Source [WTIC - Audacy.com](https://www.wtic.com)

Est. Audience 4,549,220
Est. Publicity Value USD \$42,080
Market Farmington, CT
Language English

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211

Date Collected Apr 13, 2024 10:13 AM EDT
Category Digital News
Source [WFTV](https://www.wftv.com)
Author ADRIANA MORGA

Est. Audience 49,452
Est. Publicity Value USD \$417
Market Orlando, FL
Language English

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212

Date Collected Apr 13, 2024 10:13 AM EDT
Category Digital News
Source [Washington Post](https://www.washingtonpost.com)
Author Adriana Morga

Est. Audience 6,901,608
Est. Publicity Value USD \$82,952
Market United States
Language English

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213

Date Collected Apr 13, 2024 10:13 AM EDT
Category Digital News
Source [APNews.com](https://www.apnews.com)
Author ADRIANA MORGA

Est. Audience 2,565,007
Est. Publicity Value USD \$24,752
Market United States
Language English

... tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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214

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Category Digital News
Source [Minneapolis Star Tribune](#)
Author ADRIANA MORGA

Est. Audience 298,889
Est. Publicity Value USD \$2,438
Market Minneapolis, MN
Language English

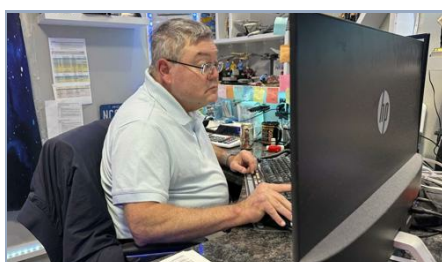
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215

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Category Digital News
Source [SFGate](#)
Author ADRIANA MORGA

Est. Audience 1,200,988
Est. Publicity Value USD \$13,804
Market United States
Language English

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216

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Category Digital News
Source [News4jax.com](#)
Author Adriana Morga

Est. Audience 97,818
Est. Publicity Value USD \$827
Market Jacksonville, FL
Language English

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Source [WSBTv](#)
Author ADRIANA MORGA

Est. Audience 124,990
Est. Publicity Value USD \$1,054
Market Atlanta, GA
Language English

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Source [INFORMNNY.com](https://www.informnny.com)
Author ADRIANA MORGA

Est. Audience 1,087
Est. Publicity Value USD \$9
Market Watertown, NY
Language English

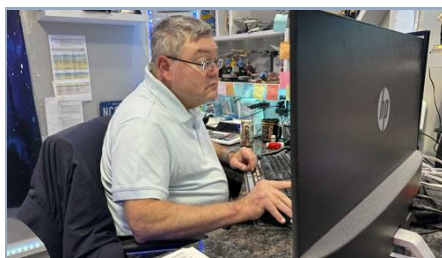
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Date Collected Apr 13, 2024 10:12 AM EDT
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Source [Manistee News Advocate](https://www.manistee-news-advocate.com)
Author ADRIANA MORGA

Est. Audience 2,717
Est. Publicity Value USD \$20
Market Manistee, MI
Language English

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Date Collected Apr 13, 2024 10:12 AM EDT
Category Digital News
Source [CT Insider](https://www.ctinsider.com)
Author ADRIANA MORGA

Est. Audience 45,105
Est. Publicity Value USD \$364
Market Norwalk, CT
Language English

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Date Collected Apr 13, 2024 10:12 AM EDT
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Source [KMBZ](#)

Est. Audience 10,325
Est. Publicity Value USD \$87
Market Bala Cynwyd, PA
Language English

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Date Collected Apr 13, 2024 10:12 AM EDT
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Est. Audience 416,814
Est. Publicity Value USD \$3,515
Market Chicago, IL
Language English

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Date Collected Apr 13, 2024 10:12 AM EDT
Category Digital News
Source [WBEN 930AM](#)

Est. Audience 10,325
Est. Publicity Value USD \$87
Market Buffalo, NY
Language English

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Date Collected Apr 13, 2024 10:12 AM EDT
Category Digital News
Source [Darien Times](#)
Author ADRIANA MORGA

Est. Audience 1,087
Est. Publicity Value USD \$8
Market Darien, CT
Language English

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Date Collected Apr 13, 2024 10:11 AM EDT
Category Digital News
Source [KSAT 12](#)
Author Adriana Morga

Est. Audience 81,515
Est. Publicity Value USD \$686
Market San Antonio, TX
Language English

... last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Date Collected Apr 13, 2024 10:11 AM EDT
Category Digital News
Source [San Diego Union Tribune](#)
Author ADRIANA MORGA

Est. Audience 58
Est. Publicity Value USD \$1
Market San Diego, CA
Language English

... your tax return until the last minute or experiencing intense stress about filing incorrectly. If you're dealing with financial stress right now, you're not alone.

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Date Collected Apr 13, 2024 10:11 AM EDT
Category Digital News
Source [Houston Chronicle](#)
Author ADRIANA MORGA

Est. Audience 168,464
Est. Publicity Value USD \$1,800
Market Houston, TX
Language English

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Date Collected Apr 13, 2024 10:11 AM EDT
Category Digital News
Source [Boston 25 News](#)
Author ADRIANA MORGA

Est. Audience 109
Est. Publicity Value USD \$1
Market Boston, MA
Language English

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Date Collected Apr 13, 2024 10:11 AM EDT

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Source [WDBO](#)

Author ADRIANA MORGA

Est. Audience 2,717

Est. Publicity Value USD \$22

Market Orlando, FL

Language English

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Date Collected Apr 13, 2024 10:11 AM EDT

Category Digital News

Source [Yahoo! Finance](#)

Author ADRIANA MORGA

Est. Audience 11,456,870

Est. Publicity Value USD \$110,427

Market United States

Language English

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Date Collected Apr 13, 2024 10:11 AM EDT

Category Digital News

Source [Click2Houston.com](#)

Author Adriana Morga

Est. Audience 119,555

Est. Publicity Value USD \$1,007

Market Houston, TX

Language English

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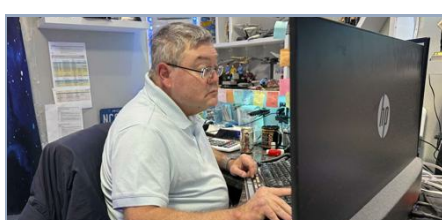
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Date Collected Apr 13, 2024 10:10 AM EDT
Category Digital News
Source seattlepi.com
Author ADRIANA MORGA

Est. Audience 65,212
Est. Publicity Value USD \$522
Market Seattle, WA
Language English

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Date Collected Apr 13, 2024 10:10 AM EDT
Category Digital News
Source [KCBS Radio](http://KCBS.Radio)
Author The Associated Press

Market United States
Language English

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 234

Date Collected Apr 13, 2024 10:09 AM EDT
Category Digital News
Source [Click Orlando](http://Click.Orlando)
Author Adriana Morga

Est. Audience 119,555
Est. Publicity Value USD \$1,011
Market Orlando, FL
Language English

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Date Collected Apr 13, 2024 10:09 AM EDT
Category Digital News
Source Local10.com
Author Adriana Morga

Est. Audience 114,121
Est. Publicity Value USD \$965
Market Miami, FL
Language English

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236

Date Collected Apr 13, 2024 10:08 AM EDT

Category Digital News

Source [Journal-News](#)

Author ADRIANA MORGA

Est. Audience 14,673

Est. Publicity Value USD \$121

Market Hamilton, OH

Language English

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Date Collected Apr 13, 2024 10:08 AM EDT

Category Digital News

Source [ClickOnDetroit.com](#)

Author Adriana Morga

Est. Audience 135,858

Est. Publicity Value USD \$1,068

Market Detroit, MI

Language English

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Date Collected Apr 13, 2024 10:08 AM EDT

