



DR. SUSAN BIALI MD

Biography

(can also be used as pre-presentation introduction)

*last name is pronounced “Bee-alley”

Dr. Susan Biali is an award-winning medical doctor, internationally recognized for her expertise in stress resilience, burnout prevention, and leadership.

She has delivered keynotes and workshops on these topics to a wide range of organizations including the United States Navy, Google, Harvard Medical School Continuing Education, McKinsey & Company, Deloitte, The Coca-Cola Company, and MIT.

In addition to her 20 years of primary care experience, she also coaches a broad range of clients — from senior executives to physicians and other health professionals — to embrace change and excel without sacrificing well-being.

Dr. Susan’s popular *Psychology Today* blog has over 11 million views, and she has been featured in media such as *The Today Show*, *Today with Hoda & Jenna*, *BBC World Service*, *Inc.*, *Fast Company*, *Forbes*, *Newsweek* and more.

She’s also the author of the bestselling book *The Resilient Life: Manage Stress, Prevent Burnout, and Strengthen Your Mental and Physical Health*.

Please welcome... Dr. Susan Biali.