

Sharon M. Weinstein GROUP

Infusing **Health** and Reducing **Stress** in the Workforce and Workplace
CONSULTING – COACHING – SPEAKING

Sharon works with organizations who want to
**Create A Strong Workforce, Boost Workplace
Engagement, and Ensure Staff Well-being**



What Clients Say

"In just one hour, Sharon built on the day and tied all the pieces of service excellence and time management together for our 1000+ leaders!"

- Sandra E. Murray, PhD, CHI Texas

"It was clear that you understood your audience and strategically wove personal stories into such an amazing topic."

- Angela Batey, Office of Professional Standards,
Georgia Public Safety

"Your session on ENGAGEMENT empowered over 4,000 registrants; I enjoyed working with you and look forward to collaborating with you again."

- Dr. Audrey Stevenson
American Nurses Association

"The true prize was listening to this gem of a human."

- Ericka Kerns, SHRM-CP

Why engage Sharon M. Weinstein, MS, RN, CRNI-R®, CSP®, CVP, FACW, FAAN to *shift the bell curve from stress to health?*

Stay Cool and Conquer Chaos

- ☐ List 5 steps to overcome overwhelm
- ☐ Understand TEMP as a tool for success
- ☐ Reduce stress and create work/life boundaries

Retain before Recruiting...Engage

- ☐ Discuss engagement as a driver of retention
- ☐ Discover how culture and talent intersect
- ☐ Galvanize engagement and give nurses their own GALLUP experience

Think Beyond the Box: 4Ws of Creative Thinking

- ☐ Apply the 4Ws framework
- ☐ Learn to ask the right questions
- ☐ Create actionable strategies for success

Sharon knows healthcare and human resources...with four decades of global health and real-life experience, her body of work reflects a lifelong commitment to... *infusing health and reducing stress in the workplace*. She holds the highest international measure of platform skills in the speaking profession, the **Certified Speaking Professional (CSP).**



Book Sharon Today!

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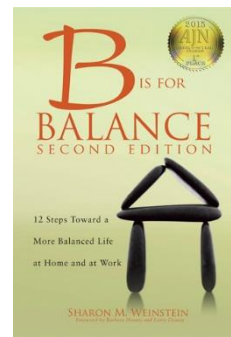
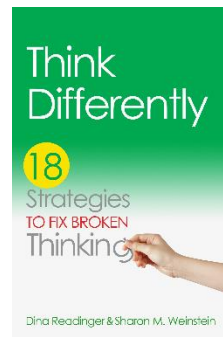
[Sharon Weinstein](https://www.youtube.com/SharonWeinstein)



[/sharonweinstein](https://www.linkedin.com/in/sharonweinstein)

Are you Ready to learn how to...

1. Manage mental health and stress
2. Recruit and retain top talent
3. Drive engagement
4. Explore "relationship as currency"
5. Bring them in and bring them back
6. Move beyond overwhelm and overwork, managing time and deadlines
7. Recognize the need to THINK DIFFERENTLY
8. Create a healthy work environment
9. Enrich the workplace
10. Use the GPS to manage stress and mental health?



Praise for Sharon's Top Sellers

Prepare for non-stop and riveting ah-ha moments! *Think Differently: 18 Strategies to Fix Broken Thinking* is anything but a typical self-help book. This artfully crafted and poignant book utilizes real-life experience to deliver practical, timely, and trustworthy guidance for productive change.

- Donna Hill Howes, SVP, Sharecare

Sharon shares change as an opportunity, answering that complex question, "What if..." *Are you Ready* is a must-read for those ready to ignite the spark and keep the flame alive.

- Dr. Nido R. Qubein, President, High Point University

B is for Balance 2nd edition is a treasure chest of wisdom with a 12-step blueprint for success.

- Daniel J. Pesut, University of Minnesota



...in these categories: Healthcare, & Human Resources & Personnel Management



Sharon is a Trusted Global Keynote/Motivational Speaker, Emcee and Facilitator
Speaking for Organizations such as....