Category Digital News

Source [RiverBender.com](#)

Est. Audience 7,065

Est. Publicity Value USD \$60

Market Alton, IL

Language English

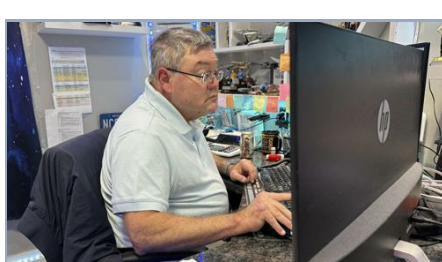
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Date Collected Apr 13, 2024 10:08 AM EDT

Category Digital News

Source [Yahoo! Finanzas](#)

Author ADRIANA MORGA

Est. Audience 2,764,456

Est. Publicity Value USD \$26,613

Market United States

Language English

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Market Baltimore, MD
Language English

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Date Collected Apr 13, 2024 10:07 AM EDT
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Source [WSLS](#)
Author Adriana Morga

Est. Audience 23,368
Est. Publicity Value USD \$197
Market Roanoke, VA
Language English

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Date Collected Apr 13, 2024 10:06 AM EDT
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Source [Springfield News Sun](#)
Author ADRIANA MORGA

Est. Audience 8,695
Est. Publicity Value USD \$80
Market Springfield, OH
Language English

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Date Collected Apr 13, 2024 10:05 AM EDT
Category Digital News
Source [Newsday](#)
Author The Associated Press

Market United States
Language English

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Date Collected Apr 13, 2024 10:05 AM EDT

Market United States

Category Digital News

Language English

Source [News Nation Now](#)

Author Adriana Morga, Associated Press

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Market United States

Category Digital News

Language English

Source [WGN Radio 720 - Chicago's Very Own](#)

Author Adriana Morga, Associated Press

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Date Collected Apr 13, 2024 10:05 AM EDT

Market United States

Category Digital News

Language English

Source [Fox 44 News](#)

Author Adriana Morga, Associated Press

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Source [KREX/KFOX/KGIT](#)
Author Adriana Morga, Associated Press

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Language English

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Source [KSEE/KGPE](#)
Author Adriana Morga, Associated Press

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"Our money and mental health intersect because they're two parts of our overall wellness," said Bryan-Podvin.

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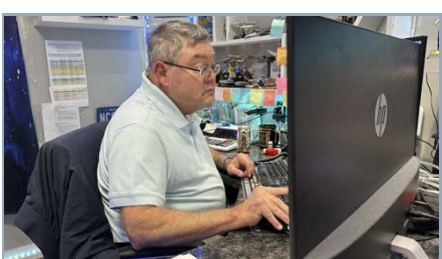
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Author Kaitlin Vogel

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Est. Publicity Value USD \$1
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Category Digital News
Source [Qoshe](#)
Author Joyce Marter Lcpc

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Self-improvement allows us to better ourselves both personally and professionally. It involves a conscious effort to enhance skills, knowledge, habits, and overall well-being. Although it's good to strive for self-improvement, motivation can sometimes take work. Self-improvement can be an unpredictable, thrilling experience, much like riding a roller coaster.

Highs, lows, challenges, and triumphs come from striving for personal development and growth. Like roller coasters, self-improvement journeys also contain difficult moments. Along the way, challenges, obstacles, and pitfalls may threaten ...



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Est. Audience 39,235,913
Est. Publicity Value USD \$359,230
Market United Kingdom
Language English

... that parents can take to make having a baby easier on them financially.

According to the money-saving experts, here are their top tips that will help moms and dads-to-be prepare for their exciting new arrival.

Make a plan and do it as far in advance as possible

Financial therapist and author **Joyce Marter**, from Florida, explained to the publication that simply having a plan in place can make all the difference.

She suggested making time to sit down with your partner to figure out how much you both make, what your expenses will be, and how much you can put aside each month for your children.

She ...



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Time Mar 12, 2024 11:00 PM EDT
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Source [MyAlbertlea](#)

Author Courtney Doyle

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Source [Midwest Farm Report](#)

Author Charitee Seebecker

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[The Pitfalls of Multitasking at Work](#)

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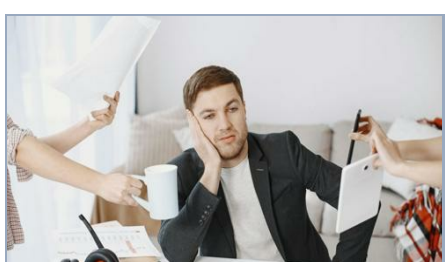
Market Turkey

Author Joyce Marter Lcpc

Language English

In this digitally driven world, employers often seek employees who can multitask because they believe it can increase productivity and efficiency in the workplace. While multitasking may seem like a productivity booster, it can also lead to decreased focus, poorer work quality, and increased stress levels. Multitasking has been proven to reduce productivity and job performance: You waste time as your brain shifts gears from one activity to another, causing stress and potentially leading to burnout.

When you multitask, you attempt to perform multiple tasks simultaneously or switch between ...



[The Pitfalls of Multitasking at Work](#)

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Date Collected Mar 4, 2024 10:49 AM EST

Est. Audience 1,271,635

Category Digital News

Est. Publicity Value USD \$9,772

Source [Psychology Today](#)

Market United States

Author Joyce Marter LCPC

Language English

Eight ways to ask your boss to reduce multitasking.

Key points

Multitasking has been proven to decrease productivity and quality of work.

Increased stress levels and burnout at work are repercussions of multitasking.

Single-tasking allows you to focus on one task at a time at work.

In this digitally driven world, employers often seek employees who can multitask because they believe it can increase productivity and efficiency in the workplace. While multitasking may seem like a productivity booster, it can also lead to decreased focus, poorer work quality, and increased stress levels. ...



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Market Madison, WI
Language English

... updates, and personal growth and development. The seminar will feature multiple sessions and collaborative discussions.

Agriculture journalist Pam Jahnke will be master of ceremonies; Delaney Howell will delve into the global landscape with her session, "American Agriculture in a Global World"; **Joyce Marter**, a mental health advocate, will shed light on "Mental Health Awareness: Promoting Wellbeing in Yourselves and Others"; and Tina VanSteenbergen, a professional in cultivating powerful relationships, will explore the significance of female solidarity in her session.

For registration and more ...



🌐 Speak Life

🚀 279

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Author Heather Wiest

Language English

... conscience choice to nurture your relationships with verbal communications of love. Be kind and sincere. Ask open-ended questions with an open heart. Listen empathically and non-defensively. Remember, there are no conditions, no strings, no expectations, and no manipulation. Simply, love to love. ~ **Joyce Marter** Give the gift of your full presence. Speak words that build up, edify, encourage, and heal. Love big. Love more. Embrace these 50 Loving Sentiments. Remember the expressions that resonate with you, and share abundantly with those around you. SPEAK LIFE. 1. I am here for you. 2. Thank you. Thanks ...



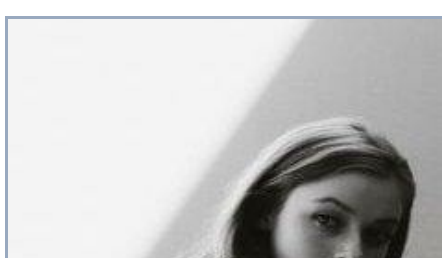
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TRSA to host HR, Health and Safety Summit in Milwaukee

282

Date Collected Feb 19, 2024 11:51 AM EST
Category Digital News
Source Laundry and Cleaning News

Est. Audience 1,087
Est. Publicity Value USD \$17
Market United Kingdom
Language English

... improve their human resources and safety practices, comply with the latest regulations, and enhance their employee engagement and performance. Attendees also will have the opportunity to network with peers, share best practices and learn from industry leaders.

