

# Sample *FAAST* Coaching Discussion Prep Tool

Name: \_\_\_\_\_

Date: \_\_\_\_\_

1. What has prompted this coaching discussion?
2. What evidence/examples will you share?
3. What objectives do you have for this discussion?
4. How will you open the discussion?
5. What questions will you ask?
6. What type of push-back do you anticipate? How will you prepare for it?
7. What take-aways are you aiming for?
8. What follow-up needs to be put in place?