

# Stephanie Richardson, M.S.

Stephanie blends behavioral science, coaching, and real-life experience to create transformational —not just motivational—experiences.

Stephanie Richardson is a Public Speaking & Executive Coach, Certified World Class Speaking Coach, Maxwell Leadership Certified Coach, keynote speaker, and international best-selling author of [The Power of Coaching, Volume 2](#).

With a Master's degree in psychology and more than 29 years of experience training, coaching, and leading a multi-million-dollar organization of nearly 1,600 members, Stephanie brings both clinical depth and real-world business results to the stage. A retired Licensed Professional Counselor with over a decade of experience, she blends psychology, leadership, and performance strategy to help professionals increase self-awareness and drive measurable results.

As a DISC Consultant and confidence skills expert, Stephanie teaches leaders how to communicate with clarity, strengthen their influence, and increase their closing ratios. She is known for delivering practical, actionable strategies audiences can immediately apply.

What makes Stephanie unique is her ability to combine mindset mastery, behavioral insight, and proven leadership systems into a repeatable blueprint for confident communication and business growth. Her mission is simple: ensure every audience walks away empowered, equipped, and ready to move closer to their vision.

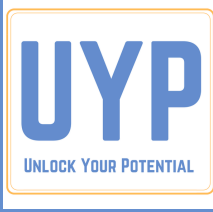


## Stephanie Offers:

- Keynote Speaking
- Individual Coaching with Executives & Entrepreneurs to speak and live with intention
- Team Building Experiences
- Motivational Team Training
- Improved Team Communication Through DISC Assessments



# Stephanie Richardson, M.S.



Stephanie helps high-performing professionals communicate with confidence, breakthrough burnout, and lead with clarity & impact. A resident of Nashville, TN, Stephanie is a dedicated single mother, International best-selling author of The Power of Coaching Volume 2 and seasoned professional with a wealth of experience in the counseling and coaching fields. Her personal journey, marked by resilience in the face of adversity, serves as a powerful source of inspiration and authenticity, enabling her to connect with others on a profound level. Stephanie is not merely a coach; she serves as a catalyst for transformative change in her clients' lives. Her goal is to propel individuals and organizations from their current state to the realization of their vision of their ideal selves.



## Expertise:

- Presentation Skills
- Personal Development
- Resilience
- Communication
- DISC Behavioral Analysis
- Leadership Game (MLCT)
- Sales
- Nonprofits
- Psychology/Mental Health
- Wellness



## Trusted by Organizations Like:



Her energy, engagement and interaction with the group, as well as powerful and thought-provoking actions she provided, really helped spark a flame of valuable takeaways for women business owners, - Jennifer B.

Stephanie's experiences and insights resonated deeply, offering meaningful takeaways for both seasoned professionals and those early in their careers. - Brett A.

I have been inspired by training led by Stephanie Richardson for many years. She is a skilled teacher who successfully connects with her audience to deliver a presentation with high impact. - Julie G.

I have heard a lot of speakers. Stephanie is nothing less than top shelf! Her presentation was authentic, relatable, and I left with tools I could put into practice. - Linda E.

Stephanie has a genuine gift for helping people see what's possible and then supporting them as they move toward it. After hearing Stephanie speak, I walked away feeling uplifted, validated, and ready to act. - Beth W.

Her session was engaging, insightful, and deeply meaningful. - Daniela W.

I always leave with a little fire in me to take action. - Georgia C.

# Stephanie Richardson: Full Biography

Stephanie Richardson is a Nashville-based keynote speaker, leadership trainer, and business coach who helps professionals and teams elevate performance, strengthen communication, and lead with confidence.

With a unique blend of clinical psychology, entrepreneurial success, and real-world leadership experience, Stephanie delivers engaging, high-impact programs that move audiences from insight to action. Known for her interactive style and practical takeaways, she equips attendees with tools they can immediately apply to improve results in their work and personal lives.

Stephanie is the founder of Unlock Your Potential, where she has coached leaders and professionals across industries including healthcare, technology, finance, real estate, and nonprofit organizations. Her work centers on helping individuals break through limiting beliefs, strengthen self-leadership, and communicate with clarity and influence.

Before transitioning fully into coaching and speaking, Stephanie spent over a decade in the counseling field, earning her Master of Science in Psychology and serving as a Regional Director overseeing teams of master's-level therapists across multiple cities. She is a retired Licensed Professional Counselor who has worked with diverse populations and trained and supervised clinicians pursuing licensure—bringing depth, credibility, and emotional intelligence to every stage she steps on.

