

Lisa Skinner

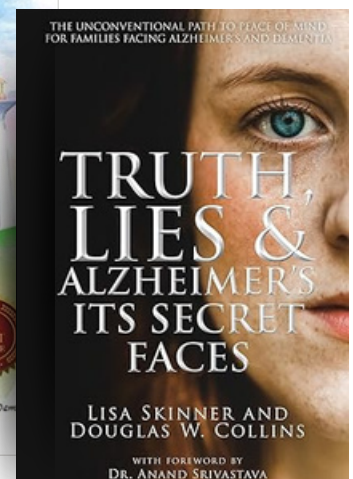
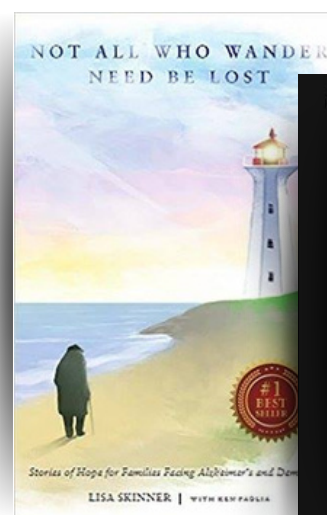
Dementia Awareness Talks

International Best Selling Author Lisa Skinner is a behavioral specialist with expertise in Alzheimer's disease and related dementia. In her 30+ year career working with family members and caregivers, Lisa has taught them how to successfully navigate the many challenges that accompany this heartbreaking disease. Lisa is a Certified Dementia Practitioner, a Certified Dementia Care Trainer through the Alzheimer's Association, and a Certified Dementia Care Program Director, as well as the internationally recognized podcast host of the Truth, Lies, & Alzheimer's Show. She also holds a degree in Human Behavior.


Her latest book, "Truth, Lies & Alzheimer's – Its Secret Faces" continues Skinner's quest of working with dementia-related illnesses and teaching families and caregivers how to better understand the daunting challenges of brain disease. Her 2 x #1 Best-selling book and recipient of the Living Now Award, "Not All Who Wander Need Be Lost," was written at their urging. As someone who has had eight family members diagnosed with dementia, Lisa Skinner has found her calling in helping others through their struggle so they can have a better-quality relationship with their loved ones through education and by offering workshops on counter-intuitive solutions to help people effectively manage the symptoms of brain disease.



Lisa is an internationally recognized TEDx speaker and has appeared on many international, national and regional media broadcasts. Lisa helps explain behaviors caused by dementia, encourages those who feel burdened, and gives practical advice for how to respond.



Bring Lisa to your Stage and Contact her today

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SIGNATURE PRESENTATIONS

Mindful Aging: Unraveling the Mystery of Alzheimer's Disease through Understanding it's Risk Factors.

Lisa offers Guidance on How to Minimize the Risk.

In her enlightening talk, Lisa explores the intricate web of risk factors for Alzheimer's disease and dementia, focusing on genetic, lifestyle, and environmental influences. She examines how age, genetics, cardiovascular health, cognitive activity, and other determinants contribute to the onset and progression of these neurodegenerative conditions. Highlighting a startling statistic from the World Health Organization and the Alzheimer's Association, Lisa notes that by age 85, one in three people may develop Alzheimer's. However, she also emphasizes that lifestyle changes can reduce this risk by up to 40%. Lisa details how to accomplish this.

Lost in the Looking Glass: Understanding Alzheimer's Through Alice's Journey Through Wonderland.

Lisa begins her speech by asking her audience if they have ever imagined living with Alzheimer's disease or walking in the shoes of someone who does. Recognizing that this is difficult to imagine, Lisa offers insight into the world of dementia by comparing it to Alice's journey through Wonderland. She draws parallels between Alice's unpredictable, topsy-turvy adventures and the experiences of individuals with Alzheimer's, highlighting how they navigate a distorted reality where memories blur, time warps, and familiar faces become strangers. Lisa concludes by emphasizing the crucial difference: while Alice in Wonderland wakes up from her dream, those living with dementia cannot escape their new, altered reality.

Through Their Eyes: A Window into Living with Dementia: A Glimpse into the Unique World of Individuals Living with Alzheimer's and Dementia.

Millions live with Alzheimer's and to dementia globally, yet the disorders are widely misunderstood. Lisa explains that dementia affects much more than just memory loss and confusion, revealing the complex impact on cognitive abilities. In her poignant speech, she provides insight into how individuals with these conditions perceive their worlds, helping audiences understand their challenges, emotions, and experiences. Through personal accounts and real-life examples, Lisa empowers her audience to empathize with those affected and to comprehend why dementia leads to common symptoms and behaviors.



I have known Lisa for about 15 years and her knowledge and experience is awesome. Dementia and Alzeimers is such a delicate subject at times and Lisa has such an understanding quality about her that she puts you at ease discussing practical ways to understand and move forward when living with this disease.

Marilyn Barker (Client)

I attended the Minding Dementia Summit 2023 and Lisa's workshop. It was wonderful. So much helpful information. Lisa is such a fountain of information, and her ability to convey complex information in a clear and engaging way truly sets her apart as a speaker. I recommend her to all my clients and friends.

Donna Swainson (Dementia Advocate)

I was a speaker at the Minding Dementia Summit 2023 and an attendee of the event, which Lisa personally organized. I highly recommend Lisa. Her deep knowledge and expertise of Alzheimer's disease and related dementia is coupled with her warm and approachable demeanor. Through her summit, Lisa created an environment where the speakers as well as the attendees were harmoniously engaged. Lisa's dedication to educating others about these challenging conditions was evident in every word she spoke both as the host of the summit and as a speaker. I will continue to recommend Lisa.

Dr. George Ackerman (Together for Sharon)