The keynote speaker for the summit is **Joyce Marter**, a mental health thought leader and the founder of **Joyce Marter** Enterprises. Marter will share insights and strategies on how to promote mental wellness in the workplace, reduce stress and burnout, and foster a positive and productive work environment.

The HR track will include ...



Quote City @DeepQuoteCity

283

Time Feb 18, 2024 12:40 PM EST
Language English

Followers 5

The Financial Mindset Fix - **Joyce Marter**



zamat sudarxvnatsuapyolivia @zamat suda69534

284

Time Feb 18, 2024 5:01 AM EST
Language English

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Illinois Counseling Association @IlCounseling

285

Time Feb 16, 2024 2:01 PM EST
User Location DeKalb, IL
Language English

Followers 763

ICA is excited to present two Private Practice Webinars presented by **Joyce Marter**, LCPC exploring Social Media and Marketing and Business Strategy topics.

Available now on our website: <https://t.co/dUfwcn8bCl>

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TRSA HR, Health and Safety Summit: Elevating Workplace Mental Health and Safety

286



Date Collected Feb 14, 2024 12:35 PM EST

Category Digital News

Source [BNN Breaking](#)

Author BNN Correspondents

Est. Audience 346,162

Est. Publicity Value USD \$3,202

Market United States

Language English

... pressing topics. Among the key issues to be explored are mental health, employee retention, and compensation, with a particular focus on fostering a healthy and engaged workforce.

Expert Insights and Networking Opportunities

Advertisement

The summit's roster of esteemed speakers is headlined by **Joyce Marter**, a renowned mental health thought leader. Marter's keynote address will offer attendees a unique perspective on the importance of prioritizing mental health in the workplace. In addition to Marter's presentation, summit-goers will have the chance to partake in panel discussions, roundtable sessions ... TRSA summit is set to be a must-attend event for laundry managers and executives seeking to make a lasting impact on the wellbeing of their workforce.

Key points:

- TRSA HR, Health and Safety Summit on April 30 in Milwaukee
- Focus on mental health, employee retention, and compensation
- Keynote by **Joyce Marter**, mental health thought leader
- Presentations on HR laws, safety, and AI solutions
- Networking opportunities with industry leaders



Hone Skills for Human Resources, Health & Safety

287

Date Collected Feb 14, 2024 10:44 AM EST

Category Digital News

Source [Facility Safety Management](#)

Est. Audience 217

Est. Publicity Value USD \$3

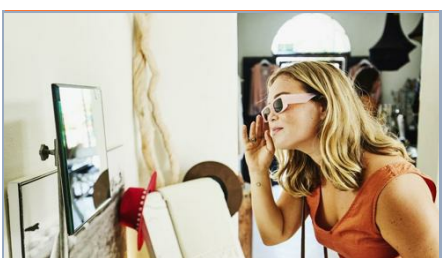
Market United States

Language English

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The HR track will include ...



Embrace Financial Transparency: The Power of Loud Budgeting

288

Date Collected Feb 13, 2024 11:36 PM EST

Category Digital News

Source [BNN Breaking](#)

Author Olalekan Adigun

Est. Audience 346,162

Est. Publicity Value USD \$3,202

Market United States

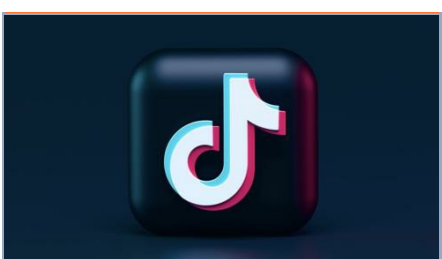
Language English

... , loud budgeting involves openly sharing your savings goals and avoiding unnecessary spending. This trend has gained popularity due to the increasing financial pressures such as high-interest rates and student loan payments.

Financial Transparency and Empowerment

Advertisement

Financial therapist **Joyce Marter** and personal finance expert Erica Sandberg believe that loud budgeting can promote financial autonomy, transparency, and self-worth in managing finances. By being open about financial decisions, individuals can set healthy boundaries, communicate their money goals, and make informed spending ...



Experts Call 'Loud Budgeting' TikTok Trend 'Empowering'

289

Date Collected Feb 13, 2024 1:30 PM EST

Category Digital News

Source [Movie Guide](#)

Author India Mccarty

Market United States

Language English

... . Although it started as a joke, Battle — and others — now see it as a real financial plan.

"Having financial autonomy and being confident and kind of being transparent about your money situation can be just as cool as flexing it and trying to buy all these expensive items," Battle told CNN.

Joyce Marter, LCPC, financial therapist and author of "The Financial Mindset Fix: A Mental Fitness Program for an Abundant Life," explained that loud budgeting "separates worth from the ability to afford material possessions or costly experiences."

Marter added that by communicating your financial boundaries ...



xxzkavyagzhqinbubkay [@xxzkavyagz62083](#)

290

Time Feb 13, 2024 7:12 AM EST

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Language English

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Time Feb 11, 2024 12:36 PM EST

Followers 0

Language English

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Hone Skills for Human Resources, Health & Safety

292

Date Collected Feb 9, 2024 4:16 PM EST

Market United States

Category Blog

Language English

Source [TRSA](#)

Author trsa_jason

... their human resources and safety practices, comply with the latest regulations, and enhance their employee engagement and performance. Attendees also will have the opportunity to network with peers, share best practices and learn from industry leaders.

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The HR track will include ...



Hone Skills for Human Resources, Health & Safety

293

Date Collected Feb 9, 2024 12:12 PM EST

Market United States

Category Blog

Language English

Source [TRSA](#)

Author trsa_jason

... their human resources and safety practices, comply with the latest regulations, and enhance their employee engagement and performance. Attendees also will have the opportunity to network with peers, share best practices and learn from industry leaders.

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The HR track will include ...



Hone Skills for Human Resources, Health & Safety

294

Date Collected Feb 9, 2024 11:45 AM EST

Market United States

Category Digital News

Language English

Source [Textile Services Magazine](#)

... improve their human resources and safety practices, comply with the latest regulations, and enhance their employee engagement and performance. Attendees also will have the opportunity to network with peers, share best practices and learn from industry leaders.

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The HR track will include ...



Financial experts love TikTok's "loud budgeting" trend — here's why

295

Date Collected Feb 6, 2024 3:22 PM EST

Category Digital News

Source [Today.com](https://www.today.com)

Author Perri Ormont Blumberg

Est. Audience 842,322

Est. Publicity Value USD \$7,063

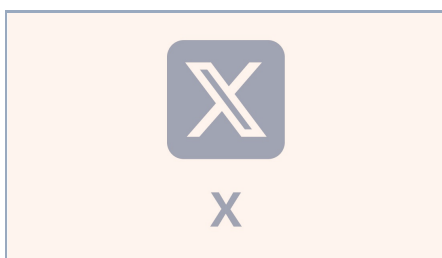
Market United States

Language English

"Hey guys, I'm not rich."

Those are the words that the 20-year-old daughter of **Joyce Marter**, LCPC, financial therapist, recently told her mother she said to her college roommates when they started picking out expensive decor to divide amongst themselves for purchase.

While Marter, author of *The Financial Mindset Fix: A Mental Fitness Program for an Abundant Life*, didn't know it at the ...



