

Testimonials

Convention Industry Council – “Karyn’s observations about laughter as a potent tool that all leaders should hone for success was a powerful message.” – Karen Kotowski, CAE, CMP, Chief Executive Officer

Morgan Properties – "Karyn served as a keynote for our recent management conference. She was upbeat, funny and energizing! The feedback from our property managers and maintenance supervisors who attended her session has been overwhelming positive. Karyn really listened to what our goals were and customized her presentation to our organization's key objectives. She was a pleasure!" – Amy Weissberger

Information Technology Alliance and Owner of Mork Consulting, LLC – "Karyn recently keynoted our ITA Fall Collaborative. Not only did she deliver an excellent message to our members, she also spent time with our people in other sessions and at our social events and went "above and beyond the call of duty" to connect with our attendees. Her message about the importance of humor in leadership is important and Karyn did a great job of communicating this to our attendees." – Stan Mork, President

UH Connor Integrative Health Network – "Karyn is one of the best speakers I have heard and one of the kindest to work with. From the first conversation, she knew immediately what we were looking for. Karyn was one of our keynote speakers at our fourth Dan and Linda Silverberg Heal the Healer CME symposium at University Hospitals-Case Western Reserve University in Cleveland and packed the house with over 300 attendees. She brought dynamic healing, inspirational humor and legitimate credentials to the event. The testimonials were enthusiastic and I still remember her key points months later. It is with absolute great confidence that I recommend Karyn Buxman as a speaker to your group. I cannot wait to work with her again." – Françoise Adan MD, ABIHM, Medical Director

University of Missouri Hospital in Columbia, Missouri – "We invited Karyn to speak to all of our nursing staff from bedside nurse to leadership during a Nurses’ Week celebration at University of Missouri Health Care. The staff could relate to Karyn’s message. It was inspirational and funny. The feedback from nursing was fantastic! We would love to have her back again and would encourage others to invite her to speak to their staff." – Jackie Ryan

Cook Children's Medical Center – "Karyn was a huge hit at our conference! She was the opening and closing keynote for the first day of the conference, which worked out perfectly because she got the crowd excited for the entire day's activities and closed the day leaving them inspired and re-energized about their careers. Below are a few of them comments made by the attendees on their conference evaluation: "By far, the best speaker and informational session I have had the privilege to experience. I could miss ALL other sessions this weekend and still walk away feeling I learned a lot and had a fresh point of view to carry with me when I returned to work on Monday." "Loved. Loved. LOVED Karyn! I can not wait to take her principles to my unit." "Karyn was great. She kept me entertained and uplifted while also providing good information." Not only was she a wonderful speaker, she was enjoyable and down to earth to work with. I have never had a

speaker like Karyn, who initiated a phone call with our planning team in order to get to know us and the focus of our conference on a more personal level. The time that she took with this as well as her follow up to check in and see how things were going as the conference approached made a huge impact on our team and gave us confidence that she cared about our conference being a success. In addition to this, she took the time throughout the conference to network with our attendees, adding such a special touch to the entire experience." – Breanna Anderson Conference Coordinator

Ascension Health – "Karyn was the closing keynote speaker and hosted a breakout session for a Pain Management conference with a variety of clinicians. She did a fabulous job of teaching how to incorporate laughter in the clinical setting and wrapping up the conference by rallying the troops to take accountability when returning to their facility. Thank you Karyn for adding levity to our meeting!" – Judy Henderson, Clinical Care Director

Mass ALFA – "Karyn recently returned to Boston for her second "gig" at the Mass-ALFA Annual Conference and Trade Show. She is an extraordinarily funny and unique Neurohumorist who is able to deliver solid content in a context that wows audiences and literally keeps you laughing. She is warm, funny, and smart. Do not miss an opportunity to bring her to your meeting or conference. Your audience will thank you!" – Janice Bernstein, Director

