

Award-winning author, speaker and trainer

Most Frequent Presentations:

Constructive Conversations

Ask for what you want and need without alienating other people or damaging your brand.

Learn the 4 steps to make others receptive to your constructive conversation.

Recognize and manage unspoken conversations and hidden agendas.

Engaging Your Post-Millennial Workforce

Prepare your organization for the 27% of the population called "Gen Z" now entering the workforce.

Apply the results from current research to increase productivity and reduce turnover.

Coach and evaluate young employees more productively.

Negotiations for Long-Term Success

Ask for what you want, without damaging relationships. Define when to walk away and when stay at the table. Apply concepts such as principled negotiations, psychological anchoring, best alternative to a negotiated agreement, zone of possible agreement, and reciprocity.

Networking for Non-Networkers

5 steps to make networking simple and non-threatening – even for introverts!

Leverage LinkedIn and online media to save time and improve your brand.



"Jamie's energy is contagious and engaging.
Our time spent with her was invaluable, as it
helped tear down barriers holding us
back. We're inviting Jamie back this year for a
Leadership Retreat to delve into
communications and crossgenerational management."

-L. Shumate, AVP, Houston Public Media

"Jamie presented her "Constructive Conversations" content with great energy, personal, relatable stories, and exercises that engaged our female leaders. She was a dynamic addition to our agenda that gave us insight into potentially problematic thought processes and behaviors while giving us practical tips for improving future interactions. I recommend her without hesitation."

-C. Morale, Manager, CenterPoint Energy

"Jamie's presentation was the highlight of our conference! Her knowledge and skills in Negotiations and Difficult Conversations kept our managers and franchise owners highly engaged while providing valuable tools they could use daily."

K. Pitts, CEO, Link Staffing











Book Jamie Today!

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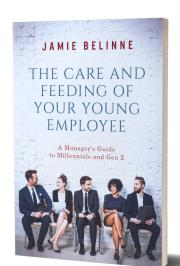








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Praise for Jamie's Most Recent Book:

"Jamie joins together practical experience with thoughtful analytics to not only describe the characteristics of those now entering the workforce, but also empathetically prescribe the disciplines required of others to ensure they flourish. She also adeptly details *all five generations* currently employed, in compelling fashion reminding the reader of the commercial value diversity of thought brings to any setting or sector regardless of birth year."

President & CEO, Igloo Products Corp.

"As the employer of a great number of Gen Z and Millennials, I thought I understood the psyche of my young employees. This book truly helped me to see my employees in a different light. It gave me an appreciation of strengths that I was overlooking. Jamie's insight and advice have allowed me to make immediate and far reaching improvements to our culture and communications. This book can help anyone become a more effective manager of people, young and old."

Chief Executive Officer, Next Level Urgent Care