

The New Supervisor's 30-Day Growth Journal is a Journal created by Menifield & Associates, LLC originally created for participants of B.E.S.T. Supervisor Academy & Symposium. Having through the years managed and trained thousands of employees and facilitated training for supervisors, Menifield & Associates, LLC specializes in helping those transitioning as supervisors to find their specialty as they set themselves apart as supervisors. Today's workforces are a melting pot of individuals from various generations (Traditionalists, Baby Boomers, Millennials (Gen Y) and Gen X) and having a thorough understanding of whom you are leading is key to success. Supervising others is not for the weary or thin-skinned and it takes a great deal of fortitude, focus and finesse to navigate this new terrain.

The purpose of this Journal is to help new supervisors navigate through their thoughts, motives, and mindset while also equipping them to find their style as they successfully lead their teams.



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After a successful 28+ year career in the Federal Sector, leading and managing as many as 4,000 employees, Angela is pursuing her passion and purpose in helping others to get "unstuck" and raise their leadership lid. Angela utilizes each of her certifications, education, and vast experience as a consultant, speaker, trainer and success coach to lead executives, business owners, and individuals through a journey of awareness to create and foster high performing teams by providing customized concierge-level experiences. Angela is also the founder and owner of the "B.E.S.T. Supervisor Academy & Symposium" where she provides on-demand training for supervisors and a membership community of growth.



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