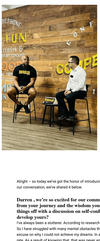

Meet Darren Peterson

December 2, 2024

Alright — so today we've got the honor of introducing you to Darren Peterson. We think you'll enjoy our conversation, we've shared it below.

Darren, , we're so excited for our community to get to know you and learn from your journey and the wisdom you've acquired over time. Let's kick off with a bit of a deep dive into self-confidence and self-esteem. How did you develop yours?

I've always been a shutterer. According to research people HATE public speaking more than death. So I have struggled with many mental distractions that come with that, but I never let that be an excuse or why I could not achieve my dreams. In addition, people that stutter have a high suicide rate. As a result of knowing that, that was a major motivation for me to overcome. I began to live adversity and do the reason why I am today. The only way I could do that was to fulfill and instilling my hard work. He went from a 1.9 GPA to a 3.9 GPA. Now I am very right here in Dallas, Texas. Overcoming my stuttering is something that I learned through valuing myself. Sports played huge part in that and my Dads resources and support.

Appreciate the insights and wisdom. Before we dig deeper and ask you about the skills that matter and more, maybe you can tell our readers about yourself?

Results Not Excuses (RNE) is a mindset company focused on empowering corporate America and sports teams. We partner with businesses to foster professional growth, enhance employee retention, and improve the overall mindset of new hires. Our services bring several benefits to companies, including tax credits for hiring through RNE@zoninhire, better retention rates, and a motivated workforce. We offer approachable corporate wellness programs that boost engagement, employee days in-market, relationships remain strong, and the company sees positive results.

For sports teams, our approach is to serve as an extension of the coach, helping athletes achieve their goals and reach their potential.

In addition to our coaching and corporate services, we host a controversial podcast available on platforms like YouTube, iHeartRadio, Spotify, and Amazon Music. Our podcast dives deep into topics related to mindset, success, and overcoming challenges. We aims offer aspect that speaks volumes without saying a word—designed to make a statement and inspire confidence.

At the core of our mission, we are passionate about developing Results Not Excuses into a widely adopted self-help philosophy—one that transcends limitations and isn't bound by religious dogma. We believe in empowering individuals to unlock their full potential and take ownership of their journey. Finally, we offer apparel that speaks volumes without saying a word—designed to make a statement and inspire confidence.

If you had to pick three qualities that are most important to develop, which three would you say matter most?

Overcoming My Stutter

Having my dad there every day had a profound impact on me, and I believe it was crucial for any boy growing up. Research shows that many boys struggle to reach their full potential when their fathers are absent, and I was fortunate to have a strong, consistent father figure. My dad was an imposing figure—educated, a collegiate athlete, and a college coach at Pepperdine. He was a model of discipline and achievement, and as a "daddy's boy," I admired everything he did. I wanted to follow in his footsteps and learn from his example.

Overcoming My Stutter

I've struggled with stuttering my entire life. It's often said that people fear public speaking more than death, and for me, facing this challenge daily was a tough internal battle. However, sports and my father's "Just Do It" mindset gave me the mental strength to push through. He often told me, "Tough times don't last, but tough people do," and that philosophy became my anchor. It taught me that no matter what obstacles come my way, I have the resilience to overcome them.

Lessons from My Father's Early Passing

Losing my dad at a young age was a pivotal moment in my life. The lessons he imparted to me were essential not only to my personal success but also to the success of my family. While I didn't always agree with everything he said, I deeply trusted his judgment. His "Just Do It" mentality inspired me to take things one step further. He modeled me to create Results Not Excuses@zoninhire, a platform where I channel that same drive and mindset into helping others push past their limitations.

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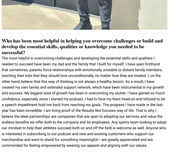

Who has been most helpful in helping you overcome challenges or build and develop the essential skills, qualities or knowledge you needed to be successful?

The most helpful in overcoming challenges and developing the essential skills and qualities I needed to succeed have been my dad and the family that I built for myself. I have seen firsthand how consistent fatherhood and mentorship can transform young boys into men. My mentors teaching their kids that they should love unconditionally, no matter how they are treated 1. on time, other hand, believe that this way of thinking is not always a healthy lesson. As a result, I have created my own family and extended support network, which have been instrumental in my growth and success. My biggest area of growth has been in overcoming my stutter. I have gained so much confidence, especially since I started my podcast. I had to face my fears head-on and refused to let a speech impediment hold me back from reaching my goals. The progress I have made in the last year has been incredible, and I'm proud of how far I've come in overcoming my stutter. I also believe the organizations we sponsoring that are open to adopting our services and value the endless benefits we offer both to the company and its employees. Any sports team looking to adopt our mindset to help their athletes succeed both on and off the field is welcome as well. Anyone who is interested in subscribing to our podcast and new and existing customers who support our merchandise are also a crucial for something meaningful— are greatly appreciated and are commended for being empowered by wearing our apparel and aligning with our values.

Contact Info:

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Youtube: ResultsNotExcuses@zoninhire

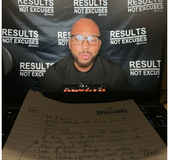

Image Credits

ResultsNotExcuses@zoninhire Media, and Brayden Lopez

Suggest a change. Bollitoonery is built on recommendations from the community. It's here we uncover hidden gems. So if you or someone you know deserves recognition please let us know here.

HOLLY BERKLEY JR. ENERGY

Building Authority Through Voice: Holly Berkley on Turning Expertise into Influence with Podcasting

Holly Berkley is continuing her mission of digital empowerment through her podcast, Unlimited Creativity.

HOLLY BERKLEY JR. ENERGY

Turning Testimony into Transformation: How Holly Berkley Spouse Transformed Personal Faith into a Message of Hope

Holly Berkley, Jr. Energy, Inc. is a Dallas-based company specializing in corporate wellness programs that boost employee engagement and overall performance.

HOLLY BERKLEY JR. ENERGY

Where Faith Meets the Streets: Jarrod Stone on Turning Personal Testimony into Transformation and Storytelling with Faith 11

Jarrod Stone's Faith 11 is a deeply personal mission of spirituality and fresh expressions, rooted in Faith 11.

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