

# Stephanie Richardson, M.S.

Stephanie Richardson's goal is to add value to your life so you walk away with specific action steps you can take to empower yourself, improve your business results, and help you move closer to where you want to be.

Stephanie has an M.S. degree in psychology. Stephanie utilizes her skills as a retired Licensed Professional Counselor with over 10 years of experience in the counseling field. She shares with her clients the lessons she has learned through 28 years of training, coaching, and leading a multi-million dollar a year direct sales organization of almost 1600 members, with significant results in the areas of promoting and developing 80 leaders across the nation.

Stephanie is a Certified World Class Speaking Coach and teaches others how to improve their confidence in their speaking skills and closing ratios. She helps individuals, couples, teens, and organizations understand themselves more deeply and improve communication with others as a DISC Consultant.

She is an international best-selling author of [The Power of Coaching Volume 2](#) and Maxwell Leadership Team Certified Coach and DISC Consultant, serving as a catalyst for change in her coaching clients' lives and providing accountability toward taking the steps needed to achieve their vision.



## Stephanie Offers:

- Individual Coaching with Executives & Business Professionals
- Team Building Experiences
- Motivational Team Training
- Coaching & Training on Speaking Skills
- Improved Team Communication Through DISC Assessments



# Stephanie Richardson, M.S.



Your catalyst for CHANGE! Stephanie Richardson, M.S. propels individuals and organizations to UNLOCK THEIR POTENTIAL. Stephanie, a resident of Nashville, TN, is a dedicated single mother, International best-selling author of The Power of Coaching Volume 2 and seasoned professional with a wealth of experience in the counseling and coaching fields. Her personal journey, marked by resilience in the face of adversity, serves as a powerful source of inspiration and authenticity, enabling her to connect with others on a profound level. Stephanie is not merely a coach; she serves as a catalyst for transformative change in her clients' lives. Her goal is to propel individuals and organizations from their current state to the realization of their vision of their ideal selves, offering unwavering support, accountability, and expertise every step of the way.



## Expertise:

- **Presentation Skills**
- **Personal Development**
- **Resilience**
- **Communication**
- **DISC Behavioral Analysis**
- **Consulting**
- **Leadership Game (MLCT)**
- **Sales**
- **Nonprofits**
- **Psychology**



## Speaking Experience:

- **LIVE! Hospitality and Entertainment**
- **Tennessee Charitable Care Network**
- **Belmont University Massey College of Business**
- **Women in Technology of Tennessee**
- **National Association of Women in Construction**
- **PearlCon**

## Speaking Topics:

- **The Most Challenging Person to Lead**
- **Become a More Confident Speaker**
- **Act Like a Superhero**
- **Nothing to Lose, Everything to Gain**
- **Turn Your Mistakes into Stepping Stones for Success**
- **Raise Your Team's Leadership Lid**
- **Assess & Adjust to Authentically Connect**
- **Change From the Inside-Out to Increase Performance**

## CLIENT Testimonials



"If you haven't had the pleasure of listening to Stephanie Richardson speak, then you are missing out! Funny, inspiring, and heartfelt, are some of the adjectives that describe this smart and amazing lady. Stephanie makes you think differently, gives you the tools to push yourself, and helps you attain those goals that you've had a hard time making it to the finish line with. If you are a business owner, or need coaching in general, I highly recommend Stephanie Richardson to "Unlock your Potential" you will not be disappointed."

- Samantha L.

"I had the pleasure of hearing Stephanie speak and something that really stood out to me was her joy in her work! She radiates positivity and she had the attention of the whole room."

- Diane C.

"Stephanie has been an absolute pleasure to work with over the past year. I first encountered her as a guest speaker at several events, where her engaging and authentic presence truly stood out. I was so impressed that I chose to work with her individually, and it was one of the best decisions I've made. Stephanie has been instrumental in my personal and professional growth, providing valuable guidance and creating action plans to help me achieve my goals. I highly recommend her services."

- Katherine B.





# Stephanie Richardson: Full Biography

Stephanie Richardson, a resident of Nashville, TN, is a dedicated single mother and seasoned professional with a wealth of experience in the counseling and coaching fields. Her personal journey, marked by resilience in the face of adversity, serves as a powerful source of inspiration and authenticity, enabling her to connect with others on a profound level. Stephanie is not merely a coach; she serves as a catalyst for transformative change in her clients' lives. Her goal is to propel individuals and organizations from their current state to the realization of their vision of their ideal selves, offering unwavering support, accountability, and expertise every step of the way.

As the founder of Unlock Your Potential, Stephanie's coaching business, she draws on her vast entrepreneurial experience to guide individuals, particularly those in leadership roles, to success. Specializing in coaching physical therapists, chiropractors, IT owners, sales professionals, software engineers, real estate professionals, financial planners, healthcare professionals, non-profit employees, and various other fields, Stephanie empowers her clients to surpass limiting beliefs and achieve desired outcomes. Her engaging and interactive approach shines through when facilitating team training or team-building events on topics such as leadership, communication, and personal growth.

