



What's Your Dream Life:

Unveiling the Power of Your Unconscious Mind

Understanding dreams can serve as a catalyst for turning aspirations into reality. Jamila illustrates how analyzing dreams can unveil subconscious desires, fears, and aspirations.

In this keynote Jamila explains what the unconscious mind encompasses and its role in shaping our thoughts, emotions, and behaviors. Delve into the depths of the unconscious mind, emphasizing its role as a reservoir of untapped potential and desires. She will acknowledge and empathize with the audience's skepticism, highlighting its commonality. Address misconceptions or myths around dream interpretation and highlight its practical applications, by touching upon the historical evolution of dream interpretation, referencing influential figures like Freud or Jung.

Audiences will leave this keynote with:

- An understanding of the unconscious mind and the potential it holds
- Techniques for dream interpretation and accessing the unconscious
- Empowering Personal Growth through Self-Awareness