

Mike Veny Presentation Introduction

NOTE: Mike Veny's last name is pronounced **Vee · Knee**

It is my pleasure to introduce a globally recognized wellness leader, speaker, and artist who leverages lived experience, rhythm, and artistry to create unforgettable emotional wellness solutions.

Known for his electrifying drumming keynotes and raw, real talk, he helps workers thrive and organizations create emotionally healthy cultures. His work bridges inclusive excellence, mental health, and professional development—and is known for producing measurable change. This speaker is also known for overcoming generational gaps with attention-grabbing storytelling and rhythm and for creating safe spaces to address difficult topics with authenticity and humor.

He's delivered presentations to educators, healthcare providers, and Fortune 500 companies, including Microsoft, CVS Health, T-Mobile, Heineken, Salesforce, Keurig Dr. Pepper, The Wounded Warrior Project, and many more.

In addition to delivering powerful keynote addresses, he is the CEO of Lovely Refinement, a women's mental health and wellness brand, which owns the Training Refinery, a continuing education powerhouse. He is also the host of a podcast called "Coffee With Mike: Mental Wellness & Belonging for Leaders" and the author of several books, including the best-selling book "Transforming Stigma: How to Become a Mental Wellness Superhero." His mental wellness expertise and life experience have been featured on ABC, NBC, and CBS News.

Please join me in welcoming the one, the only Mike Veny to the stage!