

DR. RACHEL CARTWRIGHT, PH.D.

SPEAKER, TRAINER, AUTHOR, CONSULTANT

"Inspire others to take action that impacts change in their lives and their organizations throughout the world"

Dr. Rachel Cartwright, Ph.D., LHRM, RN, has taught thousands of professionals across the healthcare industry strategies to immediately enhance quality of care and practical actions that reduce liability exposure as a patient care provider.

Rachel blends her consulting background, coaching skills, and natural stage presence for every keynote, breakout session, and workshop. She ensures her audience is inspired to take immediate action and stocked with tools and structure to critically think though even the most unusual scenarios. She does this by combining a warm and compassionate style with a no-nonsense, straight-forward approach that fosters personal accountability. Audiences experience an increased

Rachel's 4 Pillars

- **Quality**
- Integrity
- Professionalism
- Compassion

ability to quickly identify and manage priorities, collaborate with other team members, and contribute in a meaningful way to their organization's success.



RACHEL'S MOST REQUESTED PROGRAMS

https://www.espeakers.com/marketplace/profile/19588/simple

Get Up! Get Dressed!

Positive affirmation and stress reduction strategies.

Uncommon Champions Sleep When They're Dead

Three steps to that yield maximum achievement

Legal Liability for Nurse Leaders

Lead with risk reductions tactic in mind

Nursing Documentation Strategies

How to avoid risky documentation in electronic records.

Evaluating Health Literacy in Contemporary Organizations

Learn 4 essentials tools to evaluate health literary of patients

Foster personal accountability by pursuing personal goals with a sense of urgency.

Align personal integrity at workDefine professionalism through

and leadership

situations

the lens of professional practice

Embrace positive attitudes critical

thinking during challenging

Engage Rachel Today and Your Audience Will...



Washington Hospital

Martinsburg VA Medical Center

San Juan Regional Medical Center

UCLA Medical Center

PESI Healthcare

Coverys

James A Haley VAMC

UCFW Union 1625

"Inspirational" You are genuine, funny, brilliant and inspirational. Awesome seminar! One of the best I've been to.

A.S. Registered Nurse, Albuquerque Hospital

"Quality" Rachel provides the highest quality of work, whether analyzing legal issues related to nursing care or regulatory compliance standards. She is very knowledgeable, articulate, easy to work with, and reliable.

K.C. Clinical Assistant Professor, FIU

"Professional" Rachel is an ultimate professional. I have had the pleasure of working with her in multiple capacities since the mid 80's and each time have been enriched by her knowledge and professionalism.

J.C.S. Director of Education, AHMC Healthcare

"Best Investment" I've attended many conferences and Rachel is unique and focused on individual needs. She has a very approachable style and willing to share. Hands down the best investment I've made in my career!

L.L. Owner, Coastal Legal

DIFFERENTIATORS – Expertise

Leadership and Training

- o National Speakers Association (NSA) member
- o 40,000 nurses trained (leadership, seminar, conferences)
- o 25+ years of Executive Advising, Training, Coaching

• Project Management, Training, Workshops

- o Legal Aspects of Healthcare seminars
- o Continuing Education Provider since 2004
- o TeamSTEPPS

• **Oualifications / Certifications**

- o PhD Public Policy & Administration: Law and Policy
- Licensed Healthcare Risk Manager (LHRM)
- o Legal Nurse Consultant
- o 36+ years clinical, management, education experience
- o MS, Nursing
- o Published author: textbooks and peer reviewed journals

