

How To Stay Inspired When You Are So Darn Tired!

Get ready to feel inspired and energized with Christine's presentation! Learn to “Compose and Dispose” of worry like a boss and figure out what really gives you energy (spoiler alert: it's not just that double-shot latte). With tips to leverage levity, you'll be leading by example and inspiring others in no time.

Get your groove back with tips to “flip the script” and choose your emotional state. You'll leave feeling charged up and motivated to work your magic in both your personal and professional life. So don't miss out on these creative and fun ideas that will help you be less tired and ready to rock every single day!

Why Can't We All Just Get Along?

Are you tired of feeling tongue-tied in tricky situations? Are you dreaming of a team that works like a well-oiled machine? Sick of personal and professional drama dragging you down? Fear not, Christine is here to help you level up your success game!

During this session, you'll discover creative techniques to tackle problems like a boss, and you'll learn phrase tactics to keep your cool and handle conflicts with ease. Plus, you'll get a crash course in different personality styles, so you can communicate like a pro with anyone and everyone.

You will build up the confidence needed to face even the toughest confrontations head-on. Armed with the perfect words, you'll achieve the results you want and build stronger relationships along the way.

Why Brainstorm When You Can Brain Hurricane?

Are you tired of a drizzly brainstorm when you could have a Brain Hurricane? Say goodbye to creative blocks and hello to great ideas in half the time! Christine has tools to boost group morale, relieve workplace tension, and get your productivity to storm status.

You'll learn how to wake up your innovative brain and mindmap the way to your subconscious in this interaction session. Plus, the "what if" game, will generate so many ideas, you'll need a bigger boat!

Discover how to create a creative climate, handle time stealers, and solve problems quickly. Get ready to have a Brain Hurricane and make it rain with amazing ideas!