

Cindy Rowe

International Speaker and Corporate Trainer
Podcast Host



ABOUT CINDY

Cindy Rowe is an internationally recognized keynote speaker who helps organizations improve retention, engagement, and performance by turning culture into a measurable advantage.

Named a Top 50 Women Speakers, Cindy brings a unique blend of real-world business experience and practical leadership strategies to every stage. As the founder of two successful companies, she understands the challenges leaders face navigating burnout, disengagement, and constant change.

Her keynotes and training programs equip leaders and teams with clear, actionable tools to strengthen communication, build trust, and create more consistent, high-performing workplaces.

Cindy has worked across healthcare, finance, education, and corporate environments, earning a reputation for delivering sessions that are both highly engaging and immediately applicable.

Organizations don't just bring Cindy in for inspiration. They bring her in for results.

TESTIMONIALS

"This was my top pick for sessions at this conference as I have been working on a kindness culture. The tools and ideas provided were awesome and I'm looking forward to implementing some of them!" -- NY State SHRM

"Very eye opening and inspiring. I will definitely be taking this to my organization." -- PA SHRM

"This session was very encouraging to take back kindness to my staff members and creating a new culture." -- AELL

"EVERYONE should listen to Cindy's presentation." -- PA SHRM

"A wonderful and insightful presentation on kindness vs. just being nice. I found great takeaways!" -- NY State SHRM

"Excellent Speaker! Definitely would recommend welcoming back." -- NNAHRA

EDUCATION

Graduate of: Mic Drop Academy &
Thought Leader Academy

Graduate of: University of Wisconsin -
Platteville



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