

WAMBUI BAHATI

STORYTELLER • ACTRESS • SPEAKER • CREATIVITY ADVOCATE

STEP AWAY FROM THE WORLD

*The Healing Power of Crafting, Creativity
& Finding Stillness in a Noisy World*

A warm, inspiring program about stress relief, self-care, creativity, and slowing down in a noisy world.

60-minute keynote
Also available as a 90-minute workshop
with live loom knitting demonstration

Stillness.
Creativity.
Connection.
Joy.



ABOUT THE PROGRAM

We live in a world that never stops. The news is always on. The phone is always buzzing. The to-do list never ends. Something is always demanding our attention, our energy, our worry. And somewhere along the way, we forgot something our grandmothers knew instinctively — that the best way to quiet a loud world is to make something wonderful with your hands.

In *Step Away from the World*, Wambui Bahati — storyteller, actress, speaker, and loom knitting enthusiast with more than 40,000 followers on her crafting YouTube channel — shares her personal journey into the meditative, joyful, and surprisingly nostalgic world of crafting.

With the warmth and humor her audiences have come to love, Wambui makes the case that crafting is not just a hobby. It is a lifeline. It is the thing your hands remember even when your mind is exhausted. It connects us to the generations of women who sat together and made things, told stories, and found peace in the rhythm of their work.

This program leaves audiences not just inspired — but ready to step away from the world, even for just an hour, and remember who they are when the noise stops.



PERFECT FOR

- Women's groups, wellness conferences, and organizations looking for an inspiring, practical program about stress relief, self-care, and slowing down
- Senior living communities, faith groups, libraries, and anyone navigating the overwhelm of today's always-connected, always-rushing world
- Creative arts programs and community organizations exploring the intersection of crafting, nostalgia, and mental and emotional wellness

AUDIENCES LEAVE WITH

- A fresh, joyful perspective on crafting and creativity as genuine, accessible tools for stress relief, mental wellness, and reconnecting with themselves
- Inspiration to slow down, step away from screens, and rediscover the simple, deeply satisfying pleasure of making something with their own hands
- Practical encouragement to incorporate creativity stillness into their daily lives — and quite possibly, the spark to start a new hobby

PROGRAM SNAPSHOT

- 60-minute keynote
- 90-minute workshop option
- Live loom knitting demonstration available
- Warm storytelling + audience participation
- Themes: creativity, stress relief, self-care, nostalgia, and slowing down



ABOUT WAMBUI

Wambui Bahati is a storyteller, actress, speaker, author, and loom knitting enthusiast with more than five decades of creative and theatrical experience. Her crafting YouTube channel has attracted more than 40,000 followers, reflecting how deeply her message about creativity, stillness, and slowing down resonates with audiences. She brings warmth, humor, lived experience, and memorable stage presence to every event.

WHAT THEY ARE SAYING

"She was a lot of fun and down to Earth. She made me want to get some yarn and make something."

— Audience Member

AVAILABLE FOR • WOMEN'S GROUPS • WELLNESS CONFERENCES • SENIOR LIVING COMMUNITIES • FAITH GROUPS • LIBRARIES • COMMUNITY EVENTS • CREATIVE ARTS PROGRAMS

BOOK WAMBUI BAHATI

Booking inquiries available through your speakers bureau.