

#### ORGANIZATIONAL WELLNESS PLAN PROCESS









### **Discovery**

- Meet with Leadership
- Policy & program review
- Organization wellness indicators
- Determine goals

# Initiation

- Welcome keynote
- Survey full staff
- Focus group discussions

## **Synthesis**

- Data synthesis
- Share initial findings with Leadership Team
- Ideate strategies

## Culmination

- Discovery report shared with leadership
- Develop implementation plan
- Optimization plan