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Time Feb 4, 2024 11:40 PM EST

Followers 0

Language English

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297

Time Jan 31, 2024 2:02 PM EST

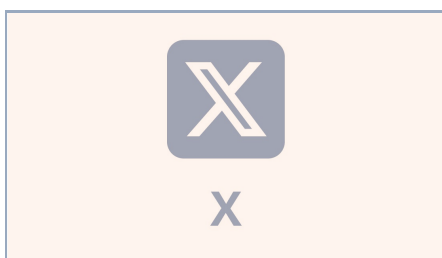
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User Location DeKalb, IL

Language English

ICA is excited to present two Private Practice Webinars presented by **Joyce Marter**, LCPC exploring Social Media and Marketing and Business Strategy topics. Available now on our website: <https://t.co/dUfwcn8bCI>

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298

Time Jan 30, 2024 11:52 AM EST

Followers 0

Language English

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🌐 **How Pets May Reduce Dementia Risks Later in Life**

300

Date Collected Jan 25, 2024 9:47 AM EST

Category Digital News

Source [Qoshe](#)

Author Joyce Marter Lcpc

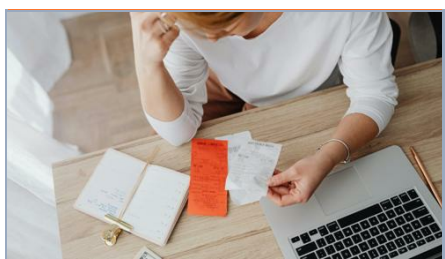
Est. Audience 9,782

Est. Publicity Value USD \$1,586

Market Turkey

Language English

AeonAl JazeeraAmérica EconomíaBlitzBuenos Aires HeraldDeutsche WelleDnevnikE-InternationalHaaretzIl Manifesto GlobalJapan TodayKhaama PressMiddle East MonitorNikkei Asian ReviewOped ColumnPravda.skProject SyndicatePsychology TodayRT.comSME.skSouth China Morning PostThe Asahi ShimbunThe DiplomatThe Japan NewsThe Japan TimesThe Korea TimesThe Times of IsraelThe Times of Israel (Blogs)Večerالعین الإخبارية



🌐 **Stresszelsz a pénz miatt? Így élheted túl a nehezebb időszakokat!**

301

Date Collected Jan 23, 2024 9:46 AM EST

Category Digital News

Source [Nok Lapja Cafe](#)

Est. Audience 3,804

Est. Publicity Value USD \$47

Market Hungary

Language Hungarian

... , mintha "csak" aggódnánk a jövő miatt.

A rossz hír pedig az, hogy minél jobban megvisel minket a létbizonytalanság, annál kevésbé tudunk aktívan foglalkozni a helyzet megoldásával, de mit lehet tenni annak érdekében, hogy ez ne történjen meg, hogy át tudjuk vészelné a nehéz idöket?

Fotó: Pexels

Joyce Marter pszichoterapeuta egyik fő érdeklödési területe a pénzügyi viselkedéstan, és össze is gyjtött pár tippet, ami segíthet.

1. Elöször is érdemes visszatérni a gyökerekhez. Jelen esetben azt jelenti, hogy felidézük, a szüleink milyen mintákat adtak át ha a pénzügyi tudatosságról van szó, mit láttunk ...



🌐 **6 Ways to Reduce Financial Anxiety to Boost Mental Health**

302

Date Collected Jan 22, 2024 4:38 PM EST

Category Digital News

Source [Qoshe](#)

Author Joyce Marter Lcpc

Est. Audience 9,782

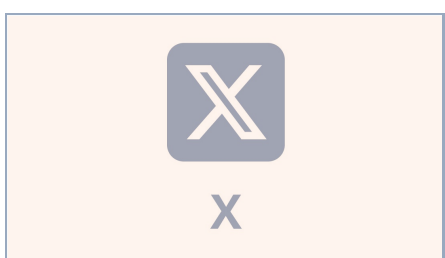
Est. Publicity Value USD \$117

Market Turkey

Language English

Mental health and financial wellness are inextricably related. When we don't believe in ourselves and our ability to be financially well, we get caught in a downward spiral of fear, uncertainty, self-limitation, and financial self-sabotage. If we don't believe we will be financially successful, we won't. If we believe we will be prosperous and are deserving of that, we will take responsibility and necessary action to practice financial self-care.

As a licensed psychotherapist practicing for over 25 years and a financial behavioral expert, I've seen the benefits of eliminating financial ...



👤 [@767SV](#)

303

Time Jan 15, 2024 3:21 AM EST

🔄 **Reposts** 3

★ **Favorited** 3

👤 **Followers** 8.5K

Language English

Kings: Deep shame makes us sweep things under the rug. However, if it's under the rug, it's still in the house.

Deep shame is "corrosive paralyzing, and cancerous. ~Joyce Marter

<https://t.co/bG7vsKz6q2>

[#therapyforblackmen](#)

[#trauma](#) [#shame](#) <https://t.co/NICzqZjtFl>



🌐 **Words Don't Come Easy**

304

Date Collected Jan 13, 2024 12:49 PM EST

Language English

Category Blog

Source [Sermons on the Couch](#)

Author sistercindy

... the gamut of outcomes.

I suppose I thought that the hard part was getting my courage up in the first place and things would fall into place from there. (Future me offers up an, "Oh, Sweetie" and a pat on the head.) Dearest, if you're facing such a situation, allow me to share some advice from **Joyce Marter**, Licensed Professional Counselor that I wish I'd had in advance.

First, a little prep work can set the stage and make a positive outcome more likely. Getting clear about why this conversation is important to you and what you hope to accomplish is a good place to start. Reviewing your boundaries ...



🌐 **Do you start sweating and shaking when it is your round?: Chrometophobia - the fear of cash or spending - is a real issue, reports Mattie Brignal**

305

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Date Collected Jan 13, 2024 2:05 AM EST

Category Print

Source [The Daily Telegraph \(London\)](#)

Est. Audience 317,817

Est. Publicity Value USD \$2,037

Market United Kingdom

Language English

... rarity of the condition is "absolutely" down to under-diagnosis, she adds.

"I've had people coming to me with fear of money, but they don't know the term chrometophobia. They would come with anxiety and other symptoms and then when we peel it back we would discover their irrational fear."

Joyce Marter, a psychotherapist and mental health expert, says a harsh economic climate tends to increase the prevalence of chrometophobia.

She says: "In 25 years of clinical practice, I have seen dozens of cases - especially during times of economic distress and/or when there is another underlying mental ...

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🌐 **How You Think Self-Improvement Goes, Versus How It Actually Goes**

306

Date Collected Jan 9, 2024 3:17 PM EST

Category Blog

Source [The Good Men Project](#)

Author Ryan Fan

Market United States

Language English

... sometimes, I have to confront there's an issue in my teaching methods that stopped the student from progressing like I wanted them to. One of those methods was that lecturing and talking at students did not work — I had to release responsibility to each individual student.

According to counselor **Joyce Marter** at Psych Central, therapy is often the same way. When clients start therapy, they often have some sort of major breakthrough that was the reason they accepted their need for help anyway. But eventually, clients experience setbacks, have major stressors and transitions, and regress. As a ...



🌐 **Always the butt of penny-pincher jokes? You could have this rare condition**

307

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Date Collected Jan 9, 2024 11:30 AM EST
Category Digital News
Source [Telegraph](#)
Author By Mattie Brignal, Senior Money Reporter

Est. Audience 1,823,611
Est. Publicity Value USD \$13,670
Market United Kingdom
Language English

... rarity of the condition is "absolutely" down to under-diagnosis, she added.

"I've had people coming to me with fear of money, but they don't know the term chrometophobia.

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[Always the butt of penny-pinching jokes? You could have this rare condition](#)

[↗](#) 308

Date Collected Jan 9, 2024 10:46 AM EST
Category Digital News
Source [Yahoo! Finance UK and Ireland](#)

Est. Audience 142,628,984
Est. Publicity Value USD \$899,158
Market United Kingdom
Language English

... rarity of the condition is "absolutely" down to under-diagnosis, she added.