In addition to her clinical background, Stephanie is a successful entrepreneur of nearly three decades, building a multi-million dollar business with a nationwide presence. This combination of business acumen and behavioral expertise allows her to connect with audiences ranging from corporate leaders to sales teams to mission-driven organizations.

Stephanie is an International Best-Selling Author of [The Power of Coaching, Volume 2](#), a Certified Speaking Coach, and a Maxwell Leadership Certified Team Member and DISC Consultant—bringing powerful frameworks for communication, leadership, and team effectiveness into every presentation.

Her clients include organizations such as Live! Hospitality & Entertainment, Tennessee Charitable Care Network, Belmont University's Massey College of Business, Women in Technology of Tennessee, and the National Association of Women in Construction.

Popular speaking topics include:

- Leadership and self-leadership
- High-impact communication and DISC
- Presentation and public speaking skills
- Confidence, mindset, and personal growth

Whether delivering a keynote, workshop, or interactive team experience, Stephanie creates an environment where audiences are engaged, challenged, and equipped to perform at a higher level long after the event ends.



# Stephanie Richardson: Short Biography

Stephanie Richardson is a Public Speaking & Executive Coach, Certified World Class Speaking Coach, Maxwell Leadership Certified Coach, keynote speaker, and international best-selling author of *The Power of Coaching, Volume 2*.

With a Master's degree in psychology and more than 29 years of experience training, coaching, and leading a multi-million-dollar organization of nearly 1,600 members, Stephanie brings both clinical depth and real-world business results to the stage. A retired Licensed Professional Counselor with over a decade of experience, she blends psychology, leadership, and performance strategy to help professionals increase self-awareness and drive measurable results.

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# Stephanie Richardson: Stage Introduction

It's my pleasure to introduce our speaker today, Stephanie Richardson.

Stephanie's mission is simple but powerful: she wants every person in this room to walk away with practical action steps that empower you, elevate your results, and move you closer to the life and business you truly want.

With a Master's degree in Psychology and over a decade of experience as a Licensed Professional Counselor, Stephanie brings a deep level of insight that helps people increase self-awareness and create meaningful, lasting change.

But what truly sets her apart is her real-world leadership experience. Over the past 29 years, she has built and led a multi-million dollar direct sales organization of nearly 1,600 members, developing more than 80 leaders across the country.

She is also an International Best-Selling Author, Certified Maxwell Leadership Team Coach, DISC Consultant, and Certified World Class Speaking Coach—known for helping individuals turn insight into action and vision into reality.

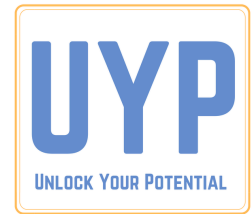
Get ready to be challenged, encouraged, and equipped.

Please help me welcome... Stephanie Richardson.



# Speaking Topics

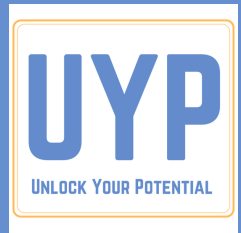
## In Person & Virtual



- The Most Challenging Person to Lead
  - Attendees leave with a clear, actionable system to lead themselves with purpose – so they can turn goals into consistent, measurable results
- The Courage to Cross the Threshold
  - Attendees will stop waiting to feel ready and leave equipped to take bold, decisive action on the opportunities in front of them.
- Four Pillars for Success
  - Participants identify what's limiting their success and leave with a clear, actionable plan to strengthen belief, passion, skill, and will for immediate performance results
- Act Like a Superhero
  - Equips professionals with a proven, repeatable system to replace self-doubt with confidence and take decisive action
- Raise Your Team's Leadership Lid
  - This experience reveals team dynamics and equips participants with practical tools to strengthen leadership, alignment, and results
- Strategic Storytelling that Drives Customer Impact
  - A practical system for using storytelling to connect, influence, and drive measureable results
- Turn Your Mistakes into Stepping Stones for Success
  - Participants develop a resilient, high-performance mindset that converts failure into faster decisions, stronger accountability, and better results
- Become a More Confident Speaker
  - Turn hesitant speakers into confident communicators who deliver presentations that influence decisions and drive measureable business results
- Assess & Adjust to Authentically Connect
  - Help professionals decode personality styles and adjust their communication to improve relationships, reduce friction, and drive results

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## A/V Requirements



- Stephanie prefers to use a handheld wireless microphone.  
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- Power Point will be utilized for Stephanie's presentation, and she will bring her own laptop.  
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- Availability for laptop on lectern is preferred.  
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- There are occasional videos in Stephanie's presentation that are links to online content. Please have sound capabilities & WiFi available.  
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- Please let us know if any A/V requirements cannot be met in advance so that accommodations may be made.