Healthcare Service Excellence – "Karyn Buxman is brilliant! During her presentation at our Annual HealthCare Service Excellence Conference she provided education, inspiration, and a boatload of laughter. She makes learning fun, but breathing hard! She should come with her own warning label, to ensure your heart can handle all the hilarity she brings to the table. If you're thinking of hiring Karyn, quit thinking and just do it! You will be the superstar for including her in your program!" – Pat Goodberry-Dyck, Chief Operating Officer

Ohio State University – "Exciting, funny and insightful--she gives every nurse courage, hope, and reminds us all of the reason we came to this important work. She is a valuable and vital advocate and a role model for what is best in us all. I only wish you could all hear her message. Fun, creative, dynamic--we all need the boost she brings to our person and our role!" – Dr Tim Porter-O'Grady, Clinical Professor, Leadership Scholar

Shawnee Regional Hospital – "Both programs were wonderful! You truly have a gift." – Linda Brown

Rockdale Hospital – "On behalf of Rockdale Hospital & Health System, thank you for the hilarious, motivating and enthusiastic presentation." – Jennifer Malone

UCI Health Systems – Your humor, energy and insight provided a great boost to everyone who took part in your presentations. – Laura Hennem

Foundation of CVPH Medical Center – “Wow! You blew us away in Plattsburgh, NY! Your presentations were more than we could have imagined and the positive feedback just keeps coming. Thank you for your look on the lighter side and for a message, which we will hold close to our hearts. With the level of stress in health care today, your talk was a welcome respite and reminded us that we need to take care of ourselves if we are going to take care of others! Your stamina was amazing-it was a long day, yet each presentation was fresh and energetic. All left feeling that you gave them something special.” – Hannah Hanford

Mayo Medical Center – “On behalf of the entire conference planning committee and Mayo Continuing Nursing Education, thank you for sharing your time and expertise with our nursing colleagues.” – Dorothy Bell, MS, RN, C

Alphena General Hospital Development Council – “Karyn, you are a pleasure to work with and we look forward to working with you again in the future.” – Penny Bartosh

Specialty Center for Heart and Vascular Care – “Karyn Buxman was very charismatic and engaging-showing that everyone can use and see humor if they look.” – Alyse B. Florence

King’s Daughters’ Medical Center – “The content exceeded my expectations in humor and in real life application.” – Susan Graham

St. Mary’s Medical Center – “Your presentations were everything we expected. Nursing at St. Mary’s was impacted, stimulating, revitalization, celebration and most importantly laughter.” – Cathy Murphy, RN

North Mississippi Medical Center – “Your humor was contagious and helped our staff “lighten up” in this ever changing healthcare environment. I was amazed by your ability to share your humor with five different audiences while maintaining a freshness and enthusiasm as though each was the first group of the day.” – Lana Thompson, RN

University Hospital & Clinics – “You met my expectations to the letter and you were a great addition to the program. The evaluations were exceptional for your presentation. ” – Deanna Harper, MSW

Cox Health Systems – “Karyn’s knowledge and experience in the health care environment made her stories and antidotes relative to those in attendance.” – Pamela Andrews

Prairie View Inc. – “Your energy level was as intense for the last presentation as it was for the first. Our audiences have shared with us how delighted they were with your presentation and appreciated the substance you provided in your presentation. Your expertise, sharing of your own experiences and your humor made the seminar one of the best Prairie View has ever conducted!” – David H. Gear, M.H.S

St. John's Mercy Cancer Center – “We have heard nothing but positive feedback and have had many requests to invite you back for a longer session.” – Marian Wuest, RN, BSN

Texas Children's Hospital – “The planning committee of the 1994 Children's Hospital Association of Texas Nursing Conference expresses its appreciation to you for serving as one of it's faculty members. Your presentation made a significant contribution to the overall success of the conference.” – Kelly Wallin, MSN, RN, C and Angela Whetstone, MN, RN, C

Missouri League for Nursing Inc. – “We owe you a real debt of gratitude for demonstrating such interest in the members of our organization during your presentation.” – Brenda Schell

Overland Park Regional Medical Center – “I really do believe it takes a nurse to fully understand what nurses face and the dilemmas and/or situations they have to deal with day after day in every setting. Thank you so much for your great presentation.” – Bea Rush, RN, MA

