



# DR AL MORALES MD

MOTIVATIONAL KEYNOTE SPEAKER

## CONTACT

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## SPEAKING TOPICS

### ANTI-AGING & LONGEVITY

- Reversing aging from the inside out with cutting-edge science

### CORPORATE WELLNESS

- Evidence-based frameworks for building high-performance teams

### MENTAL RESILIENCE

- Neuroscience-backed tools to perform under pressure and sustain success

### CUSTOM KEYNOTES AND BREAKOUT SESSIONS AVAILABLE!

## LANGUAGES

- English (Fluent)
- Spanish (Fluent)

## PROFILE

Dr. Al Morales, MD is a wellness consultant and keynote speaker on anti-aging and resilience for corporate, medical, and wellness events.

With over 35 years of clinical experience, Dr. Morales brings a unique blend of scientific depth, compassionate care, and engaging presentation style to every stage he steps on. He delivers transformational talks that empower executive leaders, healthcare professionals, and patients alike with actionable strategies for anti-aging, mental resilience, and peak performance.

## PAST EVENTS & APPEARANCES

- Functional Medicine and Regenerative Medicine (2018, 19.20)
- Medical Cannabis Presentation 2015, 16, 17, 18, 19
- Opioid Management in 2012, 2013, 2014, 2015, 2016, 2017
- Pain and Addiction 2016-2017, 2019, 2021, 2022, 2023
- Urine Drug Testing 2016
- Nonsurgical Care of Low Back Pain (July 2009)
- Pain in Neck and Low Back Evidence Based (Jan 2009)
- Multimodal Pain Medication Management (Dec 2008)
- Opioid Risk Management (Oct 2016)
- Interventional Pain Medicine Evidence Based (July 2010)
- Chronic Low Back Pain Evidence Based (Oct 2007)
- Opioid Use for Primary Care Physicians (May 2006)
- Disparities in Pain Care (September 17, 2006)
- Essentials in Pain Medicine (July 19, 2005)
- Multidisciplinary Approach to Pain Management (March 2004)
- Pain in Children (March 2004)
- Pain in Minorities (June 2003)
- Headaches (June 2003)
- Neck and Back Pain Issues (April, 2002)
- Cauda Equina Syndrome (December 6, 2001)
- Treatment of Osteoporosis (June 12, 1997)
- Psychopathology of Chemical Addiction Disorders (November 12, 2016, 2018, and 2022)

## KEY TAKEAWAYS FOR AUDIENCES

- Science-backed health optimization strategies
- Tools for stress resilience and peak mental focus
- Executive health insights to boost productivity
- A renewed mindset around energy, aging, and purpose