"I've had people coming to me with fear of money, but they don't know the term chrometophobia.

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[↗](#) 309

Date Collected Jan 9, 2024 10:11 AM EST
Category Digital News
Source [Yahoo! News UK and Ireland](#)
Author Mattie Brignal

Est. Audience 142,628,984
Est. Publicity Value USD \$1,059,126
Market United Kingdom
Language English

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She said: "In 25 years of clinical practice, I have seen dozens of cases – especially during times of economic distress and/or when there is another underlying mental health condition, such as ...



[Always the butt of penny-pincher jokes? You could have this rare condition](#)

[↗](#) 310

Date Collected Jan 9, 2024 10:10 AM EST
Category Digital News
Source [Yahoo! News](#)
Author Mattie Brignal

Est. Audience 13,913,761
Est. Publicity Value USD \$86,353
Market United States
Language English

... rarity of the condition is "absolutely" down to under-diagnosis, she added.

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Date Collected Jan 9, 2024 10:10 AM EST
Category Digital News
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Est. Audience 142,628,984
Est. Publicity Value USD \$899,158
Market United Kingdom
Language English

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312

Date Collected Jan 9, 2024 10:01 AM EST
Category Digital News
Source [Telegraph](#)
Author Mattie Brignal, Senior Money

Est. Audience 1,823,611
Est. Publicity Value USD \$14,325
Market United Kingdom
Language English

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She said: "In 25 years of clinical practice, I have seen dozens of cases – especially during times of economic distress and/or when there is another underlying mental ...



[How to avoid fraudsters when writing checks](#)

313

Date Collected Dec 27, 2023 5:50 PM EST
Category Digital News
Source [Yahoo! Finance](#)
Author Perri Ormont Blumberg

Est. Audience 11,456,870
Est. Publicity Value USD \$35,985
Market United States
Language English

... a refresher, we're here to help.

And if you're completely clueless on the check-writing front, know that you're not alone: "A couple of years ago, after discussing finances with my teen and young adult kids, I realized how detached they are from financial transactions that aren't digital," recalls **Joyce Marter**, financial therapist and author of *The Financial Mindset Fix: A Mental Fitness Program for an Abundant Life*. "I handed them each a blank check of mine, and told them to make the check out to themselves for \$50. Whoever did it correctly could keep the check. None of them did."

This has inspired ...



[How to write a check, per financial pros](#)

314

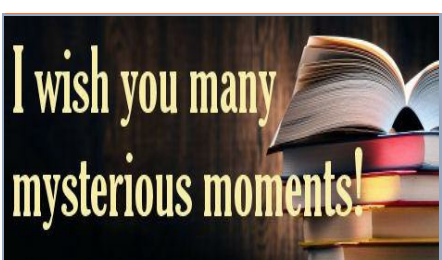
Date Collected Dec 27, 2023 11:29 AM EST
Category Digital News
Source [Today.com](#)
Author Perri Ormont Blumberg

Est. Audience 842,322
Est. Publicity Value USD \$2,649
Market United States
Language English

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This has inspired ...



[Musings - New Year's Vision Board](#)

315

Date Collected Dec 26, 2023 4:30 PM EST
Category Blog
Source [Mysteries and My Musings](#)
Author A.F. Heart

Market United States
Language English

A vision board is a collection of images and words that symbolize your goals, dreams and visions of success for what you want to accomplish.

Joyce Marter contributed to HuffPost these thoughts on Vision Boarding:

Think of the idea of "self-fulfilling prophecy. Over and over again, I have seen that if we anticipate an outcome, it is more likely to occur that way because our thoughts precede our behaviors. As author Wayne Dyer said, Our intention ...



Seeing the Future Together

 316

Date Collected Dec 20, 2023 5:11 PM EST

Category Digital News

Source [Qoshe](#)

Author Joyce Marter Lcpc

Est. Audience 9,782

Est. Publicity Value USD \$67

Market Turkey

Language English

After 25 years of practicing as a psychotherapist, I have developed a healthy respect for self-fulfilling prophecies. If we don't believe we will achieve our goals or attain our dreams, we won't.

I see vision boards as tools to help manifest our dreams and goals. We have been creating a family vision board since my kids were little. Kids as young as five can participate in this activity that can become a family tradition.

In today's busy world, keeping track of the goals, dreams, and aspirations of everyone in a family can be challenging. With parents working long hours, children engaged in ...



Money stress can ruin your holidays. Here's how to conquer it.

 317

Date Collected Dec 19, 2023 9:57 AM EST

Category Digital News

Source [Morningstar.com](#)

Est. Audience 429,313

Est. Publicity Value USD \$3,271

Market United States

Language English

... to get a grip on your sanity - and maybe even your budget - amid the holiday spending frenzy.

Step No. 1: Identify your money stories or 'money scripts'

It's important to remember that our thoughts, feelings and beliefs about money play an important role in shaping our financial behaviors, said **Joyce Marter**, LCPC, financial therapist and author of "The Financial Mindset Fix: A Mental Fitness Program for an Abundant Life."

"Behaviors around money are very much connected to our financial health," Marter said.

Many of those psychological narratives about money can date back to childhood and are passed ...



It's science: Clutter can definitely give you anxiety

 318

Date Collected Dec 16, 2023 7:24 PM EST

Category Digital News

Source [Yahoo! Singapore](#)

Author Anne-Marie Gambelin

Est. Audience 142,628,984

Est. Publicity Value USD \$513,515

Market Singapore

Language English

... . "By purging unneeded items from our homes, it is like deleting files to create disk space on your computer. Suddenly, the whole operating system is more efficient... this decreases stress and increases your effectiveness personally and professionally," says Licensed Clinical Professional Counselor, **Joyce Marter**.

Decluttering promotes:

Better sleep

A study by Pamela Thacher, assistant professor of psychology at St. Lawrence University in Canton, N.Y., found that "People who sleep in cluttered rooms... are more likely to have sleeping problems. This includes having trouble falling asleep at night and ...



It's science: Clutter can definitely give you anxiety

 319

Date Collected Dec 16, 2023 8:16 AM EST

Category Digital News

Source [Yahoo! Sports UK and Ireland](#)

Author Anne-Marie Gambelin

Est. Audience 142,628,984

Est. Publicity Value USD \$447,513

Market United Kingdom

Language English

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It's science: Clutter can definitely give you anxiety

 320

Date Collected Dec 16, 2023 8:14 AM EST
Category Digital News
Source [Motherly](#)
Author Anne-Marie Gambelin

Est. Audience 43,475
Est. Publicity Value USD \$134
Market United States
Language English

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It's science: Clutter can definitely give you anxiety

 321

Date Collected Dec 16, 2023 8:14 AM EST
Category Digital News
Source [Yahoo Lifestyle](#)
Author Anne-Marie Gambelin

Est. Audience 258,620,099
Est. Publicity Value USD \$821,761
Market United States
Language English

... . "By purging unneeded items from our homes, it is like deleting files to create disk space on your computer. Suddenly, the whole operating system is more efficient... this decreases stress and increases your effectiveness personally and professionally," says Licensed Clinical Professional Counselor, **Joyce Marter** .

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It's science: Clutter can definitely give you anxiety

 322

Date Collected Dec 16, 2023 8:06 AM EST
Category Digital News
Source [Yahoo!Xtra](#)
Author Anne-Marie Gambelin

Est. Audience 142,628,984
Est. Publicity Value USD \$517,944
Market New Zealand
Language English

... . "By purging unneeded items from our homes, it is like deleting files to create disk space on your computer. Suddenly, the whole operating system is more efficient... this decreases stress and increases your effectiveness personally and professionally," says Licensed Clinical Professional Counselor, **Joyce Marter** .

