

WARNING!

This was not written by some veneered, spray-tanned, pseudo-science touting, Tony Robbins wanna-be, who has the “the secret” about life, money and success.

It was written by a Realist!

This book is a **guide** to show you how to **get a grip** on your negative thoughts, fears and **doubts** to use them to your **advantage**.

The **Audacity** of Nope? **Chapter 1**
Playing the **Blame** Game? **Chapter 5**
How to Deal with **Complainers**? **Chapter 4**
Famous **Failures**? **Chapter 3**
Managing Expectations? **Chapter 7**

Turning frowns upside down? **Not in here**
Affirmations and Aura Readings? C'mon..really?
Life isn't always going to go as planned,
so to **manage negativity** you need to
admit that it exists and that it's a **part of life**.

Now you have a **guide** to help!

\$14.95 / Self-Help

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