

Who did the United States Congress invite to testify about his ideas on preventing and reversing Alzheimer's disease?

Whose program did the Surgeon General of The United States suggest is crucial to maximizing brain-power as we age?

And who was nominated for the prestigious Bravewell Award as a leading voice in the new field of integrative medicine?

If you answered Dharma Singh Khalsa, M.D., you are 100% correct!



Dr. Dharma Singh Khalsa is the world's expert on the integrative medical approach to overcoming Alzheimer's disease.

President and Medical Director of the Alzheimer's Prevention Foundation International, Dr. Dharma as he is often called, was born in Ohio and raised in Florida. A graduate of Creighton University School of Medicine, he received training in anesthesiology at the University of California-San Francisco, where he was chief resident.

On Thanksgiving Day in 1981, Dr. Dharma met his spiritual teacher Yogi Bhajan, and cast aside his hospital gown and sterile gloves to don the distinguished full beard and white turban of an American Sikh. At that time he realized he no longer had to use powerful drugs to put people to sleep, but rather could help them wake up and heal in their body, mind, and spirit. A medical pioneer, Dr. Dharma's work on brain longevity, meditation, and spiritual transformation is now considered state-of-the-art.

In 1990, he became the founding director of the Acupuncture, Stress Medicine and Chronic Pain Program at the University of Arizona's teaching hospital in Phoenix. Dr. Dharma is the author of four best-selling and critically acclaimed books with three others forthcoming. He is a visionary philosopher and physician who can help you lead a healthier, happier, and more successful life.

"Dr. Dharma Singh Khalsa shows us how to heal not only the body but also the mind and soul."

DEEPAK CHOPRA, M.D. CEO CHOPRA CENTER AND BEST-SELLING AUTHOR.

Sharpening the Saw:

How To Maximize Your Mind for Increased Performance, Productivity, and Profits

- Increase mental and physical energy
- Improve attention, concentration and short-term memory
- Increase your ability to remember names, numbers, faces & important information

Your competitive best requires a powerful memory, high concentration ability, and creative thinking. Dr Khalsa reveals his action packed clinically proven program to optimize your brain-power. Learn the latest information on fine-tuning your greatest weapon, your brain, from the expert in the field.

Overcoming Alzheimer's:

The Ultimate Guide To The Prevention and Reversal of Memory Loss

- Diminish the effects of age-associated memory loss
- New discoveries to prevent & treat early Alzheimer's disease
- Understand the rationale behind the use of anti-aging medicines

As we age our risk of developing Alzheimer's disease escalates. In this presentation Dr. Khalsa shares his four pillars of brain longevity, a breakthrough medical program backed by over a decade of research and clinical expertise.

The Enlightened Healer:

Medicine As Spiritual Practice

- Return to the soul of healing
- Experience the state of deep relaxation
- Learn the modern principles of spiritual transformation

Spiritual transformation is crucial for a life of meaning, depth, and optimal well-being. Dr Khalsa shares his visionary work on how you can bring more spirit into your personal and professional life. Find the joy again. Become an ocean of light. (May include live music).

**Dr. Khalsa also offers topics of a personal nature:
Spiritual Healing, Nutritional Healing & Weight Loss**

"I believe that Alzheimer's disease can be delayed and prevented. I believe that age-associated memory impairment can be eradicated. I believe that people in their forties, fifties, sixties-and beyond-can retain not only an almost perfect memory, but can have 'youthful minds', characterized by the dynamic brain power, learning ability, creativity, and emotional zest usually found only in young people. Ten years ago, almost no one in medicine subscribed to these ideas; I certainly didn't. But now I'm positive they're true."

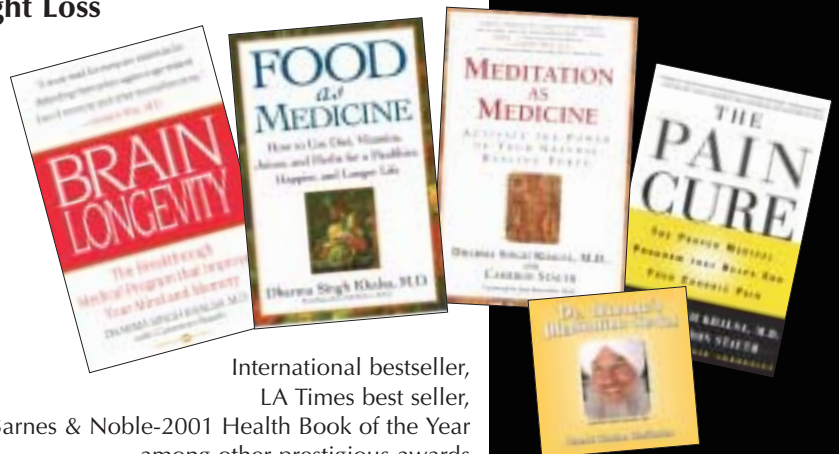
DHARMA SINGH KHALSA, M.D.

"A valuable look at complementary and mainstream approaches... Highly recommended."

LARRY DOSSEY, M.D.

"For everyone interested in defending themselves against age-related loss of memory and other mental functions."

ANDREW WEIL, M.D.



International bestseller,
LA Times best seller,
Barnes & Noble-2001 Health Book of the Year
among other prestigious awards