



Jones Loflin

Helping you make the best choices with your time so you can thrive!

With over 30 years of experience, Jones knows how to quickly engage his onsite or virtual audience, give them a fresh perspective on their challenges, and deliver solutions that work! When you add his energy, warmth, and sense of humor, the result is an onsite or virtual presentation that is unforgettable!

As one meeting planner stated, "You did an amazing job of connecting with the over 700 members of the audience. Your simple and insightful ideas are just what our busy healthcare staff needed to hear." Keeping complicated out of it, Jones equips his audience with the tools they need to make meaningful progress... NOW!

After a session with Jones, participants can expect to leave knowing what's most important to them, how to make better choices with their time, and to thrive like never before!



Time Management

Focus

Leadership

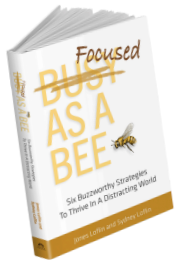
Burnout

Work/Life Balance

Change

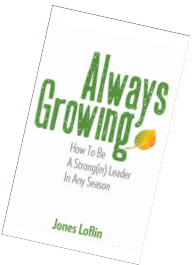
Are You As Focused As A Bee? *Focus/Intentional Mindset*

Are You As Focused As A Bee? is an enlightening look at how to improve your focus by learning from the incredible lives of honeybees. You'll move from **busyness and distraction** to operating with focus and in a "honeyflow" state more often. Discover the importance of giving yourself **permission to focus** since you naturally give yourself permission to be distracted. Learn a **powerful mindset** that will help you approach each day with clarity, confidence, and the control you crave to accomplish what is most important to you.



How To Be A Stronger Leader In Any Season *Leadership/Change*

You want to take your **leadership to the next level**, but the question is "How?" You need a practical blueprint to change. Jones Loflin says that new approach is built on four simple words: **Grow, Cultivate, Prune, and Harvest**. In this innovative and engaging presentation built on the practices of a successful gardener, Jones equips leaders to **identify** where **change** is needed in their daily activities and **take productive action**. It's time to get "growing" and **harvest something better** for your people and your organization.



What To Do About Too Much To Do *Time Management/Work Life Balance/Productivity*

Using the model of a three-ring circus, this highly engaging presentation will equip you to better **manage your time** and energy to explore new opportunities and **achieve better results**. From being a stronger ringmaster to building a quality "3 ring" lineup (Work, Relationship, Self), expect to leave this session with a myriad of practical tips to **manage your distractions, conquer your overload**, and more fully **focus** on the present moment. Most importantly, you'll be ready to run your circus instead of letting the circus run YOU!



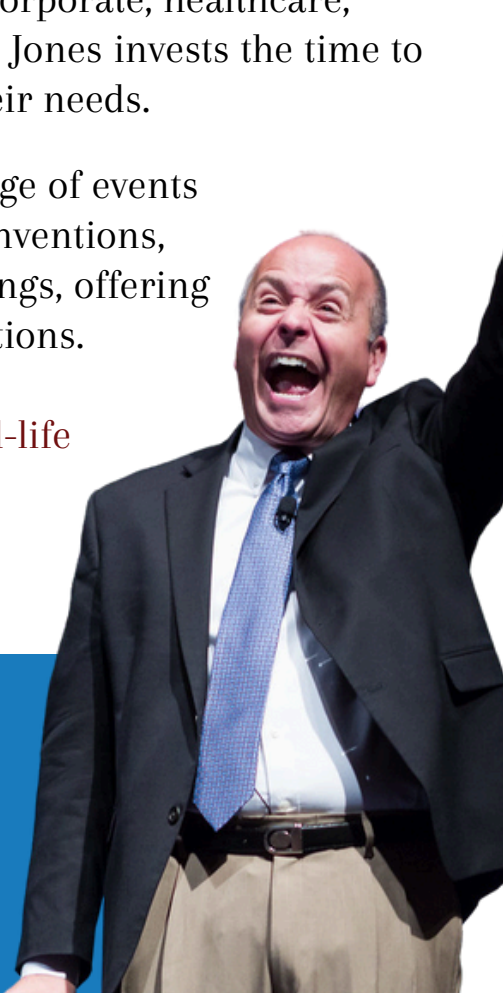


Delivering Powerful & Relevant Messages In A Fun And Enlightening Way

Jones is grateful for his work with every client. His **innovative solutions** on leadership, change, and time management have attracted the attention of some of the most recognizable names around the world including: Federal Express, Wal-Mart, Choice Hotels, Gillette, Tractor Supply and the United States Navy.

Jones customizes his presentations to make an **IMPACT!** He inspires, motivates and integrates powerful content that is immediately **actionable**. Whether the audience is corporate, healthcare, education, or government, Jones invests the time to know your people AND their needs.

Jones speaks at a wide range of events including conferences, conventions, retreats and annual meetings, offering both onsite and virtual options. Whether a large or small audience, Jones' **real-life solutions** will enable your people to make **real change**.



What Others Are Saying

"Jones Loflin, you were fantastic! Your presentation of 'Always Growing' at our Leadership Forum was spot on. I thoroughly enjoyed and had numerous takeaways. I also received several compliments from our leaders. I appreciate you making it a special event. I was impressed at how quickly you replied and your willingness to accommodate our requests. I am sure our paths will cross again."

-CHRISTA GIBSON, BIG RIVERS ELECTRIC CORPORATION

"I continue to receive many comments on how enlightening your presentation was, and how you transformed your discussion into one that held everyone's interest and attention. Please accept my sincere thanks for a job extremely well done."

- R.D. Black, Department of the Navy

"Jones Loflin was great. Of all the motivational speakers we have had at our conferences in the past, he was by far the best. His message, focused on change, helped set the stage for the rest of our conference. I would highly recommend him."

- Phil Cabot, National Parts Manager, Volvo Cars Of North America



"In your drive to get it all done, what's NOT getting done?"