Bi-State Health Care Expo – “A great contribution to the conference was your professionalism and your presentation. A program such as this one is only as good as the quality of its presenters and the dynamics of a good team working together to serve those that attend. In other words, a conference is only as good as the sum total of its parts. You were an integral part in the success of this conference and for that, I thank you.” – Shelly Gimenez

Riverside Methodist Hospitals – “Your presentation on humor was just what we needed! It was presented in a different way than we had ever heard before and everyone really enjoyed the interactive part of the presentation.” – Kathleen A. Klass, RN, BSN, OCN

St. Mary Hospital – “You are a true inspiration to the nursing profession and to me! I greatly appreciate your time and efforts.” Jeannie Hattemar, RN, BSN, CGC

Scripps Memorial Hospital – “She was so entertaining. It's nice to be encouraged to be humorous, and that it does not take away from our professionalism. Karyn's anecdotes were so good, we could all relate to many of those same situations. She is a terrific speaker who really understands our needs and the stress we are all experiencing. I thought it was especially helpful now, considering how we are seeing so many changes. It's nice to hear we have permission to laugh...to be encouraged to laugh! Karyn's message helped to remind me that it is important to take care of myself, to find the time to laugh, and by developing my humor to the fullest, I will be able to give more to my patients.” – Nancy Lakier, RN, MBA

Medical Center Hospital – “I can't tell you how much I personally enjoyed your visit with us and look forward to having you return for another program.” – Jane Lemaster, RN

South Suburban Hospital – “Comments from participants were very positive and appreciative of your teaching style, humor and examples. They felt it was very relevant in today’s pressures.” – Arlene Bohr

Northland Medical Managers – “She was awesome! Hats off to a terrific conference planning team!” – Sherri Beasley

Mississippi Nurses’ Association – What a pleasure to have you as our Keynote Speaker for the Mississippi Nurses Association annual meeting! MNA members and nursing students alike found you refreshing and a true humorist. Our convention was on the heels of America’s tragedy and many attendees commented that your talks were especially welcomed during this mourning period.” – Betty R. Dickson

American Diabetes Association – “The humor you injected into a serious subject made the audience feel that much more at ease examining a topic that is often painful and sometimes heartbreaking.” – Ann Richards Ketcham, CFRE, MPA

Association of Occupational Health Professionals – “Your energy continued throughout the entire 4 days of the conference. Attendees were giving each other standing ovations and waving their wands throughout the week – it makes me smile just thinking about it.” – Vicky McGavack, RN, COHN-S

KFDUNN & Associates – “You stole the show! The extent to which you were able to integrate the client’s area of expertise into your presentation was evidenced by the number of additional invitees they brought in.” – Peter Gordon

New Mexico Health Care Association – “Your ability to communicate with the members of a large group and your ability to gear to their wants and needs is outstanding.” – Tami Briones

Wisconsin Health Care Association – “Comments regarding your program were very positive and you scored the highest NAB evaluation of the eighteen presenters on the program.” – George W. MacKenzie

National Association for Health Care Recruitment – “You contributed greatly to the high quality of our conference and also provided valuable information to our members.” – Cathy Allman, RN, MSN

Iowa Health Care Association – “Your presentation was an absolute success. I received numerous compliments, which were all very positive. You are very energetic and applied your presentation to our wide variety of faculties. A fantastic bonus to our convention.” – Sandra King

Texas Association of Homes and Services for the Aging – “Your presentation was well received and elicited such responses as, ‘greatest stand up comic ever!’” – Donna Loflin, LSW

Bellin College of Nursing – “Your presentation was super! We received some great feedback from all who attended.” – Cathy Nick

South Dakota Health Care Association – “The attendees really appreciated your session and thought it was fun, exciting and yet had a very important message that they could take back to their facilities.” – Lori L. Tracy

Florida Health Care Association – “I enjoyed sitting in the back of the room and watching the audience rock with laughter. You have a wonderful gift for imparting great practical advice and worldly wisdom by poking fun at everyday life. Your involvement as a presenter was a key component to the success of our conference.” – William J. Phelan

