



THE NEXT LEVEL LEADER

Unlearning What Got You Here

For years, organizations have tried to close leadership gaps through an outdated paradigm of addition; more skills, more tools, more solutions. But you can't build stronger leadership by stacking new skills on top of old identity patterns.

Under pressure, leaders don't rise to what they've learned; they revert to the identity that shaped them: the Achiever, the Fixer, the Expert, the Pleaser, the Controller- mistaking composure for coherence.

Real transformation doesn't come from doing more, but from leading from a different state of being.

Most leadership programs focus on what leaders think and do while ignoring the system through which every decision, emotion, and action flows - the nervous system itself.

This keynote reframes leadership as **Self-Coherence**: the alignment of thought, emotion, language, and physiology that transforms presence from reactive to responsive.

Because coherence is contagious; from the self who leads to the team that aligns, to the culture they co-create.

Ideal Audience

Individual contributors stepping into leadership roles, emerging leaders, high-potential professionals, and anyone ready to lead from greater self-awareness and intentionality.

Key Learning Outcomes



See the Pattern: Recognize how identity conditioning fragments attention and presence



Break the loop: Apply the POCA® Model for Unlearning to create space between reaction and response and choose from awareness instead of conditioning



Lead from coherence: Shift from "doing" leadership to embodying it; where clarity, trust, and authentic influence naturally emerge.