

# Stephanie Richardson, M.S.



Your catalyst for CHANGE! Stephanie Richardson, M.S. propels individuals and organizations to UNLOCK THEIR POTENTIAL. Stephanie, a resident of Nashville, TN, is a dedicated single mother, International best-selling author of The Power of Coaching Volume 2 and seasoned professional with a wealth of experience in the counseling and coaching fields. Her personal journey, marked by resilience in the face of adversity, serves as a powerful source of inspiration and authenticity, enabling her to connect with others on a profound level. Stephanie is not merely a coach; she serves as a catalyst for transformative change in her clients' lives. Her goal is to propel individuals and organizations from their current state to the realization of their vision of their ideal selves, offering unwavering support, accountability, and expertise every step of the way.



## Expertise:

- **Presentation Skills**
- **Personal Development**
- **Resilience**
- **Communication**
- **DISC Behavioral Analysis**
- **Consulting**
- **Leadership Game (MLCT)**
- **Sales**
- **Nonprofits**
- **Psychology**



## Speaking Experience:

- **LIVE! Hospitality and Entertainment**
- **Tennessee Charitable Care Network**
- **Belmont University Massey College of Business**
- **Women in Technology of Tennessee**
- **National Association of Women in Construction**
- **PearlCon**

## Speaking Topics:

- **The Most Challenging Person to Lead**
- **Become a More Confident Speaker**
- **Act Like a Superhero**
- **Nothing to Lose, Everything to Gain**
- **Turn Your Mistakes into Stepping Stones for Success**
- **Raise Your Team's Leadership Lid**
- **Assess & Adjust to Authentically Connect**
- **Change From the Inside-Out to Increase Performance**

## CLIENT Testimonials



"If you haven't had the pleasure of listening to Stephanie Richardson speak, then you are missing out! Funny, inspiring, and heartfelt, are some of the adjectives that describe this smart and amazing lady. Stephanie makes you think differently, gives you the tools to push yourself, and helps you attain those goals that you've had a hard time making it to the finish line with. If you are a business owner, or need coaching in general, I highly recommend Stephanie Richardson to "Unlock your Potential" you will not be disappointed."

- Samantha L.

"I had the pleasure of hearing Stephanie speak and something that really stood out to me was her joy in her work! She radiates positivity and she had the attention of the whole room."

- Diane C.

"Stephanie has been an absolute pleasure to work with over the past year. I first encountered her as a guest speaker at several events, where her engaging and authentic presence truly stood out. I was so impressed that I chose to work with her individually, and it was one of the best decisions I've made. Stephanie has been instrumental in my personal and professional growth, providing valuable guidance and creating action plans to help me achieve my goals. I highly recommend her services."

- Katherine B.

