



## Steven Langer International Keynote Speaker



Steven is a highly-rated international speaker and facilitator with years of experience as a senior leader and executive in public and private sectors, as well as executive HR management and organizational behaviour. He is also a lead curator for an international wellness magazine, and has appeared on several podcasts and publications.



*Speaker Video*

Steven works with organizations to amplify their organizational wellness, design healthy workplace cultures, and empower teams to reach their optimal potential.

## *Healthy Leaders. Healthy Teams: Designing a healthy Workplace Culture*

Leaders play an incredibly important role in the creation and support of healthy workplace cultures. By Intentionally promoting wellness habits, and living them out in the workplace, leaders inherently give permission for their teams to do the same.

The challenge is that too often, leaders try to lead as they would want to be led, rather than leading as their team truly wants and needs them to lead. By understanding how the keys to effective leadership, how to navigate complex challenges and empower your team, leaders learn how to move their teams forward in a sustainable, productive way.

This engagement prepares leaders and aspiring leaders for effectively leading their organization to a healthy workplace culture.

### WHAT CLIENTS ARE SAYING

**Thank you! It was fun, interactive and realistic with options that can be tailored to each individual. All the team feedback I've heard so far has been incredibly positive.**

Margaret, CPA Western School of Business

**Steven, you are a naturally gifted speaker who engages the audience and keeps them captivated throughout. The content you discussed was incredibly informative and delivered in a way that maintained interest from start to finish.**

Leslie, HR Coordinator, CAPIC