

Julia
Vaughan



Healthy Brain
+
Healthy Mindset
prepares the way for
**HEALTHY
LEADERSHIP!**

Presentation Topics

When **LEADERSHIP** is what you are looking for in your company, Julia will help you find the **VALUE, PASSION** and **POTENTIAL** within. **GREATNESS** with **ENTHUSIASM** is the goal.

When you want someone who **NEVER GIVES UP** then look no further. I joined the John Maxwell team in 2016 and little did I know that 9 months later I would suffer a **STROKE**.

In 2021 I was attacked and suffered a **TRAUMATIC BRAIN INJURY (TBI)** and still ready to take on the world.

Julia adds **EXTRA VALUE** in leadership by being an Certified Executive Director on The John Maxwell Team and Certified in Brain Health.

DISC Your Way to a Prosperous Year: helping leaders and teams to be energized, engaged and profitable through healthy communication.

Leadership Game: A fun, yet challenging experience designed to help participants better understand one another by creating a safe environment conducive to learning and discovery.

Leadership Laws: The importance of influence, respect and process while receiving practical tools to address challenges.

Covid and the Brain: Supporting the brain and body so that we can both focus and retain is important as we strive for healthy leadership.

Leading to Success: Discover powerful skills to dramatically improve your ability to influence those you lead to greater results in their business.

Healthy Brain to Healthy Mindset: How taking care of our brains can lead to healthy mindset.

Increasing Your Sales Influence: Influencing, empowering, identifying and solving problems for clients will increase sales and leadership skills and achieve greater results selling.

Teamwork and Intelligence: High performance collaboration requires an intentional approach and a clear understanding of the foundation how we can bring our best to the team.

