

# Stephanie Richardson: Full Biography

Stephanie Richardson is a Nashville-based keynote speaker, leadership trainer, and business coach who helps professionals and teams elevate performance, strengthen communication, and lead with confidence.

With a unique blend of clinical psychology, entrepreneurial success, and real-world leadership experience, Stephanie delivers engaging, high-impact programs that move audiences from insight to action. Known for her interactive style and practical takeaways, she equips attendees with tools they can immediately apply to improve results in their work and personal lives.

Stephanie is the founder of Unlock Your Potential, where she has coached leaders and professionals across industries including healthcare, technology, finance, real estate, and nonprofit organizations. Her work centers on helping individuals break through limiting beliefs, strengthen self-leadership, and communicate with clarity and influence.

Before transitioning fully into coaching and speaking, Stephanie spent over a decade in the counseling field, earning her Master of Science in Psychology and serving as a Regional Director overseeing teams of master's-level therapists across multiple cities. She is a retired Licensed Professional Counselor who has worked with diverse populations and trained and supervised clinicians pursuing licensure—bringing depth, credibility, and emotional intelligence to every stage she steps on.

In addition to her clinical background, Stephanie is a successful entrepreneur of nearly three decades, building a multi-million dollar business with a nationwide presence. This combination of business acumen and behavioral expertise allows her to connect with audiences ranging from corporate leaders to sales teams to mission-driven organizations.

Stephanie is an International Best-Selling Author of [The Power of Coaching, Volume 2](#), a Certified Speaking Coach, and a Maxwell Leadership Certified Team Member and DISC Consultant—bringing powerful frameworks for communication, leadership, and team effectiveness into every presentation.

Her clients include organizations such as Live! Hospitality & Entertainment, Tennessee Charitable Care Network, Belmont University's Massey College of Business, Women in Technology of Tennessee, and the National Association of Women in Construction.

Popular speaking topics include:

- Leadership and self-leadership
- High-impact communication and DISC
- Presentation and public speaking skills
- Confidence, mindset, and personal growth

Whether delivering a keynote, workshop, or interactive team experience, Stephanie creates an environment where audiences are engaged, challenged, and equipped to perform at a higher level long after the event ends.