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It's science: Clutter can definitely give you anxiety

 323

Date Collected Dec 16, 2023 8:05 AM EST
Category Digital News
Source [Yahoo! Canada](#)
Author Anne-Marie Gambelin

Est. Audience 1,086,204
Est. Publicity Value USD \$3,894
Market Canada
Language English

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[Even if it's the holiday season, I'm still spending with caution.](#)

324

Date Collected Dec 15, 2023 7:45 PM EST
Category Digital News
Source [Medium.com](#)
Author SHEENA RICARTE

Est. Audience 20,324,420
Est. Publicity Value USD \$111,149
Market United States
Language English

... " we encounter at this time of year.

Here are some ways to get a grip on your sanity — and maybe even your budget — amid the holiday spending frenzy.

It's important to remember that our thoughts, feelings and beliefs about money play an important role in shaping our financial behaviors, said **Joyce Marter**, LCPC, financial therapist and author of "The Financial Mindset Fix: A Mental Fitness Program for an Abundant Life."

"Behaviors around money are very much connected to our financial health," Marter said.

Many of those psychological narratives about money can date back to childhood and are passed ...



[Money baggage can ruin your holidays. Here's how to conquer it.](#)

325

Date Collected Dec 15, 2023 12:31 PM EST
Category Digital News
Source [Morningstar.com](#)

Est. Audience 429,313
Est. Publicity Value USD \$3,271
Market United States
Language English

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[Money baggage can ruin your holidays. Here's how to conquer it.](#)

326

Date Collected Dec 15, 2023 12:16 PM EST
Category Digital News
Source [MarketWatch](#)
Author Hannah Erin Lang

Market United States
Language English

... to get a grip on your sanity — and maybe even your budget — amid the holiday spending frenzy.

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[Wellness Curated By Anshu Bahanda](#) [@WellnessCurated](#)

327

Time Dec 14, 2023 7:53 AM EST
Language English

 **Followers** 48

This bias may make you hold on to stocks despite market declines, waiting for a rebound to original high prices. Break free from such pitfalls and enhance your wealth strategy with expert insights from psychotherapist **Joyce Marter**. (link in bio)



[Illinois Counseling Association](#) [@IlCounseling](#)

328



Time Dec 13, 2023 9:02 AM EST

Followers 755

User Location DeKalb, IL

Language English

ICA is excited to present two Private Practice Webinars presented by **Joyce Marter** exploring Social Media and Marketing and Business Strategy topics. Available now on our website: <https://t.co/dUfwcn8bC>

[#CEs](#) [#ilcounseling](#) [#webinars](#) [#counseloreducation](#) [#privatepractice](#)



Wellness Curated By Anshu Bahanda [@WellnessCurated](#)

329

Time Dec 8, 2023 4:17 AM EST

Followers 48

Language English

Start trying these methods and see the holistic benefits they bring. And don't miss my episode with **Joyce Marter**, an author, psychotherapist, and entrepreneur, who has fantastic tips for you on how to conquer the demons that may be keeping you from financial success (link in bio)



Wellness Curated By Anshu Bahanda [@WellnessCurated](#)

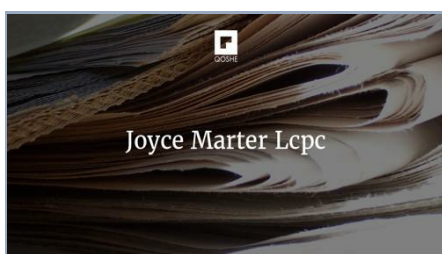
330

Time Dec 6, 2023 4:43 AM EST

Followers 48

Language English

On 'Mind over Money' (link in bio), esteemed psychotherapist **Joyce Marter** suggests practising mindfulness. I'd love to hear if you've tried anything that has worked for you in improving your financial mindset.



10 Ways to Let Go of Perfectionism During the Holidays

331

Date Collected Nov 27, 2023 9:59 AM EST

Category Digital News

Source [Qoshe](#)

Author Joyce Marter Lcpc

Est. Audience 9,782

Est. Publicity Value USD \$318

Market Turkey

Language English

People often associate the holidays with joy, laughter, and cherished memories. However, this time of year can be overwhelming and stressful for those who struggle with perfectionism. Maybe it's having picture-perfect decorations, finding that perfect gift, looking flawless, or creating cherished family gatherings. All of the pressure to meet unrealistic expectations can cause unnecessary stress.

Perfectionism, characterized by an unrelenting pursuit of high standards, can be exhausting and, research shows, it can have a profound impact on all aspects of your life. By letting go of ...



Jamison Williams [@JamisonWil42824](#)

332

Time Nov 16, 2023 3:08 AM EST

Followers 0

Language Spanish

Libro FITNESS MENTAL PARA UNA VIDA ABUNDANTE Descargar PDF - **JOYCE MARTER**

- <https://t.co/8W5pDon8SF>

Descargar o leer en línea FITNESS MENTAL PARA UNA VIDA ABUNDANTE Libro gratuito (PDF ePub Mobi) de **JOYCE MARTER**.
FITNESS MENTAL PARA UNA VIDA



[Finding Light in the Darkness](#)

333

Date Collected Nov 6, 2023 11:49 AM EST
Category Digital News
Source [Qoshe](#)
Author Joyce Marter Lcpc

Est. Audience 9,782
Est. Publicity Value USD \$207
Market Turkey
Language English

In a world where mass shootings and the horrific tragedies of war are continually in your news feed, it's easy to feel hopeless. Glimmers can help you achieve a more positive outlook when faced with adversity.

Glimmers are those flickers of hope, happiness, or optimism that we encounter during challenging times or when we're feeling down. Finding glimmers can be as effortless as spotting a rainbow, listening to a child's laughter, or experiencing a sense of achievement. Such brief instances of positivity serve as beacons of hope, aiding us in managing stress and worries while keeping us ...



[I'm a financial advisor, here's how much money parents should have saved up before having a baby](#)

334

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Date Collected Oct 19, 2023 12:32 PM EDT
Category Digital News
Source [Mail Online UK](#)
Author Lillian Gissen For Dailymail.Com

Est. Audience 11,975,376
Est. Publicity Value USD \$105,872
Market United Kingdom
Language English

... a baby easier on them financially.

According to the money-saving experts, here are their top tips that will help moms and dads-to-be prepare for their exciting new arrival.

Make a plan and do it as far in advance as possible

Financial therapist and author **Joyce Marter**, from Florida, explained to the publication that simply having a plan in place can make all the difference.

She suggested making time to sit down with your partner to figure out how much you both make, what your expenses will be, and how much you can put aside each month for your children.

She ...

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[I'm a financial advisor, here's how much money parents should have saved up before having a baby](#)

335

Date Collected Oct 19, 2023 9:43 AM EDT
Category Digital News
Source [Mail Online UK](#)
Author Lillian Gissen

Est. Audience 11,975,376
Est. Publicity Value USD \$109,753
Market United Kingdom
Language English

... cutting back on frivolous spending aren't the only steps that parents can take to make having a baby easier on them financially.

According to the money-saving experts, here are their top tips that will help moms and dads-to-be prepare for their exciting new arrival.

Financial therapist and author **Joyce Marter**, from Florida, explained to the publication that simply having a plan in place can make all the difference.

She suggested making time to sit down with your partner to figure out how much you both make, what your expenses will be, and how much you can put aside each month for your children.

She ...



