



FINANCIAL WELLNESS SPEAKER
PERSONAL FINANCE EXPERT
Reimagining Financial Well-Being



**CERTIFIED
FINANCIAL
PLANNER®**

Linda Grizely, CFP®, MSFS

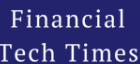
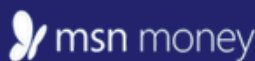
Partnering with organizations to **reduce the personal financial stress** that is quietly **costing them focus, performance, and retention.**

Watch Linda's Speaker Reels via QR Code or Link

www.lindagriz.com/speaking



As Seen In



[View full press and media coverage →](#)

**Financial Wellness
Keynotes & Programs**

For Your People

Employees, Association Members, ERGs, and Professional Audiences

Designed for the people inside your organization or association. Whether they are just starting to get a handle on their finances or are ready to go deeper, these programs meet them where they are with no jargon, no shame, and not one-size-fits-all advice. Each program stands alone and works together with the others as part of a broader financial wellness strategy.

For Leadership

HR Leaders, Managers, and Organizational Decision-Makers

Designed for the people who lead organizations. While financial stress is a personal experience, its impact is unmistakably organizational. These programs help HR professionals and leaders understand what financial stress is costing their organizations, and what it looks like when they get support right.



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Financial Wellness For Your People

Keynote

The Human Variable™:

Financial Wellness, Reimagined

The most powerful factor in financial wellness isn't the numbers. It's the person behind them.

Programs

The Core 7: Money Basics Everyone Should Know

Investing Made Simple: What You Need to Know to Get Started

Where Does My Money Go?: Cash Flow and Budgeting Strategies

Retirement Basics: Taking Care of Your Future Self

What Should I Do with My Old 401(k)?: It's Not as Simple as You Think

Debt Made Clear: Understanding What You Owe and How to Pay It Down

The MeMoney® Method: You Can't Build a Life You Love on a Budget You Hate

Financial Wellness For Leadership

Keynote

When Money Walks Into Work:

The ROI of Financial Well-Being

Employees don't leave financial stress at home. They bring it into every meeting, every decision, every interaction, often without saying a word.

Programs

Burdened: The Hidden Cost of Financial Stress in the Workplace

Unburdened: How Financial Confidence Strengthens Engagement, Retention, and Results

Because

88% of people in the U.S. are stressed about money. [→](#)

64% of people in the U.S. live paycheck to paycheck. [→](#)

56% of employees say financial stress negatively affects their work. [→](#)

7 hours are lost per employee per week due to financial stress. [→](#)

\$183B in productivity is lost across annually U.S. employers. [→](#)

78% of leaders said their employees' financial stress led to higher turnover last year. [→](#)



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What People Have to Say



Linda has so much knowledge in her field of expertise. I walked away with so many wonderful gold nuggets.- Tamar

The stories and practical tips you shared were inspiring—they'll definitely make a lasting impact. Thank you again for sharing your wisdom and energy. - Jenn

While everyone preaches restriction, you're creating actual financial freedom. Your "stop putting yourself last" message with CFP® credibility? That's the emotional-financial bridge people desperately need. - Jane

Linda doesn't just talk about finances—she connects the dots between mindset, shame, and empowerment in a way that truly resonates... If you're looking for someone who brings clarity, compassion, and no-fluff wisdom, Linda is it. - Tanya

Linda is a powerful speaker who can simplify the message to ensure everyone in the audience is able to learn and put her tips to use! I personally learned a lot from her presentation, and I absolutely will invite her back to speak again! - Malinda

Linda made personal finance feel approachable, empowering, and surprisingly fun. If you're looking for a speaker who can turn a topic many people avoid into one they'll actually enjoy and remember, Linda is an outstanding choice for an event. - Jen

Linda Grizely



About Linda

Through her human-centered approach to money, Linda helps audiences bridge the gap between financial knowledge and real-life decision-making.

Her programs go beyond traditional financial literacy to explore the behavioral, emotional, and practical realities that shape how people earn, spend, save, invest, and plan for the future.

Linda is a CERTIFIED FINANCIAL PLANNER® professional with a master's degree in financial services and a dual-major bachelor's degree in Human Resources Management and Marketing.

Her background spans holistic financial planning, leadership, business strategy, marketing, human resources, nonprofit consulting, association leadership, and sales.

In 2026, her signature framework, MeMoney®, was named a finalist for a Money Awareness and Inclusion Award.



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