



Steven Langer International Keynote Speaker



Steven is a highly-rated international speaker and facilitator with years of experience as a senior leader and executive in public and private sectors, as well as executive HR management and organizational behaviour. He is also a lead curator for an international wellness magazine, and has appeared on several podcasts and publications.



Speaker Video

Steven works with organizations to amplify their organizational wellness, design healthy workplace cultures, and empower teams to reach their optimal potential.

Wellness KPI's: Turning the Unicorn Into Actionable Wellness Strategies

Are you tired of chasing the elusive concept of workplace wellness, just like trying to capture a unicorn? Our Wellness KPI's workshop is your guide to transforming those aspirations into practical, achievable strategies that can truly make a difference.

This session begins by delving into your company's core values and strengths, while also shining a light on areas where challenges or potential issues may exist. By identifying these critical elements, we uncover valuable insights that are often hidden in plain sight.

We then explore key wellness themes and focus on setting clear, measurable and attainable goals. Together, we develop practical strategies and actionable insights to create a wellness strategic plan that's not only attainable but also easy to implement.

Our Wellness KPI's workshop is all about translating your company's wellness aspirations into tangible, measurable results. Say goodbye to the mythical unicorn of wellness and hello to a proactive, data-driven approach to employee well-being that's sure to bring real change and improvement to your organization.

WHAT CLIENTS ARE SAYING

Thank you! It was fun, interactive and realistic with options that can be tailored to each individual. All the team feedback I've heard so far has been incredibly positive.

Margaret, CPA Western School of Business

Steven, you are a naturally gifted speaker who engages the audience and keeps them captivated throughout. The content you discussed was incredibly informative and delivered in a way that maintained interest from start to finish.

Leslie, HR Coordinator, CAPIC