[Savvy expecting parents need to start financial planning now](#)

336

Date Collected Oct 18, 2023 6:48 AM EDT
Category Digital News
Source [New York Post](#)
Author Perri Ormont Blumberg

Est. Audience 5,086,539
Est. Publicity Value USD \$48,545
Market United States
Language English

When **Joyce Marter**, a licensed clinical professional counselor, financial therapist and author of "The Financial Mindset Fix: A Mental Fitness Program for an Abundant Life" was in her 20s, she said to her pregnant supervisor, "I look forward to having a baby when my husband and I are more ready." Her manager's reply ...



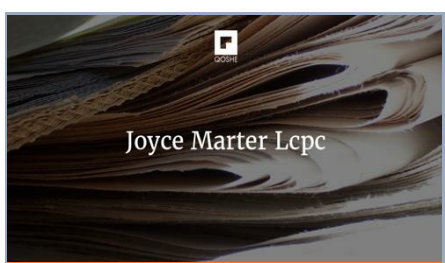
Savvy expecting parents need to start financial planning now

 337

Date Collected Oct 18, 2023 6:47 AM EDT
Category Digital News
Source [JNews.uk](#)
Author Ronny, October

Est. Audience 19,020
Est. Publicity Value USD \$143
Market United Kingdom
Language English

When **Joyce Marter**, a licensed clinical professional counselor, financial therapist and author of "The Financial Mindset Fix: A Mental Fitness Program for an Abundant Life" was in her 20s, she said to her pregnant supervisor, "I look forward to having a baby when my husband and I are more ready." Her manager's reply ...



Is It a Good Idea to Work Outside Designated Work Hours?

 338

Date Collected Oct 10, 2023 11:15 AM EDT
Category Digital News
Source [Qoshe](#)
Author Joyce Marter Lcpc

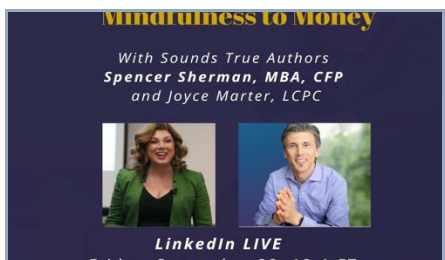
Est. Audience 9,782
Est. Publicity Value USD \$105
Market Turkey
Language English

The pandemic helped blur the physical boundaries between going to the workplace and being at home, because so many of us can work anywhere or any time of day as long as we can access a computer.

The ease of accessing work can easily muddle work-home boundaries and make it easier to work longer hours. According to a recent survey by Robert Half management consultants, about 70% of people who transitioned to remote work say they work more hours during the week and now work weekends, too. The reasons for doing so vary.

Four Reasons Why People Are Motivated to Work More

1. Riding the Wave of ...



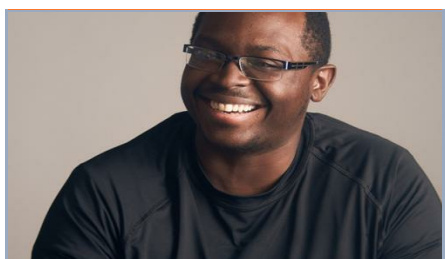
Spencer Sherman [@SpencerSherman](#)

 339

Time Sep 20, 2023 10:01 AM EDT
User Location California, USA
Language English

 **Followers** 113



Please join **Joyce Marter** and me as we discuss practical ways to apply mindfulness to money on a LinkedIn Live Friday, 9/22, 12-1 ET. We will discuss how to manage money anxiety, weather times of financial uncertainty, and cultivate both mental & financial resilience.



Dominique "Dom" Brightmon [@DomBrightmon](#)

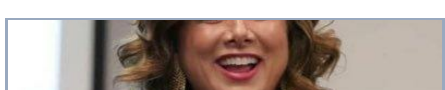
 340

Time Sep 17, 2023 1:05 PM EDT
User Location Baltimore, MD

 **Reposts** 2
 **Favorited** 1
 **Followers** 1.4K

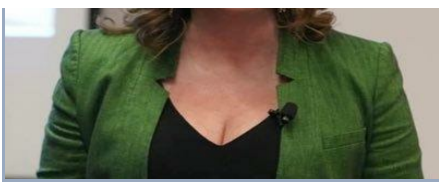
Language English

How Mental Health Programs Improve Your Bottom Line – An Interview With **Joyce Marter**
<https://t.co/ruFc05mRlQ> <https://t.co/IWG2Brn3H0>



Joyce Marter [@Joyce_Marter](#)

 341



Time Sep 17, 2023 1:02 PM EDT
User Location Cape Coral, FL
Language English

Reposts 1
Followers 2.5K

How Mental Health Programs Improve Your Bottom Line – An Interview With **Joyce Marter**
<https://t.co/ruFc05mRIO> <https://t.co/IWG2Brn3H0>



Phenomenal Impact: Unveiling the Transformative Journeys of Three Remarkable Women

342

Date Collected Sep 13, 2023 2:49 PM EDT
Category Blog
Source [Amy Boyle Photography Blog](#)
Author amyboylephoto

Market United States
Language English

... discovery in midlife narrated with an endearing honesty that resounds with many. In "Phenomenal Impact", Harris invites us over a cup of coffee, sharing with us her relentless pursuit of balance, her brave forays into the unknown and her role as a mentor to her fellow Korean adoptee community. Meet **Joyce Marter**: The Nurturer of Resilient Minds **Joyce Marter** © Amy Boyle Photography 2019 **Joyce Marter** has been a beacon of wisdom and guidance, embodying the very essence of a phenomenal woman. Through her role as a psychotherapist, keynote speaker, corporate trainer and the ...



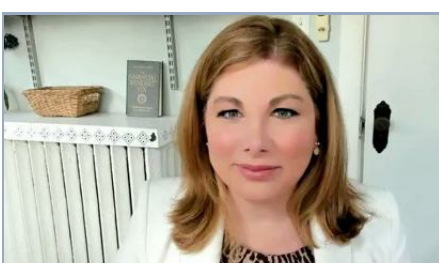
Turning the Corner [@TurnCornerLLC](#)

343

Time Sep 12, 2023 4:59 PM EDT
User Location Boulder & Denver, CO
Language English

Followers 199

How Mental Health Programs Improve Your Bottom Line – An Interview With **Joyce Marter**
<https://t.co/ruFc05mRIO>



Kansas Bankers Association [@KansasBankers](#)

344

Time Sep 1, 2023 12:10 PM EDT
User Location Topeka, KS
Language English

Followers 1.6K

You don't want to miss Ms. **Joyce Marter**'s presentation during the upcoming September 12-13 Tri-State HR Conference at the Doubletree Hotel, Overland Park. Learn more: <https://t.co/yIYs8mWZKS>



Motivation, productivité et créativité boostés : voici pourquoi certains travaillent mieux tard le soir ou très tôt le matin

345

Date Collected Aug 31, 2023 7:36 AM EDT
Category Digital News
Source [Marie Claire France](#)
Author Mélanie Hennebique

Est. Audience 195,636
Est. Publicity Value USD \$1,338
Market France
Language French

... sur son lieu de travail face aux tâches à accomplir.

Certaines personnes peuvent utiliser ce temps "pour rattraper leur retard, respecter une échéance ou travailler une tâche qui exige beaucoup de concentration sans les interruptions qui se produisent pendant les heures de bureau", détaille **Joyce Marter**, autrice de . "Cela peut réduire le stress

de la journée de travail à venir", ajoute-t-elle.

En effet, certaines personnes souffrent d'anxiété générale ou d'anxiété liée au travail, ce qui les pousse à travailler en dehors de leurs heures habituelles. Une enquête publiée en 2022 par l'ADP, ... trouver l'équilibre et se fixer des limites ?

Alors que cette envie soudaine de travailler peut à la fois provenir d'une poussée d'énergie créatrice ou d'anxiété, comment savoir si la démarche nous sera bénéfique ?

