

Stephanie Richardson: Full Biography

Stephanie Richardson, a resident of Nashville, TN, is a dedicated single mother and seasoned professional with a wealth of experience in the counseling and coaching fields. Her personal journey, marked by resilience in the face of adversity, serves as a powerful source of inspiration and authenticity, enabling her to connect with others on a profound level. Stephanie is not merely a coach; she serves as a catalyst for transformative change in her clients' lives. Her goal is to propel individuals and organizations from their current state to the realization of their vision of their ideal selves, offering unwavering support, accountability, and expertise every step of the way.

As the founder of Unlock Your Potential, Stephanie's coaching business, she draws on her vast entrepreneurial experience to guide individuals, particularly those in leadership roles, to success. Specializing in coaching physical therapists, chiropractors, IT owners, sales professionals, software engineers, real estate professionals, financial planners, healthcare professionals, non-profit employees, and various other fields, Stephanie empowers her clients to surpass limiting beliefs and achieve desired outcomes. Her engaging and interactive approach shines through when facilitating team training or team-building events on topics such as leadership, communication, and personal growth.

With a Master of Science in psychology, Stephanie boasts a decade of hands-on experience in counseling, where she has worked with diverse demographics, including children, teenagers, adults, families, and inmates. In her role as a Regional Director, she successfully led a team of master's level therapists across four cities, showcasing her exceptional leadership and team development skills. Stephanie's unique blend of academic knowledge and practical experience is further underscored by her status as a retired Licensed Professional Counselor. During her counseling career, she not only provided individual, group, and family therapy but also played a pivotal role in guiding and supervising other counselors towards professional licensure.

Stephanie's entrepreneurial journey began 28 years ago when she ventured into direct sales to eliminate credit card debt. Her dedication paid off, as she achieved financial freedom within the first year of her business and has remained debt-free ever since. Choosing to be a hands-on mother, Stephanie transitioned from corporate America to focus on her direct sales business, which has evolved into a successful multi-million dollar enterprise with a nationwide presence.

Stephanie is the international best selling author of [The Power Of Coaching Volume 2](#), which helps you discover the possibilities that coaching provides for achieving total success in your personal and professional life. Certified as a World Class Speaking Coach, Stephanie enhances her clients' speaking and sales abilities, whether in workshops, keynotes, sales presentations, or elevator pitches. Additionally, as a Maxwell Leadership Certified Team member and DISC Consultant, Stephanie offers valuable insights into communication strengths and growth opportunities.

Stephanie's client list includes:

- Live! Hospitality and Entertainment
- Tennessee Charitable Care Network
- Belmont University Massey College of Business
- Women in Technology of Tennessee
- National Association of Women in Construction

Stephanie's most requested topics include:

- Personal development
- Presentation skills
- Communication

