

*A new study of one million people revealed that happiness makes you dramatically more successful. Those who are happy at work are more committed to their organization, rise to positions of leadership, achieve higher sales, and suffer fewer health problems. Happiness should not be an afterthought for workplaces; it should be an essential goal. Discover the benefits of a happy workplace and come away with practical strategies you can implement to boost your own emotional wellbeing, support the wellbeing of colleagues and employees, and foster a workplace culture of happiness.*

