

# TEDx



PHYSICIAN | TEDx & KEYNOTE SPEAKER | MEDICAL MEDIA EXPERT

## DR. RENÉ ROBERTS

*Transforming limitations into strategic advantages*



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### | INTRODUCTION

Dr. René Roberts is a Castle Connolly Top Doctor, board-certified Family Medicine physician, TEDx Sarasota 2026 speaker, and medical media expert. She balances her clinical practice in Chicago with her work as a national keynote speaker on resilience, transformation, and health equity.

Her path to medicine included 50 medical school rejections and two failed board exams—obstacles that became the foundation for her signature L.Y.M.I.T.S. Method™. She equips audiences with a framework to turn setbacks into strategic advantages.

### | PHILOSOPHY

Your setbacks aren't disqualifications—they're preparation. Your struggles aren't liabilities—they're competitive advantages. Dr. René empowers audiences to stop hiding their challenges and start leveraging them as proof of capability through authentic storytelling and practical frameworks built from lived experience.

### | FEATURED ON



### | WHAT OTHERS SAY



*The girls left feeling motivated and empowered to keep believing in themselves. They continued talking about her message long after the session ended.*

— Sarah Gaudron, Founder, She's Got Goals

### | SPEAKING TOPICS

#### WHO GETS TO HEAL? | TEDx SARASOTA

What if the system deciding who becomes **YOUR** doctor is measuring the wrong things—and every rejected healer means patients who won't get the care they need?

#### FROM LIMITS TO LEVERAGE:

Transform your greatest challenges into your greatest success using the L.Y.M.I.T.S. Method—a battle-tested framework for turning setbacks into strategic advantages

#### WAITING ROOMS: WHY SLOW SUCCESS IS YOUR SUPERIOR ADVANTAGE

For anyone stuck in transition or questioning if the wait is worth it—discover how to transform life's pauses from passive endurance into strategic preparation for what's next



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