



Dr. Jeffrey Geihs
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To Whom It May Concern:

We are so fortunate that Diane Allen spoke for the Nevada Association of School Administrators at a time when we were shifting from virtual to in-person classes. Many of our teachers and administrators found the techniques that targeted both stress reduction and high performance simultaneously to be helpful both on a personal level and applicable to the classroom.

Diane's presentations are compelling, timely, instructional, and engaging. I highly recommend her if you are looking for a true professional with heart.

Sincerely,

Dr. Jeffrey Geihs
Executive Director
Nevada Association of School Administrators
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