Texas Association For Healthcare Financial Administration – “Best speaker and best information presented.” – Linda M. Dunahoo, CPS

Florida Health Care Association – “You have a wonderful gift for imparting great practical advice and worldly wisdom by poking fun at everyday life.” – Jane E. Johnson

American Association of Critical Care Nurses – “Thank you for helping to make the NTI a delightfully experience!” Anne Fangman, RN, MA

The American Academy of Periodontology – “Many thanks for your time and efforts on behalf of our attendees.” – Barbara Connell, CAE, CMP

Missouri Nurses Association – “Your presentation at the luncheon was wonderful and was the perfect note for ending the Convention.” – Belinda Heimericks, MSN, RN

Oklahoma Nurses Association – “Karyn is an excellent speaker – enthusiastic-understanding “nursing mentality” – fun lecture.” – Evelyn E. Ramming, RN, PhD

Illinois Organization of Nurse Leaders – “Thank you so much for contributing to the success of our Annual Meeting.” – Sue Durhurg

Mercy St. Joseph’s – “Your humor, warmth and personal touches made this one of the easiest events to plan – and remember, I need to please more than a thousand women at this event!” – Sheryl Walsh

Northern Hospital – “Thank you so much for bringing important, useful and fun information to the women of our community.” – Rebecca Gutierrez

Wilson N. Jones Medical Center Foundation – “We have had so many positive comments passed on to us from numerous ladies that attended the event.” – Sondra Sullivan

Women’s Health Week – “Karyn’s presentation was a resounding success with the women who attended. Karyn does an excellent job of engaging and involving her audience, as evidenced by the degree of laughter, nods of agreement, and the ladies’ active participation in Karyn’s laughing exercises.” – Trina Jones

Central Westmoreland Chamber of Commerce – People enjoyed your sense of humor. You have a unique view of life and a different method to handle difficult situations.” – Tom Sochacki

Mercy Oakwood – “She is an outstanding humorist presenter. I would invite her back without hesitation.” – Monica Ritschke, RN, MSN

Community Health Education & Resources – “The conference was a great success and we feel most certainly that it was attributed to your motivating manner and dynamic personality.” – LaVina Hensley

Women’s Business Conference – “Your workshop was key to the success of the conference.” – Barbara Blatz

Penn State – “It really was a great day for us...our program was a huge success.” – Barbara B. Solesky

Professional Secretaries International – “I learned more about the ladies in my group last evening than I have for the past two years.” – Linda J. Malia

Stamford Health System – “Thank you so much for all your help and support in making the “Keeping Your Balance-Celebrating Women Today” program such a success!” – Carol Elliot

Allegheny Lutheran Social Ministries – “Our direct service staff benefited from the opportunity to “laugh at themselves” and your presentation enabled them to begin to view their daily routine from a lighter perspective.” – Patricia W. Savage

National Automobile Dealers Association – “Thank you for coming and speaking to us and for making my first NADA Lifestyle Program a big success. We had record numbers this year and I was so pleased with the attendance in the Lifestyle area.” – Ann B. Cate

St. John’s Lutheran – “Thanks again for the positive and humorous presentation you made at our retreat. Your poise, timing, and presentation were excellent.” – Stephen Hower

James H. Brown Health Reform Legislation – “Your participation in this conference added tremendously to its success. The conference evaluation from that was sent out to

all of our 800 plus attendees gave your presentation the highest overall rating of any other segment of the conference.” – Denise Cassano

Florence Crittenton Service for Girls In Crisis – “It was a wonderful experience for us all, and especially so for the girls.” – Lisa Olivas-Cook, CFRE

School Social Work Association of America – “Much time and effort is required to make such a presentation and the willingness to share your expertise at the conference is appreciated.” – Claudia Perozzi

New York Association of Homes & Services for the Aging – “I appreciate your willingness to share your expertise with the member of our association. I look forward to working with you again.” – Kathy Gormley

Mark Twain Association of Educational Office Personnel – We really appreciate the time and effort you spent on our behalf.” – Tammy Lieurance

