

Balancing work and personal life is a challenge, and stress management is the key. Stress affects relationships, work, health, and finances. *Are you ready to overcome overwork and overwhelm?*

## Virtual or Hybrid Presentations

WITH

Speaker/Coach/Consultant

# Sharon

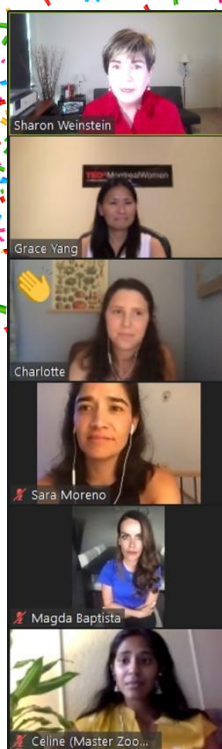
## M. Weinstein

PROVOCATIVE • PASSIONATE • POWERFUL



**Keynote and Motivational Speaker • Emcee/Facilitator**

Stress no more...partner with an Emcee/Facilitator who can fulfill the role, handle disruption, and make the meeting planner shine!



### The Wages of Stress – 4 Strategies for Life Balance

Identify the stressors that are costing you time, money, relationships, and productivity. In this interactive keynote, you will learn how to:

- Manage productivity, people, and resources
- Be all that you can be, and still have time for you
- Take action to transform your life in spite of a pandemic

### Employee Engagement – 3 Steps

Can you deliver a great customer experience without great employee engagement? Of course not! Experience the 3 Step Model, and:

- Understand drivers of engagement
- Learn how culture and talent interact
- Discover the impact of work environment on engagement

### Service Excellence with a WOW

The shift starts at the top and is critical to business success. Take the wheel, steer, and lead by example. The journey begins as we:

- Identify best practices
- Learn how to bring them in and bring them back
- Discuss your service recovery plan

**Clients Include...**



## The Stressbuster...

it is what she does and who she is!



**"Your VIRTUAL sessions were just what our associates needed - practical solutions to balance all aspects of work and life. You added great value to our team."**

Holly Camlin, HR Technology, Cognizant

**"Sharon's VIRTUAL program was literally the best one-hour long session we've ever had as a team. The practical tools she provided to reduce stress were solutions we could apply to our daily routine right now."**

Kimberlee Driggs, President, D2C LLC

**"Sharon's VIRTUAL presentation linking great customer service with great leadership was on the money. She showed us that the qualities that set companies apart for their memorable customer service are the same qualities we need to demonstrate as memorable leaders. Empathy, empowerment, engagement are our super-powers and when combined with our LIFE values, these qualities will allow us to stand out in the marketplace."**

Colleen Miller, Customer Engagement, U.S. Bayer

Polished, prepared, and positive, Sharon's background as a nurse, business owner, and speaker make her uniquely qualified to address diverse audiences. Sharon has presented in the Virtual Space since 2005, and she has mastered the process.

With an unusual blend of substance and style, Sharon addresses the most challenging issues with energy, storytelling, and humor. She starts conversations that count! Imagine **WOWtcomes™** - the ability to change your value statement from ordinary to extraordinary! **WOWtcomes™** is more than a program or service; IT'S AN EXPERIENCE, and you don't want to miss it!

Author of the award-winning book, *B is for Balance - 12 Steps toward a More Balanced Life at Work and at Home, Are You Ready to Recharge Your Battery...Secrets to work/life balance, Go for it...Mastering negotiations*, and 12 other books, Sharon travels the world as an online, hybrid, and on-site speaker, coach, and consultant.



A graduate of Northwestern University's Kellogg Executive Management Program, Sharon is a member of the Purdue Global University School of Nursing Advisory Board; a Fellow of the American Academy of Nursing, and Chief Judge, Sharecare Academy of Judges.

She holds the highest level of certification, the speaking industry's international measure of professional platform skill, the Certified Speaking Professional (CSP®). **Sharon is a Certified Virtual Presenter, and she will make your virtual or hybrid program a huge success!**

## Book Sharon Today and...

Add  
**WOW**  
To Your Event!

1.202.798.0092

[sharon@sharonmweinstein.com](mailto:sharon@sharonmweinstein.com)

[www.sharonmweinstein.com](http://www.sharonmweinstein.com)



[/Sharonmweinsteinspeaks](https://www.facebook.com/Sharonmweinsteinspeaks)

[@SharonMWeinstei](https://twitter.com/SharonMWeinstei)

[Sharon Weinstein](https://www.youtube.com/SharonWeinstein)

[/sharonweinstein](https://www.linkedin.com/company/sharonweinstein)