

Elisabeth Leamy

# TRloritize™

3 Proven Steps for  
**PEAK PERFORMANCE & PRODUCTIVITY**

Elisabeth helps audiences do the **BEST WORK** of their lives by conquering their **COMPETING PRIORITIES** and focusing on what **REALLY MATTERS**.



## MEET ELISABETH LEAMY

[Watch Elisabeth's Demo Reel ▶](#)

Riveting speaker who shares a prioritizing system she developed to do outstanding work amid the chaos in the relentless world of broadcast news.

Good Morning America alum and 13-Time Emmy Winner who audiences know from her 25 years on TV, her Washington Post column, and two books.

Competing priorities are a stubborn problem. Elisabeth's TRloritize Technique is a startling solution. Audiences are guaranteed to lean in and listen.



## DESCRIBE ELISABETH:

Emmy-winning on-air personality Elisabeth Leamy delivers meaty keynotes packed with vivid stories, fascinating brain science—and genuine belly laughs.

She gets her point across with everything from an Albert Einstein brain study to the goat that ate a hole in the seat of her dress on live TV.

Her system is so clear, people start planning how to overcome their priority overload and achieve peak performance before she steps off the stage.

## KEYNOTE TOPICS

For All: **PEAK PERFORMANCE** with The TRloritize Technique

For Executives: **STRATEGIC LEADERSHIP** with The TRloritize Technique

For All: **BEAT BURNOUT** with The TRloritize Technique

For Employees: **RADICAL PRODUCTIVITY** with The TRloritize Technique

[TRloritize Explainer Video ▶](#)