Écouter son corps et travailler quand il le souhaite présente des avantages. **Joyce Marter** cite la réduction du stress, l'amélioration de l'estime de soi et le renforcement du sentiment d'accomplissement. Sans parler de la productivité.

Toutefois, il est aussi essentiel d'avoir des limites et d'être attentif à ce que l'on ressent lorsque l'on travail. La psychologue Emily Treichler ...



[Why you feel motivated to work at odd hours of the day](#)



346

Date Collected Aug 30, 2023 2:43 AM EDT

Category Digital News

Source [Stylist Magazine](#)

Author Ashley Broadwater

Est. Audience 97,818

Est. Publicity Value USD \$447

Market United Kingdom

Language English

... ahead

If you have a lot on your to-do list, you may want to get a head start outside typical work hours. "They might want to utilise this time in order to catch up, meet a deadline, or work on a task that requires much concentration without the interruptions that occur during office hours," says **Joyce Marter**, a licensed counsellor and the author of *The Financial Mindset Fix: A Mental Fitness Program For An Abundant Life*. "This can reduce the stress of the workday to come."

Trying to avoid discomfort

Along those lines, though, be mindful of your intentions behind working. Is the urge to avoid your ...



[Here's How Often You Need To Vacation To Prevent Premature Death, Says Overwhelming Research](#)



347

Date Collected Aug 28, 2023 4:49 AM EDT

Category Digital News

Source [MSN United States](#)

Est. Audience 39,235,913

Est. Publicity Value USD \$346,199

Market United States

Language English

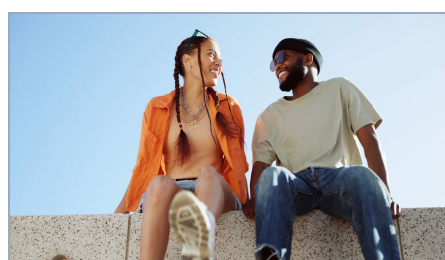
... that the average American left 9.5 vacation days on the table in 2021. While it may just seem like a few extra days at your desk here and there, consequences can creep up on you over time.

"Not taking time off from work to go on vacation or simply rest can lead to overwork and burnout,

" says **Joyce Marter**, LCPC, licensed psychotherapist and author of *The Financial Mindset Fix: A Mental Fitness Program for an Abundant Life*

What Is a 'Slow Living' Lifestyle? Here's why vacations are essential to health

"Just like athletes need built-in breaks from physical exercise, vacations are vital to health as ...



[Glimmers : ces petits moments de bonheur à repérer qu'il ne faut surtout pas négliger](#)



348

Date Collected Aug 23, 2023 3:38 PM EDT

Category Digital News

Source [Grazia France](#)

Author Dallo Dramé

Est. Audience 76,081

Est. Publicity Value USD \$1,467

Market France

Language French

... précieux, de joie qui font surgir cette étincelle de bonheur en nous. J'ai vu de mes propres yeux comment mes patients sont capables de mettre en place des mécanismes qui les motivent à trouver des moments de joie dans leur vie après avoir découvert leurs glimmers", explique la psychologue **Joyce Marter** à Choosing Therapy.



[Comment repérer les « glimmers », ces petits moments à chérir et qui nous rendent heureux ?](#)



349

Date Collected Aug 22, 2023 7:03 AM EDT

Category Blog

Source [Psychologies : tous les nouveaux sujets](#)

Est. Audience 76,081

Est. Publicity Value USD \$704

Market France

Language French

... de stress futurs. Par ailleurs, partager ces micro-joies avec les autres et réciproquement permettrait de renforcer les liens et de favoriser le bien-

être. " Bien souvent, nous oublions de chérir ces instants courts, mais précieux, de joie qui font surgir cette étincelle de bonheur en nous, exprime **Joyce Marter**, psychothérapeute, pour Choosing Therapy. J'ai vu de mes propres yeux comment mes patients sont capables de mettre en place des mécanismes qui les motivent à trouver des moments de joie dans leur vie après avoir découvert leurs glimmers. " Savez-vous prendre la vie du bon côté ? Faites le test !



Comment repérer les « glimmers », ces petits moments à chérir et qui nous rendent heureux ?

350

Date Collected Aug 22, 2023 4:23 AM EDT

Category Digital News

Source [Psychologies.com](https://psychologies.com)

Author Louise Leboyer

Est. Audience 76,081

Est. Publicity Value USD \$1,268

Market France

Language French

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Savez-vous prendre la vie du bon côté ? Faites le test !



The Juniper Center Counseling & Therapy [@JuniperCenter](https://twitter.com/JuniperCenter)

351

Time Aug 14, 2023 12:02 PM EDT

User Location Illinois, USA

Language English

 **Followers** 429

Do you ever think about selling your counseling practice in the future & struggle with how and when you would even start? Today, we welcome back **Joyce Marter** to discuss the importance of having an exit strategy in a new podcast episode! Check it out today! <https://t.co/qKaHBcCSuW>



Joyce Marter [@Joyce_Marter](https://twitter.com/Joyce_Marter)

352

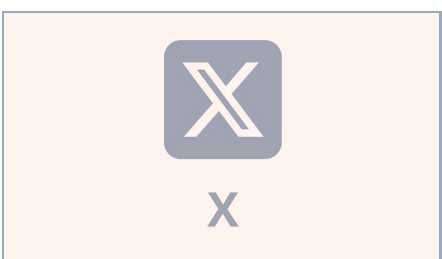
Time Aug 6, 2023 9:36 PM EDT

User Location Cape Coral, FL

Language English

 **Reposts** 1
 **Followers** 2.5K

Joyce Marter, LCPC ([@Joyce_Marter](https://twitter.com/Joyce_Marter)) - What's Your Money Story? | The Dr. Will Show Podcast <https://t.co/kn4DlkpAQ5>



Will Deyamport, III, Ed.D. [@iamDrWill](https://twitter.com/iamDrWill)

353

Time Aug 6, 2023 2:45 PM EDT

User Location Wakanda

Language English

 **Followers** 15.3K

Joyce Marter, LCPC ([@Joyce_Marter](https://twitter.com/Joyce_Marter)) - What's Your Money Story? | The Dr. Will Show Podcast <https://t.co/kn4DlkpAQ5>



2023 Indie Book Award Winners Announced

354



(Requires Critical Mention login)

Date Collected Aug 5, 2023 4:36 PM EDT
Category Digital News
Source [MENAFN -Press Releases \(English\)](#)

Est. Audience 86,949
Est. Publicity Value USD \$773
Market Jordan
Language English

... University Press)
Third Place Winner (\$500 Prize)
Dear White Woman, Please Come Home: Hand Me Your Bias, and I'll Show You Our Connection, by Kimberlee Yolanda Williams (Elephant Room Press)
Honorable Mention (\$250 Prize)
The Financial Mindset Fix: A Mental Fitness Program for an Abundant Life, by **Joyce Marter** (Sounds True)
Other Winners
Top books were named as winners and finalists in over 80 publishing categories ranging from Action/Adventure to Young Author. A complete list of 2023 winners and finalists is available at the Next Generation Indie Book Awards website at indiebookawards.com.
Where to ...

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Boundaries are Good

355

Date Collected Aug 3, 2023 5:32 PM EDT
Category Blog
Source [How to Drive Like a Minister](#)

Est. Audience 112
Est. Publicity Value USD \$1
Language English

... Keep the permeability and thresholds, shift boundaries if you need to and can do it safely.
"Boundaries should be firm enough so that your emotional and physical well-being and safety are protected, but permeable enough to allow for intimacy, love, and connection with others." -
Psychotherapist **Joyce Marter**



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