With a Master of Science in psychology, Stephanie boasts a decade of hands-on experience in counseling, where she has worked with diverse demographics, including children, teenagers, adults, families, and inmates. In her role as a Regional Director, she successfully led a team of master's level therapists across four cities, showcasing her exceptional leadership and team development skills. Stephanie's unique blend of academic knowledge and practical experience is further underscored by her status as a retired Licensed Professional Counselor. During her counseling career, she not only provided individual, group, and family therapy but also played a pivotal role in guiding and supervising other counselors towards professional licensure.

Stephanie's entrepreneurial journey began 28 years ago when she ventured into direct sales to eliminate credit card debt. Her dedication paid off, as she achieved financial freedom within the first year of her business and has remained debt-free ever since. Choosing to be a hands-on mother, Stephanie transitioned from corporate America to focus on her direct sales business, which has evolved into a successful multi-million dollar enterprise with a nationwide presence.

Stephanie is the international best selling author of [The Power Of Coaching Volume 2](#), which helps you discover the possibilities that coaching provides for achieving total success in your personal and professional life. Certified as a World Class Speaking Coach, Stephanie enhances her clients' speaking and sales abilities, whether in workshops, keynotes, sales presentations, or elevator pitches. Additionally, as a Maxwell Leadership Certified Team member and DISC Consultant, Stephanie offers valuable insights into communication strengths and growth opportunities.

Stephanie's client list includes:

- Live! Hospitality and Entertainment
- Tennessee Charitable Care Network
- Belmont University Massey College of Business
- Women in Technology of Tennessee
- National Association of Women in Construction

Stephanie's most requested topics include:

- Personal development
- Presentation skills
- Communication



# Stephanie Richardson: Short Biography

Stephanie Richardson's goal is to add value to your life so you walk away with specific action steps you can take to empower yourself, improve your business results, and help you move closer to where you want to be.

Stephanie has a M.S. in psychology and is a single mom. Stephanie started her coaching business when a supervisee asked Stephanie to help coach her in opening her private counseling practice.

Stephanie utilizes her skills as a retired Licensed Professional Counselor with over 10 years of experience in the counseling field working with adults, children, families, and inmates to help her clients increase their self-awareness. She shares with her clients the lessons she has learned through 28 years of training, coaching, and leading a multi-million dollar a year direct sales organization of almost 1600 members, with significant results in the areas of promoting and developing 80 leaders across the nation.

Stephanie is a Certified World Class Speaking Coach and teaches others how to improve their confidence in their speaking skills and closing ratios. She helps individuals, couples, teens, and organizations understand themselves more deeply and improve communication with others as a DISC Consultant.

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# Stephanie Richardson: Stage Introduction

At the end of our time together today, Stephanie Richardson's goal is to add value to your life so you walk away with specific action steps you can take to empower yourself, improve your business results, and help you move closer to where you want to be.

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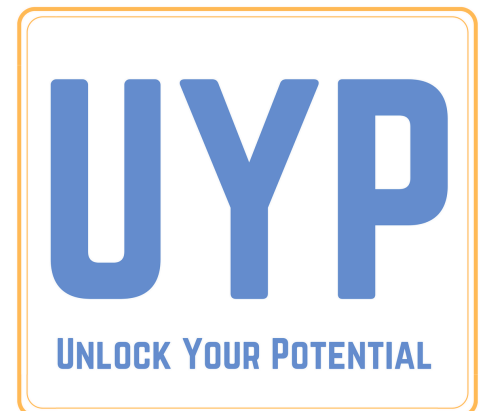
I am excited to hear what she will be sharing with us today.



# Speaking Topics

## In Person & Virtual

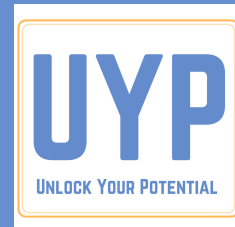
- The Most Challenging Person to Lead
- Become a More Confident Speaker
- Act Like a Superhero
- Nothing to Lose, Everything to Gain
- Turn Your Mistakes into Stepping Stones for Success
- Raise Your Team's Leadership Lid  
(Only Available In-Person)
- Assess & Adjust to Authentically Connect
- Change From the Inside-Out to Increase Performance
- Private Individual Coaching in 6 Areas of Your Life





# Stephanie Richardson, M.S.

## A/V Requirements



- Stephanie prefers to use a handheld wireless microphone.

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- Power Point will be utilized for Stephanie's presentation. She will need to know if a laptop is available, if she needs to bring one, and the type of connection to the screen so she can bring necessary adapters as needed.

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- Availability for laptop on lectern is preferred.

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- There are occasional videos in Stephanie's presentation that are links to online content. Please have sound capabilities & WiFi available.

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- Please let us know if any A/V requirements cannot be met in advance so that accommodations may be made.

