

That Sucks – What Now?

Foreword by

Jack Canfield



Hi! Jack Canfield here. You probably know me as the cofounder of the Chicken Soup for the Soul® book series that has sold more than 500 million copies since its' inception in 1993. What you may not know is that over the years, thousands of people have come through my training programs and been exposed to my work through my bestselling books like *The Success Principles™*, *The Power of Focus*, and *The Aladdin Factor*. I've had a passion for helping people achieve their goals and live their highest vision for many years. And rarely have I seen an individual absorb, formulate and execute the principles and strategies I've taught to the level that Scott Schilling has.

Scott has taken much of the information and many of the techniques he has learned from me and his many other mentors and put them into action in his own life. He fully lives every one of the things he speaks, trains and writes about. He also has a deep desire and commitment to share his experiences with all those who want to learn.

As a longtime member of my Platinum Inner Circle and student community, Scott has always shown his willingness and enthusiasm to learn everything he can and grow as much as he could. He eagerly seeks out information, evaluates it and implements it in his life. He is truly committed to the principle of constant and never-ending personal improvement in his life and his work. And more importantly, he always wants to reach what he has learned to help create a better world for everyone.

Some 16 years ago, while Scott was still in corporate America, I had the pleasure of sharing the same speaking platform with him as he was launching his speaker career. What I witnessed was a level of drive and talent in him that I had seldom seen in others. It became very apparent to me that he had far greater capacity to make a difference than he was able to accomplish in his position in the corporate world. As his new mentor, I made the decision to call Scott on it and challenge him to do more. I suggested that he was not fulfilling everything he was put here on the earth to do, and that to a certain extent, he was just coasting as long as he stayed in his corporate job. He was living a nice life, but he wasn't using all the talents and capabilities that God had granted him. He had so much more to give.

We actually had the "money talk" he refers to in this book. This is where I shared that everyone has the obligation to make as much money as they possibly can, not for the sake of the money, but for the two

things that come with it—the influence that comes along with having money so you can create more positive impact where it’s needed and the good things that you can do with that money for the others you care about. Obviously when you have more money than you need, the excess that can be contributed back to those who don’t have the opportunity or ability to generate it themselves. Used properly, money is a tool that ultimately allows us to serve others. I’m not sure if I have ever seen anyone grab on to a new concept faster.

The second part of the challenge I made was for Scott to determine how he was going to use his talents and capabilities more fully to serve more people. When I asked him what he really wanted to do, his response was, “To share the platform with you in Las Vegas in January to a room of 10,000 attendees!” As I extended my hand, my response was, “I’ll see you there! That will be fun!” In that moment, we both knew it would happen.

The most exciting thing was that we did, in fact, share the platform five months ahead of the original intended date at an event in Toronto, now that’s taking action!

That Sucks – What Now? is a concept that came out of Scott having lived through some unimaginable challenges in life. His willingness to share the stories publicly through this book is admirable, but more importantly, Scott has unearthed some extremely valuable success secrets, techniques, strategies and tips for how to successfully live through the challenges and come out the other side with only a few scratches.

Relying on his faith and using the knowledge and wisdom he has gained over time; he has personally weathered many storms. And now, in this book, he details the real-world solutions to any challenge or difficult time that he shares in his work as a speaker, trainer, and executive coach.

Claiming victory in the good times is easy. Snatching victory from the brink of defeat is much harder but proves that persistence and perseverance will win in the end.

Experience is a great teacher, but typically, it is also a very expensive one. Leveraging Scott’s experiences to address the tough issues in your own life is a much more painless and cost-effective way to learn the appropriate behaviors necessary to live a more fulfilled, faithful, and fruitful life.

There is a saying that “when the student is ready, the teacher appears.” In many areas of life, I was that teacher for Scott. With his experience of implementing what he has learned from me and from others, and the wisdom he has gained by “living it”, Scott can now be your teacher provided you, the student, are ready. I believe that there is no accident that you picked this book up. It means you are ready, and Scott has appeared. Don’t waste this opportunity. Make sure to read the whole book and have the intelligence and the courage to implement the wisdom and strategies he shares in your life.

I promise you’ll be glad you did!

Jack Canfield, America’s #1 Success Coach
Author of *The Success Principles™*, Featured Teacher in *The Secret*
and Co-Founder of the *Chicken Soup for the Soul®* Series