

5 STEPS TO A POWER HANDSHAKE



DRAW

Old west style. Be the first one to offer the hand so that you control the handshake.



SMILE

Nothing says "trust me" like a great smile. Don't fake it. Always be authentic.



TURN

Turn your hand so that the palm is facing up. This technique enhances trust.



MATCH

You are not arm wrestling. Your handshake should match the firmness of the other.



INVADE

Step closer so their hand is nearer to your body. They'll feel more connected to you.

About Leo (Lay-O)

As a certified body language expert and speaker, Leo loves to share his expertise with audiences in a fun, engaging, and entertaining manner for an experience that produces RESULTS.

He regularly makes appearances on radio and TV, in both English and Spanish, offering his expertise in the hidden channel of communication known as body language.

If you want your team to experience first-hand what body language can do to enhance their communication skills, contact Leo today!

Lay-O
LEO CARDENAS

Body Language Speaker