The Stephen H. Wilson Scholarship Fund – “Our planning committee was absolutely thrilled with your outstanding presentation of material that was “right on target.” – Stephen H. Wilson, MA, CSP

Alabama Council for School Administration and Supervision – “Your humor was right on target, and it helped get our group loosened up and relaxed for the rest of the convention.” – Harry H. Toothaker

4th Annual Conference Case Management Society of St. Louis Case Management Society of America – “We very much appreciate that you took time from your busy schedule to share your expertise with your attendees.” – Lynnda Simpson, RN, CCM

Hannibal School District No. 60 – “Karyn has a unique perspective on education as a former teacher and school board member. Her knowledge on the subject of humor in the workplace and relating that knowledge to her audience is second to none.” – W. Scott Taveau

Barrie Zucal, M.S. Family Business Consulting – “You kept us laughing for what – an hour and a half or so. That seems to be quite a feat.” – Barrie Zucal, MS

State of Alabama Personnel Department – “Your informational and inspirational program motivated people to deal with conflict in life and find the humor so we can keep smiling!” – Sharleen Smith

University of Missouri – Columbia – “What can I say but thank you for an absolutely wonderful day at the humor Conference. As always the comments and the evaluations are outstanding.” – Mary Margaret Bayer, Med, RN

Texas Department of Health – “We especially want to recognize your work as the dinner speaker during the banquet which was attended by more than 700 conferees.” – Theresa E. Bennett, RN, BSN

American Sugarbeet Growers Association – “It is quite a challenge to find just the right balance in a speaker for a program that can focus on the interests of the 100 ladies who attended the Spouse session. They were so happy with the content of your presentation and the blend of wit and real life experiences that proves that humor can get us through those difficult and trying moments.” – Ruthann Geib

United States Department of Agriculture – “Your presentation was well received by our group of managers and I do want to thank you for presenting the management cap to me.” – Clarence P. Squellati

MO-AG – “Your charm and humor was a sure crowd pleaser which ended our successful convention on a positive note.” – Jim Russell

Western Association – “All I heard were good remarks about your presentation and look forward to working with you in the future.” – Jeff Flora, CAE

Indiana Farm Bureau Inc. – “You provided a wonderful upbeat ending to our meeting.” – Carolyn M. Hegel

Hoxie Implement Co. – “Your participation was a significant contribution towards the success of this meeting.” – Gerald W. Heim

National Rural Electric Cooperative Association – “There is no question you were the ‘hit’ of the four-day program.” – Barbara D. Roos

Certified Speaking Professional Council of Peers Award of Excellence – “Well, you stepped up to the plate, you swung the bat and you hit a grand slam!” – Dave Gorden, CSP, CPAE

National Speakers Association – “With your generous gift of time and talent, our participants walked away inspired!” – Mary Kay Kurzweg

Wyeth-Ayerst – “I have never laughed so much & I will continue to do so with Karyn!” – Lauren Morris

Wells Rural Electric Company – “Thank you for a marvelous presentation that is still drawing positive comments more than two weeks later.” – Thad S. Ballard

Alabama Department of Transportation – “Thank you for your excellent presentation of “Wit Happens”. You gave me new incentive to incorporate humor in my life; especially in my work place. As I listened to your talk I was “transformed” from being serious and

tense, to relaxation and genuine “belly” laughter. It was a pleasure to have experienced your presentation. I give you a standing ovation!” – Nancy Schell

HBOC Payor Solutions Group – “The first day of long product sessions really needs to have a lift and your session, filled with down-to-earth, good humor, certainly filled the bill.” – Julie Howell

Douglass Community Services, Inc. – “Sometimes we do not make enough time for ourselves and our needs, and your suggestions, and puns, and humorous anecdotes were very informative, useful and often such “eye-openers!” – Arlene M. Nokes

National Federation of State High School Associations – “We truly appreciate the time and expertise provided to the National Federation and the athletic administrators from across the country.” – Frank Kovaleski

