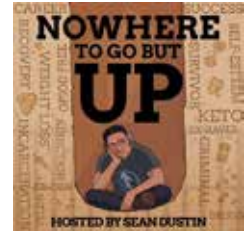




## As Featured On



## About Rabbi Ilan

Rabbi Ilan Glazer is passionate about ending the stigma and impact of addiction in the Jewish world, and helping Jews in recovery, and their loved ones, find recovery and serenity, one day at a time. He is the author of *And God Created Recovery* and founder of Our Jewish Recovery. Rabbi Ilan is a freelance recovery and transformation coach, and teaches widely about happiness, holiness, recovery, grief and mourning, and finding happiness, spirituality, and success in all areas of life.

## About Our Jewish Recovery

Our Jewish Recovery exists to support Jews in recovery from any and all addictions, and their loved ones, and to help us all find experience, strength, and hope. We give voice to the struggles and challenges of addiction, and empower one another to continue the recovery journey, with its struggles and blessings. We give ourselves permission to find freedom from our addictions, strength along the way, and wisdom and support to live happier, healthier, and holier lives, one day at a time.

## Main Media Points

- Addiction is a disease, not a moral failing. The war on drugs and much of our current treatment system have failed to address the real needs of addicts and their loved ones. We can and we must do better.
- Addiction exists in the Jewish community, and has been a part of the Jewish journey for thousands of years. Thankfully, recovery has too.
- There is no inherent conflict between a commitment to Jewish practice and a life of recovery (though some adaptations are helpful in doing so).
- Jewish wisdom and spirituality can support anyone on a recovery path. Our teachings can and should be used in service of healing.
- No matter what harm we've caused or what soul-work we still need to do, everyone is created in God's image, and worthy of all the love and blessings in the world (even if we don't believe in God, aren't religious, haven't succeeded at recovery, or anything else).
- Recovery isn't easy, yet the sacrifices we make in service of a better life are worth it. Life gets better when we work our recovery program.

Rabbi Ilan speaks candidly about his own struggles with addiction. He radiates openness and is a terrific resource for any community.

-Maharat Ruth

Rabbi Ilan is a steady and compassionate and encouraging presence in my recovery process. His companionship is both practical and down-to-earth. I am grateful for his guidance in my life. Recovery is possible!

-Tom B.

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**Our Jewish Recovery**  
Ending the Stigma, Renewing Our Lives, Finding Shalom

