



Reference for David Jacobson

As complex and challenging as life is today, David Jacobson's experiences and knowledge show you how to use humor to reduce stress and connect to untapped resources of strength. His sessions manifest a lightness of being through playful games and serious skills in self-help and healing. David's compassion and brilliance shines through in his workshops providing the participant with essential tools that acknowledge pain and joy, but most of all a new understanding of yourself and people through humor.

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