Keane – “Thank you I needed that!” – Christine Bowden

American Society of Military Comptrollers – “Thank you for getting our ASMC Training Day started off with a bang. Your high energy presentation was exactly the kind of information we need in these days of downsizing and reorganizations.” – Carolyn Merrick

St. John’s Lutheran – “The saying has long been that you save the best for last, and we did just that. You were our last speaker and made a lasting impression on each of us.” – Barbara Matthews

MFA Oil – “It always makes the meeting planner look good when guests go home smiling, you accomplished that for me.” – Diane L. Searcy

U.S. Department of Labor – “You are a true professional, and it’s always a pleasure to work with you.” – Fred Homan

Cox Health Systems – “...but I laughed so hard and truly enjoyed being entertained. Karyn’s delivery, her material and her entire presentation are exceptional. I would recommend Karyn Buxman for any group, health care related or otherwise.” – Pamela Andrews

Minnesota Health and Housing Alliance – “Our members have high expectations for a closing speaker, and with comments such as “FANTASTIC” and “HAVE HER BACK AGAIN”, it appears that you really hit the mark with our members.” – JoAnn A. Taie

University Hospital and Clinics – “Thanks for making me look so good!” – Deanna

Via Christi Regional Medical Center – “Thank you for inciting such learning and laughter in our audience with your wonderful presentation at the Medical-Surgical Nursing Conference on April 16, 1998. Both from their verbal comments and the

program evaluations, the audience loved and was very complimentary on your presentation. One woman said she laughed out loud Thursday night when she got home and was thinking about some of your comments and her family really wondered about her! Most said you lightened up a very heavy day! Your professional reputation and your interesting title certainly did help to draw a crowd!

Sacred Heart Medical Center – “Both of your presentations were well received by the audience. Karyn, it was a real treat to work with you. I have contracted with speakers for several years and you have been the most accommodating and fun to work with.” – Beecher Hunter

Life Care Centers of America – “What a truly wonderful job you did in presenting the keynote address to our 1999 annual meeting of directors of nursing. The evaluations raved about the power of your address and what I’d did for these nurses personally.” – Janice Matthews

Professional Women’s Network – What a joy you were to have at our Fourth Annual Midwestern Professional Women’s Conference. You were exactly what the committee “ordered”. Every committee member was pleased with your ability to fit your presentation with the theme of our two-day conference in addition to your ability to motivate two hundred businesswomen. You were exciting and enjoyable to watch.” – Misty R. Dees

Illinois Health Care Association – “Thank you so much for doing such a good job that you made me look good. You are great to work with – flexible, prompt and thorough. Plus you’re fun to be around.” – Dana L. Saal, CMP, CAE

DisruptHR San Diego – " Karyn is such a pleasure to work with and delivers quite a punch as a speaker! As a DisruptHR speaker, with an Ignite format to make even the most experienced professional shake, Karyn was persuasive, energetic, and beguiling. The audience response was extremely positive and I would recommend Karyn for any group looking for a dynamite keynoter." – Tiffany David, Organizer, Chief Disrupter

Infinix Global Meetings & Events -- Karyn was an absolute blessing. We had a number of attendees unable to make our event and while I was nearly in tears, Karyn's message brought it all to center. She was as engaged and compelling to our, now very intimate, group as I'm sure she is to large conventions. Our audience of meeting and event planners can be a tough crowd but Karyn kept them laughing, asking questions and even staying well beyond the program's ending to further discuss the program's content. Thank you Karyn for your professionalism, humor and most of all, your kindness.
- Tammy Williams, HMCC

“Thank you for sharing your workshop with us. We at NASA often find that balance can be very difficult to achieve considering the complexities of our jobs. You helped us to learn that it is beneficial and gave us good tips to achieve it.”

–Nichole Richmond, Career Development Forum, NASA

“In more than 20 years of listening to speakers, I have never seen someone more skillfully tune into and engage the audience so completely from start to finish.”

– Dan Maddux, Executive Director, American Payroll Association

“Karyn made me laugh so hard- tears ran down my leg.”

– Participant, Women’s Conference